2024 DEKALB AREA RETIRMENT CENTER / OAKCREST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	
	9:00 -10:00am D&D Jewelers-AK 9:30am Standing Exercise - LT 10:30am Seated Exercise - LT 11:00am Caregiver Support Group - RL 1:00pm Aquatic Exercise Program by YMCA - Pool 1:30pm Scrabble Group – RR 7:00pm Bingo Game - LT	1:30pm Card Club: Hearts Game - GR 3:30pm Brain Health Group - LT 7:00pm Monopoly Game - RR <i>No Catholic Services</i>	10:00am Hearing Help Plus-AK 10:00am Wednesday Discussion Grp - PVA 1:00pm Aquatic Exercise Program by YMCA – Pool 1:30pm Computer Tablet Help Group - PDR 2:00pm Men's Billiard Game- Side Pocket 2:00pm "Weather, Climate, and Agriculture: Understanding Risk in the Era of Extremes" Logan Bundy- NIU PhD Candidate- LT 7:00pm Documentary "Unity Temple: Frank Lloyd Wright's Modern Masterpiece"-LT 7:00pm Tripoley – RR	9:30am Standing Exercise – LT 10:30am Seated Exercise - LT 1:30pm Worship Service w/Rev. Marty Marks, Immanuel Lutheran – CH 7:00pm Movie "Easter Parade" -LT	10:00am Mind & Body Exercise with NIU – LT 1:00pm Aquatic Exercise Program by YMCA- Pool 1:00pm Knit Wits Group- PVA 1:30pm Card Club: Hearts Game - GR 3:30pm Social Hour - V	10:00am Oak Crest Boys - V 2:00pm Documentary "Unity Temple: Frank Lloyd Wright's Modern Masterpiece"-LT
7	SOLAR ECLIPSE DAY 8	9	10	11	12	
2:00pm Movie "My Big Fat Greek Wedding 2" - LT	9:30am Standing Exercise - LT 10:30am Seated Exercise - LT 11:00am Caregiver Support Group- RL 1:00pm Aquatic Exercise Program by YMCA - Pool 1:00pm NASA official broadcast of the Solar Eclipse- LT 2:30pm Food for Thought- TVDR 1:30pm Scrabble Group – RR 7:00pm Bingo Game - LT	10:00am- 12:00pm Blood Pressure Clinic & Pendant Check- AK 1:30pm Card Club: Hearts Game - GR 3:30pm Catholic Communion - CH 3:30pm Brain Health Group - LT 7:00pm Monopoly Game - RR	10:00am Wednesday Discussion Grp-PVA 11:00am Personal Care Resident Council Mtg - LT 1:00pm Aquatic Exercise Program by YMCA – Pool 1:30pm Computer Tablet Help Group - PDR 2:00pm Men's Billiard Game- Side Pocket 7:00pm Documentary "Back to the Moon"-LT 7:00pm Tripoley – RR 7:00pm Pub Trivia Night- Pub	9:30am Standing Exercise – LT 10:30am Seated Exercise - LT 12:00pm Rotary Meeting - LT 7:00pm Movie " "-LT	10:00am Mind & Body Exercise with NIU- LT 1:00pm Aquatic Exercise Program by YMCA- Pool 1:00pm Knit Wits Group-PVA 1:30pm Card Club: Hearts Game GR 7:00pm Movie "Singing in the Rain"-LT	1:00pm Bridge Group – Game Room 2:00pm Book Club - RL 2:00pm Documentary "Back to the Moon"- LT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14	15	16	17	18	19	20
3:30pm Worship w/ Malta Methodist, Rev. Jeremiah Thompson - CH 7:00pm Movie "Batteries Not Included" - LT	9:30am Standing Exercise - LT 10:30am Seated Exercise - LT 11:00am Caregiver Support Group- RL 11:00am Heart Healthy Program w/ Dr. Nguyen - V 1:00pm Aquatic Exercise Program by YMCA - Pool 1:30pm Scrabble Group - RR 7:00pm Bingo Game - LT	1:30pm Card Club: Hearts Game -Game Room 3:00pm Independent Resident Council- V 3:30pm Brain Health Group - LT 3:30pm Catholic Communion - CH 7:00pm Monopoly Game - Resource Room	10:00am Wednesday Discussion Grp- PVA 10:00am Canines for Christ-LT 1:00pm Aquatic Exercise Program by YMCA – Pool 1:30pm Computer Tablet Help Group – PDR 2:00pm Retired Teachers/ DeKalb Library Presentation - LT 2:00pm Men's Billiard Game- Side Pocket 7:00pm Documentary "Butterflies Blueprint"- LT 7:00pm Tripoley – RR	9:30am Standing Exercise – LT 10:00am NIU Speech & Hearing - AK 10:30am Seated Exercise - LT 3:00pm Sing Along with Ron Lofton- LT 7:00pm Birthday Entertainment – V "John Smith and the Brass Birthday Bash"	10:00am Mind & Body Exercise with NIU- LT 1:00pm Aquatic Exercise Program by YMCA- Pool 1:00pm Knit Wits Group- PVA 1:30pm Card Club: Hearts Game GR *Tentative evening visit from students of the Philippine Youth Leadership Program	10:00am Oak Crest Boys – V 1:00pm Bridge Game - GR 2:00pm Documentary "Butterflies Blueprint"- LT
21	22	23	24	25	26	27
3:00pm Koleynu Choir- LT 7:00pm Movie "Take Me Out to the Ball Game" - LT	9:30am Standing Exercise - LT 10:30am Seated Exercise - LT 11:00am Caregiver Support Group- RL 1:00pm Aquatic Exercise Program by YMCA - Pool 1:30pm Scrabble Group – RR 2:00pm Food For Thought- TV DR 7:00pm Bingo Game - LT	10:00am- 12:00pm Blood Pressure Clinic & Pendant Check-AK 1:30pm Card Club: Hearts Game - GR 3:30pm Brain Health Group - LT 3:30pm Catholic Mass- CH 7:00pm Monopoly Game- RR	10:00am Wednesday Discussion Grp- PVA 1:00pm Aquatic Exercise Program by YMCA- Pool 1:30pm Computer Tablet Help Group - PDR 2:00pm Men's Billiard Game- Side Pocket 7:00pm Documentary "Bat Superpowers" – LT 7:00pm Tripoley - RR 7:00pm Pub Trivia Night- Pub	9:30am Standing Exercise - LT 10:30am Seated Exercise - LT 12:00pm Rotary Meeting- LT 2:00pm Anthropology Student-Bailey Raab- LT	10:00am Mind & Body Exercise with NIU – LT 1:00pm Aquatic Exercise Program by YMCA – Pool 1:00pm Knit Wits Group-PVA 1:30pm Card Club: Hearts Game GR 7:00pm Music Entertainment "Joe & Charlie"- V	1:00pm Bridge Group – GR 2:00pm Documentary "Bat Superpowers" -LT 7:00pm "Under the Stars" Spring Dance -V
28	29	30				
7:00pm Movie "All Good Things"-LT	9:30am Standing Exercise - LT 10:30am Seated Exercise – LT 11:00am Caregiver Support Group - RL 1:00pm Aquatic Exercise Program by YMCA – Pool 1:30pm Scrabble Group – RR 7:00pm Bingo Game – LT	1:30pm Card Club: Hearts Game - GR 3:30pm Brain Health Group - LT 7:00pm Monopoly Game- RR		CALENDAR KEY AK – Activity Ki CHA – Chapel A FC – Fitness Cer GP - Gathering I LT – Little Theat PDR – Private D SP – Side Pocke 1st AT – First Flo TVDR-Terrace V	nnex CY – Courtya nter CYDR – Cour Place GR – Game F ter GVDR – Garc ining Room RL – Rattan L t V – Vista Roo	rd tyard Dining Room Room 3rd Floor Ien View Dining Room Lounge 3rd Lounge Iom 3rd Floor