## November 2024 DEKALB AREA RETIRMENT CENTER / OAKCREST

	nt Calendar Call for m			TO 1	T 1	C 4 7
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	
		CALENDAR KEY  AK – Activity Kitchen  CHA – Chapel Annex  FC – Fitness Center  GP - Gathering Place  LT – Little Theater  PDR – Private Dining Room  SP – Side Pocket  1st AT – First Floor Atrium  TVDR-Terrace View Dining	V – Vista Room 3rd Floor RR – Resource Room	oor iing Room ounge	10:00am Mind and Body with NIU - LT 1:00pm Aquatic Exercise Program by YMCA- Pool 1:00pm Knit Wits Group- PVA 1:30pm Card Club: Hearts Game - GR 7:00pm Good Samaritan Program – V	10:00am Oak Crest Boys- 1:00pm Bridge Group – GR 2:00pm Documentary: "The Untold Story of the Migratory Shorebirds" - LT
Daylight Savings Time 3	4	Election Day 5	6	7	8	
3:30pm Worship Service (Communion) with Rev. Molly Morris – Fisherkeller Westminster Presbyterian - CH 7:00pm Movie: "Gifted" - LT	9:30am Standing Exercise - LT 10:30am Seated Exercise - LT 11:00am Caregiver Support     Group - RL 1:00pm Aquatic Exercise     Program by YMCA -     Pool 1:30pm Scrabble Group - RR 2:00pm Food for Thought -     TVDR 3:00pm Brain Health w/NIU     Students - LT 7:00pm Bingo Game - LT	1:30pm Card Club: Hearts Game - GR 2:30pm Corsage Making - LT 7:00pm Monopoly Game - RR  No Catholic Communion	10:00am Hearing Help Plus – AK 10:00am Wednesday Discussion Grp-PVA 1:00pm Aquatic Exercise Program by YMCA – Pool 1:30pm Computer Tablet Help 2:00pm NIU Grad Student Presentation, "Enslaved People of Advanced Age"- LT 2:00pm Men's Billiard Game- Side Pocket 7:00pm Documentary – "The Queen's Garden" - LT 7:00pm Pub Trivia Night – Pub	9:30am Standing Exercise – LT 10:30am Seated Exercise - LT 1:30pm Worship Service Lutheran Church w/Rev Marty Marks – CH 2:00pm Scam Presentation, by Illinois Attorney General Office – LT 7:00pm Tripoley – RR	10:00am Mind and Body with NIU - LT  1:00pm Aquatic Exercise Program by YMCA – Pool  1:00pm Knit Wits Group-PVA  1:30pm Card Club: Hearts Game GR  2:00pm Alzheimer Association Presentation  "Effective Communication Skills" - LT  3:30pm Social Hour - Vista 7:00pm Movie "Gifted"- LT	1:00pm Bridge Group – GR 1:00- 4:00 – Open House for Dorothy Stoddard's 100 <sup>th</sup> Birthday – V 2:00 Documentary – "The Queen's Garden" - L <sup>-</sup> 3:00pm Book Club - RL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10	VETERANS DAY 11	12	13	14	15	16
2:00pm Documentary "We Served Too" – LT 7:00pm NIU Jazz Combo - V	9:00am D&D Jewelers - AK 9:30am Standing Exercise - LT 11:00am Veterans Program with Sally Stevens - LT 1:00pm Aquatic Exercise Program by YMCA - Pool 1:30pm Scrabble Group - RR 3:00pm Brain Health w/NIU Students - LT 7:00pm Bingo Game - LT	10:00am Blood Pressure Clinic & Pendant Check – AK 11:00 PC Council Meeting- LT 1:30pm Card Club: Hearts Game -Game Room 2:00pm Safe Passage Presentation - LT 3:30pm Catholic Communion - CH 7:00pm Monopoly Game - RR	10:00am Wednesday Discussion Grp- PVA 1:00pm Aquatic Exercise Program by YMCA – Pool 1:30pm Computer Tablet Help Group 2:00pm Men's Billiard Game- Side Pocket 7:00pm Documentary - "The City of the Big Shoulders" - LT	9:30am Standing Exercise – LT 10:30am Seated Exercise - LT 12:00pm Rotary Meeting – LT 1:30pm Lutheran Church Service w/Pastor Ray Krueger – CH 2:30pm High Tea - LT 7:00pm Tripoley – RR	10:00am Mind and Body with NIU – V 10:00am-1:30pm "Friendsgiving" Potluck - LT 1:00pm Aquatic Exercise Program by YMCA- Pool 1:00pm Knit Wits Group-PVA 1:30pm Card Club: Hearts Game GR 7:00pm Documentary "We Served Too" - LT	10:00am Oak Crest Boys – V 1:00pm Bridge Group - GR 2:00pm Documentary – "The City of the Big Shoulders" - LT
17	18	19	20	21	22	23
3:30pm Worship Service w/Malta Methodist, Rev. Jeremiah 7:00pm Western Movie – "True Grit" – LT	9:30am Standing Exercise - LT 10:30am Seated Exercise - LT 1:00pm Aquatic Exercise Program by YMCA - Pool 1:30pm Scrabble Group - RR 2:00pm Food for Thought - TVDR 3:00pm Brain Health w/NIU Students - LT 7:00pm Bingo Game - LT	1:30pm Card Club: Hearts Game - GR 3:00pm Independent Resident Council- V 3:30pm Catholic Communion - CH 7:00pm Monopoly Game- RR	10:00am Wednesday Discussion Grp- PVA 10:00am Canines for Christ-LT 1:00pm Aquatic Exercise Program by YMCA- Pool 1:30pm Computer Tablet Help Group – PDR 2:00pm DeKalb Library Presentation- LT 2:00pm Men's Billiard Game- SP 7:00pm Documentary "Inside the Garbage of the World"- LT 7:00pm Pub Trivia Night - Pub	9:30am Standing Exercise – LT 10:00am NIU Speech & Hearing - AK 10:30am Seated Exercise - LT 3:00pm Sing Along with Ron Lofton - LT 7:00pm Tripoley – RR 7:00pm Birthday Entertainment, NIU Percussion Ensemble – V	10:00am Mind and Body with NIU - LT 1:00pm Aquatic Exercise Program by YMCA – Pool 1:00pm Knit Wits Group-PVA 1:30pm Card Club: Hearts Game GR 7:00pm Music Entertainment "Joe & Charlie" - V	1:00pm Bridge Group – GR 2:00pm Western Movie – "True Grit" -LT
24	25	26	27	28	29	30
6:40pm Movie "An Old Fashioned Thanksgiving" - LT	9:30am Standing Exercise – LT 10:30am Seated Exercise – LT 1:00pm Aquatic Exercise Program by YMCA – Pool 1:30pm Scrabble Group – RR 2:00pm Men's Group - GP 3:00pm Brain Health w/NIU Students - LT 7:00pm Bingo Game - LT	10:00am Blood Pressure Clinic & Pendant Check -AK 1:30pm Card Club: Hearts Game - GR 3:30pm Catholic Mass - CH 7:00pm Monopoly Game - RR	10:00am Wednesday Discussion Grp- PVA 1:00pm Aquatic Exercise Program by YMCA- Pool 1:30pm Computer Tablet Help Group - PDR 2:00pm Men's Billiard Game- Side Pocket 7:00pm Documentary "The Pollinators" - LT	10:00 TV Broadcast "Macy's Thanksgiving Day Parade" - LT 2:00 Movie "An Old Fashioned Thanksgiving" - LT	1:00pm Aquatic Exercise Program by YMCA – Pool 1:00pm Knit Wits Group-PVA 1:30pm Card Club: Hearts Game GR 7:00pm Movie – "The King and I Part 1 - LT	1:00pm Bridge Group – GR 2:00pm Movie – "The King and I Part 2 - LT