



NOVEMBER 2024 Dekalb Area Retirement Center/Oakcrest

Health Center Calendar Call for more details (815) 756-8461

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p style="text-align: center;">CALENDAR KEY</p> <p>AK – Activity Kitchen CHA – Chapel Annex FC – Fitness Center GP - Gathering Place LT – Little Theater PDR – Private Dining Room SP – Side Pocket 1st AT – First Floor Atrium</p> <p>CH – Chapel CY – Courtyard CYDR – Courtyard Dining Room GR – Game Room 3rd Floor GVDR – Garden View Dining Room RL – Rattan Lounge 3rd Lounge V – Vista Room 3rd Floor</p> <p>* FR – Family Room – East/West Health Center HCFR – Health Center Family Rooms</p>			<p>1</p> <p>10:00am Mind and Body with NIU – LT 10:30am Happy Hearts – HC 11:00am Trivia - HCFR 1:30pm Cooking Companions Caramel Apple Cups - AK Followed by taste test - HC 2:00pm 1:1 Visits - HC 4:00pm Trivia - HCFR 5:30pm Reminiscing – HC 7:00pm Good Samaritan Program – V</p>	<p>2</p> <p>10:00am Oak Crest Boys - V 2:00pm Documentary "The Untold Journey of Migratory Shorebirds - LT 4:00pm Trivia – HCFR</p>
<p>3 DAY LIGHT SAVINGS TIME</p> <p>1:00-3:00 Set up of Online Worship Services 3:30pm Worship Service (Communion) with Rev. Molly Morris-FisherKeller, Westminster Presbyterian - CH 4:00pm Trivia – HCFR 7:00pm Movie: "Gifted" - LT</p> 	<p>4</p> <p>10:30am Exercise Class – LT 11:00am Trivia-HC FR 2:00pm Food for Thought – TVDR 4:00pm Trivia- HC FR 5:30pm Reminiscing – HC</p>	<p>5 Election Day</p> <p>10:00am Nail Care – HCE/W 1:30pm 1:1 Visits - HC 2:30pm Corsage Making – LT 4:00pm Trivia - HCFR 7:00pm Bingo game – CYDR</p> <p style="text-align: center;"><i>No Catholic Communion</i></p>	<p>6</p> <p>10:00am Hearing Help Plus-AK 10:00am Hula hoop balloon basketball - HCDR 11:00am Trivia - HCFR 2:00pm Table Games – HCFR 2:00pm NIU Grad Student Presentation, "Enslaved People of Advanced Age"- LT 3:00pm Art Group with NIU – CYDR 4:00pm Trivia - HCFR 5:30pm Reminiscing - HC 7:00pm Documentary: "The Queen's Garden" - LT</p>	<p>7</p> <p>10:00am Threshold Choir - HC 10:30am Exercise Class - LT 11:00am Trivia - HCFR 1:30pm Worship Service w/ Immanuel Lutheran, Pastor Marty Marks – CH 2:00pm Scam Presentation, by Illinois Attorney General Office – LT 2:30pm Pictionary - HCDR 5:30pm Reminiscing - E1 7:00pm Zip, Zap, Zop Keep it up Balloon Game - HCAT</p>	<p>8</p> <p>10:00am Mind and Body with NIU - LT 10:30am Happy Hearts –HC 11:00pm Trivia – HCFR 1:30pm Cooking Companions Cucumber Sandwiches- AK Followed by taste test - HC 2:00pm 1:1 Visits - HC 4:00pm Trivia – HCFR 5:30pm Reminiscing – HC 6:00pm Olive the Dog Visit 7:00pm Movie "Gifted" - LT</p>	<p>9</p> <p>10:00am Sing along – HCDR 2:00pm Documentary: "The Queen's Garden" - LT 4:00pm Trivia – HCFR</p>

10	11 Veterans Day	12	13	14	15	16
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1:00pm-3:00pm Set up of Online Worship Services 2:00pm Movie "We Served Too" - LT 7:00pm NIU Jazz Combo -V</p>	<p>11:00am Veterans Program - V 2:00pm Patriot Window Cling - E/W 4:00pm Trivia – HCFR 5:30pm Reminiscing – HC</p> 	<p>10:00am Nail Care - HCE/W 1:30pm 1:1 Visits - HC 2:00pm Safe Passage Presentation - LT 3:30pm Catholic Communion - CH 4:00pm Trivia - HCFR 7:00pm Bingo game - CYDR</p>	<p>10:00am Short Stories - E/W 11:00am Trivia - HCFR 2:00pm Mirror Game - HCFR 3:00pm Art Group with NIU – CYDR 4:00pm Trivia - HCFR 5:30pm Reminiscing – HC 7:00pm Documentary: "The City of Big Shoulders" - LT</p>	<p>10:30am Exercise Class- LT 11:00am Trivia - HCFR 1:30pm Church Service w/Pastor Ray Krueger – CH 2:30pm High Tea – LT 4:00pm Trivia - HCFR 5:30pm Reminiscing - E1 7:00pm Lawn Dice 50 or Bust - HCAT</p>	<p>10:00am Mind and Body with NIU – LT 10:30am Happy Hearts – HCFR 11:00pm Trivia – HCFR 1:00pm "Friendsgiving" Potluck - LT 2:00pm 1:1 Visits - HC 4:00pm Trivia – HCFR 5:30pm Reminiscing – HC 7:00pm Movie "Movie "We Served Too" - LT</p>	<p>10:00am Oak Crest Boys - V 2:00pm Documentary: "The City of Big Shoulders" – LT 4:00pm Trivia - HCFR</p>
17	18	19	20	21	22	23
<p>1:00pm-3:00pm Set up of Online Worship Services 3:30pm Worship Service w/Malta Methodist, Rev. Jeremiah - CH 4:00pm Trivia – HCFR 7:00pm Western Movie: "True Grit" - LT</p>	<p>10:30am Exercise Class-LT 2:00pm Food for thought – TVDR 2:30pm Gratitude Quilt Craft- HCFR 4:00pm Trivia - HCFR 5:30pm Reminiscing – HC</p>	<p>10:00am Nail Care – HCE/W 1:30pm 1:1 Visits – HC 2:30pm November Birthday Fun - HCFR 3:30pm Catholic Communion – CH 4:00pm Trivia – HCFR 7:00pm Bingo game – CYDR</p>	<p>10:00am Canines for Christ – Dog Visit – LT 11:00am Trivia – FR E/W 2:00pm DeKalb Library Presentation – LT 3:00pm Art Group with NIU – CYDR 4:00pm Trivia – HCFR 5:30pm Reminiscing – HC 7:00pm Documentary: Inside the Garbage of the World - LT</p>	<p>10:00am NIU Speech and Hearing – AK 10:30am Exercise – LT 11:00am Trivia – HCFR 2:00pm Sycamore Library – PDR 3:00pm Sing Along with Ron Lofton – LT 4:00pm Trivia – HCFR 5:30pm Reminiscing – E1 7:00pm Birthday Entertainment, NIU Percussion Ensemble – V</p>	<p>10:00am Mind and Body with NIU - LT 10:30am Happy Hearts - HCFR 11:00am Trivia- HC/EW 1:30pm Cooking Companions Bacon Cheddar Biscuits-AK Followed by taste test- HC 2:00pm 1:1 Visits - HC 5:30pm Reminiscing – HC 7:00pm Music Entertainment "Joe & Charlie" - V</p>	<p>10:00am Table Games – HCFR 2:00pm Western Movie: True Grit" - LT 4:00pm Trivia - HCFR</p>
24	25	26	27	28	29	30
<p>1:00pm-3:00pm Set up of Online Worship Services 3:00pm Balloon Volleyball – HCAT 4:00pm Trivia - HCFR 6:40pm Movie "An Old Fashioned Thanksgiving" - LT</p>	<p>10:30am Exercise Class-LT 2:00pm Red Hat – HCFR 2:00pm Men’s Group - GP 4:00pm Trivia - HCFR 5:30pm Reminiscing – HC</p>	<p>10:00am Nail Care - HCE/W 1:30pm 1:1 Visits - HC 2:30pm Gnome Craft - HCFR 3:30pm Catholic Mass - Ch 4:00pm Trivia - HCFR 7:00pm Bingo game- CYDR</p>	<p>10:00am Wreath Craft- Family Room E/W 11:00am Trivia – FR E/W 2:00pm Resident Council – CYDR 3:00pm Art Group with NIU – CYDR 4:00pm Trivia - HCFR 5:30pm Reminiscing – HC 7:00pm Documentary: "The Pollinators" - LT</p>	<p>10:00 TV Broadcast "Macy’s Thanksgiving Day Parade" and Coffee - LT 2:00 Movie "An Old Fashioned Thanksgiving" - LT</p> 	<p>10:30am Happy Hearts - HCFR 11:00am Trivia- HC/EW 1:30pm Cooking Companions CC Banana Bread- AK Followed by taste test- HC 2:00pm 1:1 Visits - HC 5:30pm Reminiscing – HC 7:00pm Movie "The King and I" part 1 - LT</p>	<p>10:00am Table Games – HCFR 2:00pm Movie "The King and I" part 2 - LT 4:00pm Trivia - HCFR</p>