September 2025 DEKALB AREA RETIRMENT CENTER / OAKCREST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
•	Labor Day 1	2	3	4	5	6
	1:30pm Scrabble Group -RR 5-5:30pm Antipasto - 1stAT 7:00pm Bingo Game - LT ***No Exercise or Aquatic ***No D&D Jeweler ***Antipasto @5-pm	1:30pm Craft Group - B 1:30pm Cards: Hearts Game - GR 2:00pm Food for Thought – TVDR 3:30pm Catholic Communion - CH 4-5pmpm Antipasto – 1stAT 7:00pm Monopoly Game- RR	9:00am Aquatic Exercise w/ YMCA- Pool 10:00am Hearing Help Plus- AK 1:30pm Computer Tablet Help Group – PDR 2:00pm Sequence – RR 4-5pm Antipasto – 1stAT 7:00pm Documentary: "Lost Treasures of Egypt- Secrets of Tutankhamun"- LT	9:30am Standing Exercise – LT 10:30am Seated Exercise - LT 1:30pm Church Service – Rev. Marty Marks – Immanuel Lutheran Church - CH 4-5pm Antipasto – 1stAT 7:00pm Tripoley – GR	9:00am Aquatic Exercise w/ YMCA- Pool 10:00am Mind & Body by NIU Students – LT 1:00pm Knit Wits Group-PVA 1:30pm Cards: Hearts Game- GR 3:30pm Social Hour – V 6:30pm Movie: "Beauty and the Beast 2017"- LT	10:00am Oak Crest Boys-V 1:30pm Bridge Group-GR 2:00pm Documentary: "Lost Treasures of Egypt- Secrets of Tutankhamun"- LT 4-5pm Antipasto – 1stAT
Grandparents' Day 7	8	9	10	11	12	13
3:30pm Worship Service (Communion) w/Rev. Molly Morris – Fisherkeller, Westminster Presbyterian - CH 4-5pm Antipasto – 1stAT 7:00pm Movie – "The Ron Clark Story" - LT	9:00am Aquatic Exercise w/ YMCA- Pool 9:00am D&D Jewelers - AK 9:30am Standing Exercise – LT 10:30am Seated Exercise – LT 11:00am Caregiver Support Group - RL 1:30pm Scrabble Group– RR 2:00pm Men's Group – GP 4-5pm Antipasto – 1stAT 7:00pm Bingo Game – LT	10:00am Blood Pressure Clinic & Pendant Check Today - AK 11:00am PC Council - GP 1:30pm Craft Group - B 1:30pm Card Club: Hearts Game -GR 3:30pm Catholic Communion - CH 4-5pm Antipasto – 1stAT 7:00pm Monopoly Game-RR	9:00am Aquatic Exercise w/ YMCA- Pool 11:00am First United Methodist Service - CH 1:30pm Computer Tablet Help Group – PDR 2:00pm Sequence – RR 3-4pm Craft Group- B 4-5pm Antipasto – 1stAT 7:00pm Pub Trivia Night–Pub 7:00pm Documentary: "Lost Treasures of Egypt- Hunt for Queen Nefertiti"- LT	9:30am Standing Exercise - LT 10:30am Seated Exercise - LT 12:00pm Rotary Meeting - LT 1:30pm Lutheran Church Service w/Pastor Ray Krueger - CH 2:30pm Resident Education Program - with Aaron Butler - LT 4-5pm Antipasto - 1stAT 7:00pm Tripoley - GR	9:00am Aquatic Exercise w/ YMCA- Pool 10:00am Mind & Body by NIU Students – LT 1:00pm Knit Wits Group-PVA 1:30pm Cards: Hearts Game- GR 4-5pm Antipasto – 1stAT 7:00pm Movie – "The Ron Clark Story" – LT	1:30pm Bridge Group - GR 2:00pm Documentary: "Lost Treasures of Egypt-Hunt for Queen Nefertiti"- LT 3:00pm Book Club – RL 4-5pm Antipasto – 1stAT
14	15	16	17	18	Wear Purple 19	20
4-5pm Antipasto – 1st AT 7:00pm Movie: "Indiana Jones - Raiders of the Lost Ark" - LT	9:00am Aquatic Exercise w/ YMCA- Pool 9:30am Standing Exercise-LT 10:30am Seated Exercise-LT 1:30pm Scrabble Group – RR 4-5pm Antipasto – 1stAT 7:00pm Bingo Game – LT	9:30-11am Lifelong Learning Community- V 1:30pm Card Club: Hearts Game - GR 1-3pm Lifelong Learning Community - LT 3:00pm Independent Resident Council - V 4-5pm Antipasto – 1stAT 7:00pm Monopoly Game- RR 7:00pm Documentary - "Lost Treasures of Egypt- Mysteries of the Sphinx"- LT	9:30-11am Lifelong Learning Community - LT 9:00am Aquatic Exercise w/ YMCA - Pool 10:00am Canines for Christ-CY 1-3pm Lifelong Learning Community - V 1:30pm Computer Tablet Help Group - PDR 2:00pm DeKalb Library Presentation - LT 2:00pm Sequence - RR 3-4pm Craft Group- B 4-5pm Antipasto - 1stAT 7:00pm Jeopardy Game - LT	9:30am Standing Exercise-LT 10:00am NIU Speech and Hearing – AK 10:30am Seated Exercise-LT 3:00pm Sing Along with Ron Lofton - LT 7:00pm Tripoley – GR 7:00pm Birthday Entertainment "Piano by Alice Tritle" – V ***No Antipasto Today	9:00am Aquatic Exercise w/ YMCA- Pool 1:00pm Knit Wits Group-PVA 2:30pm Resident Education w/Carol Zar – V 4-5pm Antipasto – 1stAT 7:00pm Movie: "Indiana Jones Raiders of the Lost Ark" – LT	10:00am Oak Crest Boys – V 1:30pm Bridge Group-GR 2:00pm Documentary: "Lost Treasures of Egypt - Mysteries of the Sphinx"- LT 4-5pm Antipasto – 1stAT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
World Alzheimer's 21 Day	22	23	24	25	26	27
4-5pm Antipasto – 1st AT 7:00pm Movie: "Matilda" - LT	9:00am Aquatic Exercise w/ YMCA- Pool 9:30am Standing Exercise-LT 10:30am Seated Exercise-LT 1:30pm Scrabble Group – RR 4-5pm Antipasto – 1stAT 7:00pm Bingo Game – LT	9:30-11am Lifelong Learning Community - V 1-3pm Lifelong Learning Community - LT 1:30pm Card Club: Hearts Game - GR 3:30pm Catholic Mass - CH 4-5pm Antipasto - 1stAT 7:00pm Monopoly Game-RR *** NO Blood Pressure Clinic & Pendant Check Today	9:30-11am Lifelong Learning Community – LT 9:00am Aquatic Exercise w/ YMCA- Pool 1-3pm Lifelong Learning Community – V 1:30pm Computer Tablet Help Group – PDR 2:00pm Sequence – RR 3-4pm Craft Group- B 4-5pm Antipasto – 1stAT 7:00pm Documentary: "Lost Treasures of Egypt – Search for Cleopatra"- LT 7:00pm Pub Trivia Night– Pub	9:30am Standing Exercise – LT 10:30am Seated Exercise-LT 12:00pm Rotary Meeting– LT 1:30pm Lutheran Church Service w/Pastor Ray Krueger – CH 4-5pm Antipasto – 1stAT 7:00pm Tripoley – GR 7:00pm Movie: "Singing in the Rain" – Outside the Pub (weather permitting)	YMCA- Pool 10:00am Mind & Body by NIU Students – LT	1:30pm Bridge Group – GR 2:00pm Documentary: "Lost Treasures of Egypt – Search for Cleopatra"- LT 4-5pm Antipasto – 1stAT
28	29	30				
2:30pm Worship Service w/ Pastor Kevin Spears from Fellowship Baptist Church – CH 4-5pm Antipasto – 1stAT 7:00pm Movie: The Marx	9:00am Aquatic Exercise w/ YMCA- Pool 9:30am Standing Exercise-LT 10:30am Seated Exercise-LT 1:30pm Scrabble Group – RR 4-5pm Antipasto – 1stAT	9:30-11am Lifelong Learning Community – V 1-3pm Lifelong Learning Community – LT 1:30pm Card Club: Hearts Game – GR				
Bros. "Spend a Night in Casablanca" - LT	7:00pm Bingo Game – LT	4-5pm Antipasto – 1stAT 7:00pm Monopoly Game-RR		CALENDAR KEY		
		*** No Catholic Service Today		irst Floor Atrium (Door 4) ity Kitchen ent	GVDR – Garden View Dining Room LT – Little Theater PDR – Private Dining Room	
	Gamton Till	Thus, the state of	CY – Court CYDR – Co FC – Fitne: GP - Gathe	apel Annex tyard purtyard Dining Room (HC) ss Center ering Place	PVA- Prairie View Atrium RL – Rattan Lounge 3rd Lounge RR – Resource Room SP – Side Pocket TVDR-Terrace View Dining Room (I V – Vista Room 3rd Floor HCAT – Health Center Atrium	ND)