## October 2025 DEKALB AREA RETIRMENT CENTER / OAKCREST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
·	·	·	1	2	3	
CALENDAR KEY  1st AT – First Floor Atrium (Door 4)  AK – Activity Kitchen  B - Basement  CH – Chapel  CHA – Chapel Annex  CY – Courtyard  CYDR – Courtyard  CYDR – Courtyard Dining Room (HC)  FC – Fitness Center  GP - Gathering Place  GR – Game Room 3rd Floor  CYDR – Courtyard  CHA – Chapel Annex  CY – Courtyard  CYDR – Courtyard Dining Room (HC)  FC – Fitness Center  GR – Game Room 3rd Floor  CYDR – Courtyard Dining Room (HC)  FC – Fitness Center  GR – Game Room 3rd Floor  CYDR – Courtyard Dining Room (HC)  FC – Fitness Center  GR – Game Room 3rd Floor  *HCAT – Health Center Atrium			9:00am Aquatic Exercise w/ YMCA- Pool 9:30-11:30am Lifelong Learning Community - LT 10:00am Hearing Help Plus – AK 1-3pm Lifelong Learning Community - V 2:00pm Sequence – RR 4-5pm Antipasto – 1stAT 7:00pm Documentary: "A perfect planet the story of Earth's power and fragility – The Volcano" – LT *** No Computer Tablet	9:30am Standing Exercise – LT 10:30am Seated Exercise - LT 4-5pm Antipasto – 1stAT 7:00pm Tripoley – GR *** No Church Service today	9:00am Aquatic Exercise w/ YMCA- Pool 10:00am Mind & Body by NIU Students – LT 1:00pm Knit Wits Group-PVA 1:30pm Cards: Hearts Game- GR 3:30pm Social Hour – V 7:00pm Movie: The Marx Bros. "Animal Crackers" - LT	10:00am Oak Crest Boys - V 1:30pm Bridge Group–GR 2:00pm Documentary: A perfect planet the story of Earth's power and fragility – Volcano"– LT 4-5pm Antipasto – 1stAT
5	6	7	8	9	10	1
eSpm Antipasto – 1stAT e00pm Movie – Hocus Pocus - LT *** No Church Service today	9:00am D&D Jewelers – AK 9:00am Aquatic Exercise w/ YMCA- Pool 9:30am Standing Exercise – LT 10:30am Seated Exercise – LT 11:00am Caregiver Support Group - RL 1:30pm Scrabble Group –RR 1:30pm Church Service – Rev. Marty Marks – Immanuel Lutheran Church – CH 2:00pm Food for Thought – TVDR 3:30-4:30pm Brain Health w/NIU - LT 4-5pm Antipasto – 1stAT 7:00pm Bingo Game - LT	9:30-11:30am Lifelong Learning Community- V 1-3pm Lifelong Learning Community - LT 1:30pm Cards: Hearts Game - GR 3:30pm Catholic Communion - CH 4-5pm Antipasto – 1stAT 7:00pm Monopoly Game- RR	9:30-11:30am Lifelong Learning Community - LT 9:00am Aquatic Exercise w/ YMCA- Pool 1-3pm Lifelong Learning Community - V 1:30pm Computer Tablet Help Group – PDR 2:00pm Sequence – RR 3-4pm Craft Group- B 4-5pm Antipasto – 1stAT 7:00pm Pub Trivia Night–Pub 7:00pm Documentary: "A perfect planet the story of Earth's power and fragility – The Sun" – LT	9:30am Standing Exercise – LT 10:30am Seated Exercise - LT 12:00pm Rotary Meeting – LT 1:30pm Lutheran Church Service w/Pastor Ray Krueger – CH 2:30pm Resident Education Program – Tim Lynch-V 4-5pm Antipasto – 1stAT 7:00pm Tripoley – GR	9:00am Aquatic Exercise w/ YMCA- Pool 10:00am Mind & Body by NIU Students – LT 1:00pm Knit Wits Group-PVA 1 - 3pm Health Fair - V 1:30pm Cards: Hearts Game- GR 4 - 5pm Antipasto – 1stAT 7:00pm Movie –Hocus Pocus- LT	1:30pm Bridge Group - GR 2:00pm Documentary: "A perfect planet the story of Earth's power and fragility – The Sun" – L1 3:00pm Book Club – RL 4-5pm Antipasto – 1stAT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12	13	14	15	16	17	18
4-5pm Antipasto – 1st AT 6:30pm Movie"Monster-in- law" - LT	9:00am Aquatic Exercise w/ YMCA- Pool 9:30am Standing Exercise LT 10:30am Seated Exercise – LT 1:30pm Scrabble Group– RR 3:30-4:30pm Brain Health w/NIU - LT 4-5pm Antipasto – 1stAT 7:00pm Bingo Game – LT	9:30-11:30am Lifelong Learning Community- V 10:00am Blood Pressure Clinic & Pendant Check Today - AK 11:00am PC Council – GP 1-3pm Lifelong Learning Community - LT 1:30pm Card Club: Hearts Game -GR 3:30pm Catholic Communion-CH 4-5pm Antipasto – 1stAT 7:00pm Monopoly Game-RR 7:00pm Documentary: "A perfect planet the story of Earth's power and fragility – The Weather" – LT	9:00am Aquatic Exercise w/ YMCA - Pool 9:30-11:30am Lifelong Learning Community - LT 1-3pm Lifelong Learning Community - V 1:30pm Computer Tablet Help Group - PDR 2:00pm DeKalb Library Presentation - LT 2:00pm Sequence - RR 3-4pm Craft Group- B 4-5pm Antipasto - 1stAT 7:00pm Travelogue: New York w/Maddie Voorhis *** NO Canine's for Christ today	9:30am Standing Exercise-LT 10:00am NIU Speech and Hearing – AK 10:30am Seated Exercise-LT 3:00pm Sing Along with Ron Lofton - LT 4-5pm Antipasto – 1stAT 7:00pm Tripoley – GR	9:00am Aquatic Exercise w/ YMCA- Pool 1:00pm Knit Wits Group-PVA 4-5pm Antipasto – 1stAT 6:30pm Movie: Monster-in- law - LT	10:00am Oak Crest Boys – V 1:30pm Bridge Group-GR 2:00pm Documentary: "A perfect planet the story of Earth's power and fragility – The Weather" – LT 4-5pm Antipasto – 1stAT
19	20	21	22	23	24	25
2-4pm Open House: Birthday Celebration for Bob Gommel - V 4-5pm Antipasto – 1st AT 6:30pm Movie: Under the Tuscan Sun - LT	9:00am Aquatic Exercise w/ YMCA- Pool 9:30am Standing Exercise-LT 10:30am Seated Exercise-LT 1:30pm Scrabble Group – RR 2:00pm Men's Group – GP 3:30-4:30pm Brain Health w/NIU - LT 4-5pm Antipasto – 1stAT 7:00pm Bingo Game – LT	9:30-11:30am Lifelong Learning Community- V 1:30pm Card Club: Hearts Game - GR 1-3pm Lifelong Learning Community - LT 3:00pm Independent Resident Council - V 4-5pm Antipasto – 1stAT 7:00pm Monopoly Game- RR	9:30-11:30am Lifelong Learning Community – LT 9:00am Aquatic Exercise w/ YMCA- Pool 1-3pm Lifelong Learning Community – V 1:30pm Computer Tablet Help Group – PDR 2:00pm Sequence – RR 3-4pm Craft Group (Pumpkin Fest Display)- B 4-5pm Antipasto – 1stAT 7:00pm Documentary: "A perfect planet the story of Earth's power and fragility – The Ocean" – LT 7:00pm Pub Trivia Night– Pub	9:30am Standing Exercise – LT  10:30am Seated Exercise-LT  12:00pm Rotary Meeting– LT  1:30pm Lutheran Church Service w/Pastor Ray Krueger – CH  2:30pm Resident Education Program w/Linda Sherman - V  4-5pm Antipasto – 1stAT  7:00pm Tripoley – GR  7:00pm Birthday Entertainment featuring "Dakiti String Quartet" - V	9:00am Aquatic Exercise w/ YMCA- Pool 10:00am Mind & Body by NIU Students – LT 1:00pm Knit Wits Group-PVA 1:30pm Cards: Hearts Game – GR 2:30pm Sustainability Craft – Ghost door decoration- LT 4-5pm Antipasto – 1stAT 7:00pm Music Entertainment: "Joe and Charlie" -V	1:30pm Bridge Group – GR 2:00pm Documentary: "A perfect planet the story of Earth's power and fragility – The Ocean" – LT 4-5pm Antipasto – 1stAT
26	27	28	29	30	Halloween 31	
2:30pm Worship Service w/ Pastor Kevin Spears from Fellowship Baptist Church – CH 4-5pm Antipasto – 1stAT 6:30pm Movie: A Walk in the Woods - LT	9:00am Aquatic Exercise w/ YMCA- Pool 9:30am Standing Exercise-LT 10:30am Seated Exercise-LT 1:30pm Scrabble Group – RR 3:30-4:30pm Brain Health w/NIU - LT 4-5pm Antipasto – 1stAT 7:00pm Bingo Game – LT	10:00am Blood Pressure Clinic and Pendant Check - AK 1:30pm Card Club: Hearts Game - GR 3:30-5pm Trick or Treat event For Family & Friends – Building wide 3:30pm Catholic Mass – CH NO Antipasto – 1stAT 7:00pm Monopoly Game - RR	9:00am Aquatic Exercise w/ YMCA- Pool 1:30pm Computer Tablet Help Group – PDR 2:00pm Sequence – RR 3-4pm Craft Group- B 4-5pm Antipasto – 1stAT 7:00pm Documentary: "A perfect planet the story of Earth's power and fragility – The Human" – LT	9:30am Standing Exercise–LT 10:30am Seated Exercise-LT 12:00pm Rotary Meeting– LT 1:30pm Lutheran Church Service w/Pastor Ray Krueger – CH 4-5pm Antipasto – 1stAT 7:00pm Tripoley – GR	9:00am Aquatic Exercise w/ YMCA- Pool 10:00am Mind & Body by NIU Students – LT 1:00pm Knit Wits Group-PVA 1:30pm Cards: Hearts Game- GR 2:00pm Halloween Costume Contest - LT 4-5pm Antipasto – 1stAT 6:30pm Movie: A Walk in the Woods - LT	Hallowler