January 2025 DEKALB AREA RETIRMENT CENTER / OAKCREST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
CALENDAR KEY AK – Activity Kitchen CH – Chapel CHA – Chapel Annex CY – Courtyard FC – Fitness Center CYDR – Courtyard Dining Room GP - Gathering Place GR – Game Room 3rd Floor LT – Little Theater GVDR – Garden View Dining Room PDR – Private Dining Room RL – Rattan Lounge 3rd Lounge SP – Side Pocket V – Vista Room 3rd Floor 1st AT – First Floor Atrium RR – Resource Room TVDR-Terrace View Dining Room (IND)		9:00am Rosebowl Parade Streaming - LT 11:00am Trivia – First AT 2:00pm Andrew Rieu New Year's in Vienna - LT 4:00pm Trivia – First AT	9:30am Standing Exercise – LT 10:30am Seated Exercise - LT 1:30pm Worship Service Lutheran Church w/Rev Marty Marks–CH 5:00pm Antipasto – 1stAT 7:00pm Tripoley – GR	1:00pm Aquatic Exercise Program by YMCA- Pool 1:00pm Knit Wits Group- PVA 1:30pm Cards: Hearts Game - GR 3:30pm Social Hour – V 5:00pm Antipasto – 1stAT 7:00pm Movie "Shall We Dance"- LT	10:00am Oak Crest Boys- V 1:00pm Bridge Group –GR 5:00pm Antipasto – 1stAT	
5	6	7	8	9	10	11
3:30pm Worship Service (Communion) with Rev. Molly Morris – Fisherkeller Westminster Presbyterian – CH 4:30pm Antipasto – 1stAT 7:00pm Music Performance by the Rodriguez Family – 2 nd FL AT	9:00am D&D Jewelers - AK 9:30am Standing Exercise - LT 10:30am Seated Exercise - LT 11:00am Caregiver Support Group - RL 1:00pm Aquatic Exercise Program by YMCA - Pool 1:30pm Scrabble Group - RR 3:00pm Corsage Making - LT 4:30pm Antipasto - 1stAT 7:00pm Bingo Game - LT	1:30pm Card Club: Hearts Game - GR 3:30pm Catholic Communion - CH 4:30pm Antipasto – 1stAT 7:00pm Monopoly Game - RR	10:00am Wednesday Discussion Grp- PVA 1:00pm Aquatic Exercise Program by YMCA – Pool 1:30pm Computer Tablet Help Group 2:30pm High Tea - LT 4:30pm Antipasto – 1stAT 7:00pm Movie: "Shall we Dance" – LT 7:00pm Pub Trivia Night – Pub	9:30am Standing Exercise – LT 10:30am Seated Exercise - LT 12:00pm Rotary Meeting – LT 1:30pm Lutheran Church Service w/Pastor Ray Krueger – CH 4:30pm Antipasto – 1stAT 7:00pm Tripoley – GR	1:00pm Aquatic Exercise Program by YMCA – Pool 1:00pm Knit Wits Group-PVA 1:30pm Cards: Hearts Game GR 4:30pm Antipasto – 1stAT 7:00pm Documentary: "Frank Lloyd Wright" – Part 1 - LT	1:00pm Bridge Group – GR 2:00 Documentary: Frank Lloyd Wright – Part 2 – LT 3:00pm Book Club – RL 4:30pm Antipasto – 1stAT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12	13	14	15	16	17	18
4:30pm Antipasto – 1st AT 7:00pm Movie: - "March of the Penguins" - LT	9:30am Standing Exercise - LT 10:30am Seated Exercise - LT 1:00pm Aquatic Exercise Program by YMCA - Pool 1:30pm Scrabble Group - RR 2:00pm Men's Group - GP 4:30pm Antipasto - 1stAT 7:00pm Bingo Game - LT	10:00am Blood Pressure Clinic & Pendant Check – AK 11:00 PC Council Meeting- LT 1:30pm Card Club: Hearts Game -GR 3:30pm Catholic Communion - CH 4:30pm Antipasto – 1stAT 7:00pm Monopoly Game-RR	10:00am Wednesday Discussion Grp- PVA 10:00am Canines for Christ-LT 1:00pm Aquatic Exercise Program by YMCA- Pool 1:30pm Computer Tablet Help Group – PDR 2:00pm DeKalb Library Presentation - LT 4:30pm Antipasto – 1stAT 7:00pm Documentary "In Remembrance of Martin" - LT	9:30am Standing Exercise – LT 10:00am NIU Speech & Hearing - AK 10:30am Seated Exercise - LT 3:00pm Sing Along with Ron Lofton - LT 4:30pm Antipasto – 1stAT 7:00pm Tripoley – GR 7:00pm Birthday Entertainment, featuring "Hannah Buckle on the Piano" – V	10:30am Service of Remembrance - V 1:00pm Aquatic Exercise Program by YMCA- Pool 1:00pm Knit Wits Group-PVA 1:30pm Cards: Hearts Game GR 4:30pm Antipasto – 1stAT 7:00pm Movie: March of the Penguins" - LT	10:00am Oak Crest Boys – V 1:00pm Bridge Group - GR 2:00pm Documentary: "In Remembrance of Martin" - LT 4:30pm Antipasto – 1stAT
19	Martin Luther 20 King, Jr. Day	21	22	23	24	25
3:30pm Worship Service w/Malta Methodist, Rev. Jeremiah 4:30pm Antipasto – 1stAT 7:00pm Movie - "A Few Good Men" - LT	9:30am Standing Exercise - LT 10:30am Seated Exercise - LT 11:00am Heart Healthy Program w/Dr. Nguyen - V 1:00pm Aquatic Exercise Program by YMCA - Pool 1:30pm Scrabble Group - RR 4:30pm Antipasto - 1stAT 7:00pm Bingo Game - LT	1:30pm Card Club: Hearts Game - GR 3:00pm Independent Resident Council- V 4:30pm Antipasto – 1stAT 7:00pm Monopoly Game- RR No Catholic Service	10:00am Wednesday Discussion Grp- PVA 1:00pm Aquatic Exercise Program by YMCA- Pool 1:30pm Computer Tablet Help Group - PDR 2:00pm Men's Billiard Game- Side Pocket 4:30pm Antipasto – 1stAT 7:00pm Documentary "Louisa May Alcott" - LT 7:00pm Pub Trivia Night - Pub	9:30am Standing Exercise – LT 10:30am Seated Exercise – LT 1:30pm Lutheran Church Service w/Pastor Ray Krueger – CH 4:30pm Antipasto – 1stAT 7:00pm Tripoley – GR	10:00am Mind and Body with NIU - LT 1:00pm Aquatic Exercise Program by YMCA – Pool 1:00pm Knit Wits Group-PVA 1:30pm Cards: Hearts Game GR 4:30pm Antipasto – 1stAT 7:00pm Music Entertainment "Joe & Charlie" - V	1:00pm Bridge Group – GR 2:00pm Movie – "A Few Good Men" - LT 4:30pm Antipasto – 1stAT
26	27	28	29	30	31	
4:30pm Antipasto – 1stAT 7:00pm Movie: Eight Below" - LT	9:30am Standing Exercise – LT 10:30am Seated Exercise – LT 1:00pm Aquatic Exercise Program by YMCA – Pool 1:30pm Scrabble Group – RR 4:30pm Antipasto – 1stAT 7:00pm Bingo Game - LT	1:30pm Card Club: Hearts Game - GR 3:30pm Catholic Mass - CH 4:30pm Antipasto – 1stAT 7:00pm Monopoly Game-RR	10:00am Wednesday Discussion Grp- PVA 1:00pm Aquatic Exercise Program by YMCA- Pool 1:30pm Computer Tablet Help Group - PDR 2:00pm Men's Billiard Game- Side Pocket 4:30pm Antipasto – 1stAT 7:00pm Documentary "The Story of China" - LT	9:30am Standing Exercise – LT 10:30am Seated Exercise - LT 4:30pm Antipasto – 1stAT 7:00pm Tripoley – GR	1:00pm Aquatic Exercise Program by YMCA – Pool 1:00pm Knit Wits Group-PVA 1:30pm Cards: Hearts Game GR 2:00pm Quarterly Resident Meeting - V 4:30pm Antipasto – 1stAT 7:00pm Movie: "Eight Below" - LT	