April 2024 DeKalb Area Retirement Center/Oak Crest

Health Center Activity Calendar Call for more details - (815)756-8461

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
Resident Services staff can supply residents with word searches, crossword puzzles, adult coloring, or other individual activities. Please let us know what you like!	10:30pm Exercise Class - LT 11:00pm Trivia -HCFR 2:00pm Frog Trivia and Facts for National Frog Month – Family Rm E/W 4:00pm Trivia - HCFR 5:30pm Reminiscing - E1	10:00am Manicures – HC West 1:30pm Manicures – HC East 4:00pm Trivia - HCFR 7:00pm Bingo game – CYDR	10:00am Hearing Help Plus - LT 10:00am Finish the Song – Family Rm E/W 11:00am Trivia - HCFR 2:00pm Word Games – Family Rm E/W 4:00pm Trivia -HCFR 5:30pm Reminiscing - E1 7:00pm "Central Sweden"- Family Rm E/W	10:00am Threshold Choir -GP 10:00am Garden Club 10:30am Exercise - LT 11:00am Trivia - HCFR 1:30pm Worship with Rev. Marty Marks, Immanuel Lutheran Church - CH 2:00pm Short Stories and Cocoa (National pick up a book week) - Family Rm E/W 4:00pm Trivia - HCFR 5:30pm Reminiscing - E1 7:00pm "Cleopatra's Lost Tomb"- Family Rm E/W	10:00am Mind and Body Fitness - LT 11:00am Trivia - HCFR 2:30pm Friday Treat -HC 4:00pm Trivia - HCFR 5:30pm Reminiscing –E1 7:00pm "The Gilded Age"- Family Rm-E/W	10:00am Oak Crest Boys - V 2:00pm Remote Control Race Car Driving - HCFR 4:00pm Trivia - HCFR
7	8 SOLAR ECLIPSE DAY	9	10	11	12	13
1:00-3:00 Set up of Online Worship Services 3:00pm Balloon Volley Ball – HCAT 4:00pm Trivia – HCFR 7:00pm Movie "My Big Fat Greek Wedding 2"- LT	10:30am Exercise Class - LT 11:00am Trivia - Family Rm E/W 1:00pm Live Stream from NASA Solar Eclipse- LT 2:30pm Food for Thought- TVDR 4:00pm Trivia - HCFR 5:30pm Reminiscing - E1	10:00am Manicures – HC West 1:30pm Manicures – HC East 3:30pm Catholic Communion–CH 4:30pm Trivia - HCFR 7:00pm Bingo game-CYDR	10:00am Balloon Volley Ball – HC 11:00am Trivia - HCFR 2:00pm Dance Time – CYDR 4:00pm Trivia - HCFR 5:30pm Reminiscing - E1 7:00pm "Morocco"-Family Rm E/W	10:30am Exercise Class- LT 11:00am Trivia - HCFR 2:00pm Craft "April Showers"-HC 4:00pm Trivia - HCFR 5:30pm Reminiscing - E1 7:00pm "The Legend of Henry the 8th"- Family Rm E/W	10:00am Mind & Body Fitness - LT 11:00pm Trivia – Family Rm E/W 2:00pm Erza the Cat visit 2:30pm Table Games - HCFR 4:00pm Trivia - HCFR 5:30pm Reminiscing – E1 7:00pm Movie "Singing in the Rain"-LT	10:00am Music Bingo-HC 2:00pm Scrapbooking & Discussion - HCFR 4:00pm Trivia - HCFR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14	15	16	17	18	19	20
1:00pm-3:00pm Set up of Online Worship Services 3:30pm Worship Service w/Malta Methodist, Rev. Jeremiah Thompson - CH 4:00pm Trivia - HCFR 7:00pm Movie "Batteries Not Included"-LT	10:30am Exercise Class – LT 2:00pm Drumming Circle – HC Dining Room 4:00pm Trivia - HCFR 5:30pm Reminiscing - E1	10:00am Manicures – HC West 1:30pm Manicures – HC East 3:30pm Catholic Communion -CH 4:00pm Trivia - HCFR 7:00pm Bingo game - CYDR	10:00am Canines for Christ – Dog Visit - LT 11:00am Trivia - Unit to Unit 2:00pm DeKalb Library Presentation - LT 4:00pm Trivia - HCFR 5:30pm Reminiscing - E1 7:00pm "Midsummer in Norway"- Family Rm E/W	10:00am NIU Speech and Hearing - AK 10:00am Garden Club 10:30am Exercise Class- LT 11:00am Trivia - HCFR 2:00pm Sycamore Library - PDR 4:00pm Trivia - HCFR 5:30pm Reminiscing – E1 7:00pm Birthday Entertainment – V John Smith and the Brass birthday Bash	10:00am Mind & Body Fitness - LT 11:00pm Trivia – Family Rm E/W 2:30pm Friday Treat Oreo dessert cups -HC 4:00pm Trivia – HCFR 5:30pm Reminiscing – E1 6:40pm "Wonka"- Family Rm E/W • Tentative Visit with Students of the Philippine Youth Leadership Program	10:00am Oak Crest Boys - V 2:00pm Ring Toss - HC 4:00pm Trivia - HCFR
21	22	23	24	25	26	27
1:00pm-3:00pm Set up of Online Worship Services 3:00pm Koleynu Choir- LT 4:00pm Trivia - HCFR 7:00pm Movie "Take Me Out to the Ball Game" -LT	10:30am Exercise Class – LT 11:00am Trivia - Unit to Unit 2:00pm Craft & Music – HCFR 2:00pm Food For Thought- TVDR 4:00pm Trivia - HCFR 5:30pm Reminiscing - E1	10:00am Manicures – HC West 1:30pm Manicures – HC East 3:30pm Catholic Mass - CH 4:00pm Trivia - HCFR 7:00pm Bingo game- CYDR	10:00am Balloon Volley Ball – HC 11:00am Trivia – Family Rm E/W 2:30pm Resident Council – CYDR 4:00pm Trivia - HCFR 5:30pm Reminiscing - E1 7:00pm "World's Great Natural Icons"-Family Rm E/W	10:00am Garden Club - Family Rm E/W 10:30am Exercise - LT 11:00am Trivia - Unit to Unit 2:00pm Anthropology PhD Candidate Presentation- LT 2:30pm Paint and Sip - HC 5:30pm Reminiscing -E1 7:00pm "The Incredible history of England's most celebrated palaces"-FR E/W	10:00am Mind and Body Fitness – LT 11:00am Trivia- Unit to Unit 3:00pm May Basket Craft – HC E/W 4:00pm Trivia - HCFR 5:30pm Reminiscing –E1 7:00pm Music Entertainment "Joe & Charlie"-V	10:00am Reminisce and Coffee – Family Rm E/W 2:00pm Hymn Sing - HC 4:00pm Trivia - HCFR 7:00pm "Under the Stars" Spring Dance- V
28	29	30			CALENDAD KEV	
1:00pm-3:00pm Set up of Online Worship Services 3:00pm Balloon Volleyball- HCAT 4:00pm Trivia - HCFR 7:00pm Movie "All Good Things"-LT	10:30am Exercise Class – LT 11:00am Trivia - Unit to Unit 2:00pm Rhythm Band - HCAT 4:00pm Trivia - HCFR 5:30pm Reminiscing - E1	10:00am Manicures – East Side 1:30pm Manicures – West Side 4:00pm Trivia - HCFR 7:00pm Bingo game- CYDR		AK – Activity Kitchen CHA – Chapel Annex FC – Fitness Center GP - Gathering Place LT – Little Theater PDR – Private Dining R SP – Side Pocket 1st AT – First Floor Atr	V – Vista Room 3rd	rd Floor w Dining Room 3rd Lounge Floor /West Health Center