




February 2025 Dekalb Area Retirement Center/Oakcrest

Health Center Calendar Call for more details (815) 756-8461

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
<div style="border: 1px solid black; border-radius: 15px; padding: 10px; margin: 10px;"> <p style="text-align: center;">CALENDAR KEY</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; vertical-align: top;"> AK – Activity Kitchen CHA – Chapel Annex FC – Fitness Center GP - Gathering Place LT – Little Theater PDR – Private Dining Room SP – Side Pocket 1st AT – First Floor Atrium </td> <td style="width: 50%; vertical-align: top;"> CH – Chapel CY – Courtyard CYDR – Courtyard Dining Room GR – Game Room 3rd Floor GVDR – Garden View Dining Room RL – Rattan Lounge 3rd Lounge V – Vista Room 3rd Floor * FR – Family Room – East/West Health Center HCFR – Health Center Family Rooms </td> </tr> </table> </div>						AK – Activity Kitchen CHA – Chapel Annex FC – Fitness Center GP - Gathering Place LT – Little Theater PDR – Private Dining Room SP – Side Pocket 1st AT – First Floor Atrium	CH – Chapel CY – Courtyard CYDR – Courtyard Dining Room GR – Game Room 3rd Floor GVDR – Garden View Dining Room RL – Rattan Lounge 3rd Lounge V – Vista Room 3rd Floor * FR – Family Room – East/West Health Center HCFR – Health Center Family Rooms			1 10:00am Oak Crest Boys - V 2:00pm Card Game - HCFR 4:15pm Trivia – HCFR
AK – Activity Kitchen CHA – Chapel Annex FC – Fitness Center GP - Gathering Place LT – Little Theater PDR – Private Dining Room SP – Side Pocket 1st AT – First Floor Atrium	CH – Chapel CY – Courtyard CYDR – Courtyard Dining Room GR – Game Room 3rd Floor GVDR – Garden View Dining Room RL – Rattan Lounge 3rd Lounge V – Vista Room 3rd Floor * FR – Family Room – East/West Health Center HCFR – Health Center Family Rooms									
2 Groundhog Day	3	4	5	6	7 National Wear Red Day for Heart Health	8				
1:00-3:00pm Set up of Online Worship Services 3:30pm Worship Service (Communion) with Rev. Molly Morris-FisherKeller, Westminster Presbyterian - CH 4:15pm Trivia – HCE/W 6:30pm Movie: “The Help” - LT 	9:00am D&D Jewelers – AK 9:30am HC Visiting – HCE/W 10:30am Exercise Class – LT 11:00am Trivia-HC FR 2:00pm Food for Thought- “Prebiotics & Probiotics” - TVDR 2:00pm Corsage Making - LT 4:15pm Trivia - HCFR	10:00am Nail Care – HCE/W 1:30pm 1:1 Visits – HC 3:30pm Catholic Communion - CH 4:15pm Trivia – HCFR 7:00pm Jazz in Progress - V	10:00am Hearing Help Plus-AK 10:00am Coffee & Reminisce/Trivia – Pub 11:00am Trivia - HCFR 2:00pm Cups Game-HCFR 4:15pm Trivia - HCFR 6:45pm Documentary: “The Immortal Life of Henrietta Lacks - LT	9:30am Threshold Choir 10:30am Exercise Class - LT 11:00am Trivia - HCFR 1:30pm Worship Service w/ Immanuel Lutheran, Pastor Marty Marks – CH 1:30pm Baking - HCFR ** No Trivia Today** 6:45pm Balloon Volleyball- HCFR	10:00am Mind and Body Exercise with NIU - LT 10:30am Happy Hearts – HC 11:00am Trivia - HCFR 1:30pm 1:1 Visits – HC 2:30pm Sip and Paint – HCFR 4:15pm Trivia – HCFR 5:30pm Reminiscing – HC 6:30pm Movie “The Help”–LT	10:00am DeKalb Church of Christ Youth Group (games & crafts) - LT 2:00pm Documentary: “The Immortal Life of Henrietta Lacks – LT 4:15pm Trivia – HCFR				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9	10	11	12	13	14 VALENTINE'S DAY	15
1:00pm-3:00pm Set up of Online Worship Services 2:00pm Card Game – HCFR 4:15pm Trivia – HCE/W 7:00pm Superbowl Party - LT	9:30am HC Visiting - HC 10:30am Exercise Class – LT 11:00am Trivia-HC FR 2:00pm Movie: The Chosen – “Promises” - LT 4:15pm Trivia – HCFR	10:00am Nail Care - HCE/W 1:30pm 1:1 Visits - HC 3:00pm “Improving Heart Health” Discussion – TVDR 3:30pm Catholic Communion - CH 4:15pm Trivia – HCFR 7:00pm Bingo Game - CYDR	10:00am Table Games - HCFR 11:00am Trivia - HCFR 2:00pm Food for Thought -TVDR 3:00pm Valentine’s Painting – CYDR 4:15pm Trivia - HCFR 7:00pm Classical music with Victor Ryzhov on Violin and Piano – 2 ND AT	9:30am HC Visiting – HCE/W 10:30am Exercise Class- LT 11:00am Trivia - HCFR 1:30pm Lutheran Church Service w/Pastor Ray Krueger - CH 4:15pm Trivia - HCFR 6:45pm Balloon Volleyball- HCAT	10:00am Mind and Body Exercise with NIU – LT 10:30am Happy Hearts – HC 11:00pm Trivia – HCFR 2:00pm Valentine’s Party - LT 2:00pm 1:1 Visits - HC 4:15pm Trivia – HCFR 6:30pm Movie: “Sense and Sensibility” - LT	10:00am Oak Crest Boys - V 2:00pm Card Games - LT 4:15pm Trivia - HCFR
16	17 Presidents’ Day	18	19	20	21	22
1:00pm-3:00pm Set up of Online Worship Services 3:30pm Worship Service w/Malta Methodist, Rev. Jeremiah - CH 4:15pm Trivia – HCFR 6:30pm Movie: “Simon Birch” - LT	9:30am HC Visiting – HCE/W 10:30am Exercise Class-LT 11:00am Trivia - HCFR 2:00pm The Chosen Series – “Confession” - LT 4:15pm Trivia - HCFR	10:00am Nail Care – HCE/W 1:30pm 1:1 Visits – HC 2:30pm Men’s Group– HCDR 4:15pm Trivia – HCFR 7:00pm Bingo Game - CYDR NO Catholic Service	10:00am Canines for Christ – Dog Visit – LT 11:00am Trivia – HCFR 2:00pm DeKalb Library Presentation – LT 3:00pm Art Group with NIU Students - CYDR 4:15pm Trivia – HCFR 7:00pm Documentary “Ella Fitzgerald” - LT	10:00am NIU Speech and Hearing – AK 10:30am Exercise – LT 11:00am Trivia – HCFR 2:00pm Sycamore Library – PDR 3:00pm Sing Along with Ron Lofton – LT 4:15pm Trivia – HCFR 7:00pm Birthday Entertainment – NIU Jazztet - Vista	10:00am Mind and Body Exercise with NIU – LT 11:00pm Trivia – HCFR 2:00pm 1:1 Visits - HC 3:00pm Centenarian Birthday Celebration - V 4:15pm Trivia – HCFR 7:00pm Movie: “Simon Birch” -LT	10:00am Table Games – HCFR 2:00pm Documentary “Ella Fitzgerald” - LT 4:15pm Trivia - HCFR
23	24	25	26	27	28	
1:00pm-3:00pm Set up of Online Worship Services 3:00pm Ring Toss - HC 4:15pm Trivia - HCFR 6:30pm Movie: “Hidden Figures” - LT	9:30am HC Visiting -HCE/W 10:30am Exercise Class - LT 11:00am Trivia - HCFR 2:00pm The Chosen Series – “Moon to Blood” - LT 4:15pm Trivia - HCFR	10:00am Nail Care – HCE/W 1:30pm 1:1 Visits – HC 3:00pm Catholic Mass - CH 4:15pm Trivia – HCFR 7:00pm Bingo Game - CYDR	10:00am Coffee Time - Pub 10:00am Gardening - HCFR 11:00am Trivia - HCFR 2:00pm Resident Council – CYDR 2:30pm NIU Huskie Food Pantry Presentation- LT 4:15pm Trivia - HCFR 6:30pm Movie: “Hidden Figures” - LT	9:30am HC Visiting – HCE/W 10:30am Exercise Class- LT 11:15am Trivia – HCFR 1:30pm Church Service w/Pastor Ray Krueger- CH 2:00pm Ring Toss - HCFR 4:15pm Trivia - HCFR 6:45pm Balloon Volleyball- HCAT	10:00am Mind and Body Exercise with NIU – LT 10:30am Happy Hearts - HCFR 11:00am Trivia- HC/EW 1:30pm 1:1 Visits – HC 1:30pm Cooking Companions: Strawberry/Blueberry Cobler alamode - AK Taste Test to follow 4:15pm Trivia - HCFR 7:00pm Music Entertainment “Joe & Charlie” - V	