November 2026 Dekalb Area Retirement Center/Oakcrest

Health Center Calendar Call for more details (815) 756-8461

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 1:00pm Set up of Online Worship Services 2-4pm Diane Guhl Open House Birthday Celebration 2:30pm Church Service – Sycamore United Methodist Church – CH 6:30pm Movie: "Matilda" – LT 	**2** 9:00am D&D Jewelry - AK 10:00am Front Porch/Visiting – HCE 10:30am Exercise Class – LT 11:00am Caregiver Support Group - RL 2:00pm Word Game – HCE/W 3:00pm Food for Thought – TVDR 4:30pm Trivia – HCAT	**3 ELECTION DAY** 10:00am Nail Care – HCE/W 1:30pm 1:1 Visit/PC Visits 2:30pm Fall color by number-HCE/W 3:30pm Catholic Communion – CH 4:30pm Trivia – HCAT 6:30pm Bingo game – CYDR	**4** 10:00am Hearing Help Plus-AK 10:00am Table Game – HCE/W 1:30pm HC Visit/Front Porch 2:00pm Guess What's in the Bag-CYDR 3:30pm Catholic Rosary - CH 4:30pm Trivia – HCAT 6:30pm Documentary: Decades in Sports (1970's)" - LT	**5** 9:30am "Rudy & Maisy" Cat Visit – HC 9:30am Threshold Choir - HC 10:30am Exercise Class – LT 1:30pm Worship Service Immanuel Lutheran Church w/Rev Marty Marks–CH 3:00pm-Stories with Beth-SE 4:30pm Trivia HCAT 6:30pm Movie: "Matilda" - LT	**6** 10:00am Mind and Body w/NIU Students - LT 10:30am Happy Hearts – SE 1:30pm 1:1/HC/PC - Visiting 2:00pm Whipped Pumpkin Dip - E/W 4:30pm Trivia – HCAT 7:00pm Music Entertainment – Featuring Violinist Kara Eubanks and Nick Hansen on Piano – 2nd Floor Atrium	**7** 10:00am Oak Crest Boys – V 2:00pm Decades in Sports (1970's)" - LT
8 1:00pm Set up of Online Worship Services 3:30pm Church Service w/Pastor Jeremiah of Malta Methodist Church – CH 6:30pm Movie: "Sweet Home Alabama" – LT ** NO Antipasto/Trivia	**9** 10:30am Exercise Class – LT 1:30pm HC/PC Visiting 2:00pm Turkey Leg Sock Toss - CYDR 3:00pm Fall Think Fast -HCE/W 4:30pm Trivia – HCAT	**10** 10:00am Nail Care - HCE/W 1:30pm 1:1 Visits/HC/PC 3:00pm Food for Thought -TVDR 3:30pm Catholic Communion - CH 4:30pm Trivia – HCAT 6:30pm Bingo - CYDR	**11 VETERANS DAY** 10:00am Veterans Day Program – V 1:30 HC/PC Visiting 2:30pm Bingo with Volunteers - CYDR 3:30pm Catholic Rosary - CH 4:30pm Trivia – HCAT 6:30pm Documentary: "After Jackie" - LT	**12** 10:30am Exercise Class – LT 1:30pm Church Service: Lutheran Church Service w/Pastor Ray Krueger- CH 2:30pm Craft - Gratitude Leaves–HCE/W 2:30pm HC/PC - Visiting 3:00pm-Stories with Beth-SE 4:30pm Trivia HCAT 6:30pm Sing Along-HCAT	**13** 10:00am Mind and Body w/NIU Students - LT 10:30am Happy Hearts-SE 1:30pm HC/PC -Visiting 2:30pm "Ladies in Pearls" – CYDR 4:30pm Trivia – HCAT 6:30pm Movie: "Sweet Home Alabama" – LT	**14** 10:00am Craft – Fall Wreath – HCE/W 2:00pm Documentary: "After Jackie" - LT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15	**16**	**17**	**18**	**19**	**20**	**21**
1:00pm Set up of Online Worship Services 2:30pm Church Service: Sycamore United Methodist Church – CH 6:30pm Movie: "The Great Escaper" -LT	10:30am Exercise Class – LT 1:30pm HC/PC Visits 2:00pm Drumming Circle – HCDR 2:00pm Corsage Making - HC 4:30pmTrivia – HCAT	10:00am Nail Care – HCE/W 1:30pm 1:1 Visits – HC 2:00pm Dance Time – CYDR 3:00pm Turkey Hat cup stack HCE/W 4:30pm Trivia – HCAT 7:00pm NIU Heron Quartet-V **NO Catholic Service	10:00am Canine's for Christ – LT 1:30pm HC/PC Visiting 2:00pm DeKalb Library Presentation - LT 3:30pm Catholic Rosary - CH 4:30pm Trivia – HCAT 6:30pm Documentary: "Presidents at War" Part 1 - LT	10:00am NIU Speech and Hearing Clinic – AK 10:30am Exercise Class – LT 1:30pm HC/PC Visiting 3:00pm Sing Along with Ron Lofton – V 4:30pm Trivia – HCAT 7:00pm Birthday Entertainment – NIU Percussion - V	10:00am Mind and Body w/NIU Students - LT 10:45am Happy Hearts Group – SE 11am-2pm Friendsgiving – LT 2:00pm Words Game-Thanksgiving – HCW/E 4:30pm Trivia – HCAT 7:00pm Music Entertainment – "Joe and Charlie" - V	10:00am Oak Crest Boys – V 2:00pm Documentary: "Presidents at War Part 1" - LT
22	**23**	**24**	**25**	**26 THANKSGIVING**	**27**	**28**
1:00pm Set up of Online Worship Services 2-3pm Bob Gommel's Celebration of Life - V 2:30pm Worship Service w/Pastor Kevin Spears Fellowship Baptist Church - CH 6:30pm Movie: "The Intern"- LT	10:30am Exercise Class – LT 1:30pm HC/PC Visits 2:00pm Bagges Game - HCDR 4:30pm Trivia – HCAT	10:00am Nail Care - HCE/W 1:30pm 1:1 Visits – HC 2:00pm Food for Thought -TVDR 3:00pm Hanging Leaves Craft -HCE/W 3:30pm Catholic Mass – CH 4:30pm Trivia - HCAT 6:30pm Bingo – CYDR	10:00am Coffee & Thanksgiving Reminisce – HCDR 10:30am PC Visiting 1:30pm HC/PC Visiting 2:30pm Bingo with Volunteers - CYDR 3:30pm Catholic Rosary - CH 4:30pm Trivia – HCAT 6:30pm Documentary: "Presidents at War Part 2" – LT	10:30am Seated Exercise-LT 11:30am Thanksgiving Parade Streaming – LT 2:30pm Movie: "Plane, Trains and Automobile" - LT 4:30pm Antipasto/Trivia -1stAT 	10:00 Card Games - HCEW 1:30pm 1:1/HC/PC Visiting 2:30pm Health Center Resident Council -CYDR 4:30pm Trivia - HCAT 6:30pm Movie: "The Intern" -LT *** No Mind and Body Exercise Today	10:00am Mini Golf – CYDR 2:00pm Documentary: "Presidents at War Part 2" - LT
29	***30***					
1:00pm Set up of Online Worship Services 1:30pm Strum & Sing Ukulele Group - LT 6:30pm Movie: "Patch Adams"- LT	10:30am Exercise Class – LT 1:30 HC/PC Visits 2:00pm Advent Book Study -LT 2:30pm Craft - Christmas Ornament Making - HCW/E 4:30pm Trivia – HCAT					

CALENDAR KEY

HCFR – Health Center Family Rooms
1st AT – First Floor Atrium (Door 4)
AK – Activity Kitchen
CHA – Chapel Annex
FC – Fitness Center
GP – Gathering Place
GVDR – Garden View Dining Room
PDR – Private Dining Room
SP – Side Pocket
SE – HC Sunrise East
HCFREW - Health Center Family Rm-East/West
CH – Chapel
CY – Courtyard
CYDR – Courtyard Dining Room
GR – Game Room
LT – Little Theater
RR – Rattan Lounge – 3rd Lounge
TVDR – Terrace View Dining Room – (Independent)
V – Vista – 3rd Floor
SW – HC – Sunset West

Note: Activities on this schedule might change based on unforeseen circumstances