





March 2024 DeKalb Area Retirement Center/Oak Crest						
Health Center Activity Calendar    Call for more details (815) 756-8461						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
<div> Resident Services staff can supply residents with word searches, crossword puzzles, adult coloring, or other individual activities. Please let us know what you like! </div>					10:00am Mind and Body Fitness - LT 10:30am Prayer Group w/ Cheryl Lehman -CH 11:00am Trivia - HCFR 2:30pm Friday Treat – “Muddy Buddies” 3:00pm Movie/Series “The Chosen” S3,E3-LT 4:00pm Trivia - HCFR 5:30pm Boredom Busters–E1 7:00pm “Brave”- Unit to Unit Family Rm E/W	10:00am Oak Crest Boys - V 2:00pm Poems and Coffee – HC FR 4:00pm Trivia - HCFR
3	4	5	6	7	8	9
1:00-3:00 Set up of Online Worship Services 3:30pm Worship Service (Communion) with Westminster Presbyterian Church - CH 4:00pm Trivia – HCFR 7:00pm Movie “Royal Wedding” LT	10:30pm Exercise Class - LT 11:00pm Trivia -HCFR 1:30pm Lenten Study “The Third Day” w/ Rev. Jonathan Crail, First United Methodist - LT 2:00pm Word Boggle- Family Rm E/W 4:00pm Trivia - HCFR 5:30pm Boredom Busters - E1	10:00am Manicures – West Side 1:30pm Manicures – East Side 4:00pm Trivia - HCFR 7:00pm Bingo game – CYDR	10:00am Hearing Help Plus - LT 10:00am Finish the Song – Family Rm E/W 11:00am Trivia -HCFR 2:00pm Food For Thought-TVDR 2:30pm Word Games – Family Rm E/W 4:00pm Trivia -HCFR 5:30pm Boredom Busters - E1 7:00pm “Europe from Above-Finland”- Family Rm E/W	10:00am Threshold Choir – GP 10:00am Garden Club 10:30am Exercise - LT 11:00am Trivia - HCFR 1:30pm Worship with Rev. Marty Marks, Immanuel Lutheran Church - CH 2:00pm Grow your own basket – Family Rm E/W 4:00pm Trivia - HCFR 5:30pm Boredom Busters– E1 7:00pm “The Greatest Night in Pop a Michael Jackson Documentary” - Family Rm E/W	10:00am Mind & Body Fitness - LT 11:00pm Trivia – Family Rm E/W 2:00pm Pot of Gold Activity & St. Patty’s Trivia – Family Rm E/W 3:00pm Movie/Series “The Chosen” S3, E4 - LT 4:00pm Trivia - HCFR 5:30pm Boredom Busters – E1 7:00pm Movie “Being the Queen”- Family Rm E/W	10:00am Music Bingo–HC 2:00pm Table Games – Family Room E/W 4:00pm Trivia - HCFR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10 <i>Daylight Savings Time</i>	11	12	13	14	15	16
1:00pm-3:00pm Set up of Online Worship Services 3:30pm Worship Service w/Malta Methodist, Rev. Jeremiah Thompson - CH 4:00pm Trivia - HCFR 7:00pm Movie “RBG” (Ruth Bader Ginsburg)- LT	10:30am Exercise Class - LT 11:00am Trivia - Family Rm E/W 1:30pm Lenten Study “The Third Day” w/ Rev. Jonathan Crail, First United Methodist - LT 2:00pm Roll-A-Leprechaun – Family Rm E/W 4:00pm Trivia - HCFR 5:30pm Boredom Busters - E1	10:00am Manicures – East Side 1:30pm Manicures – West Side 3:30pm Catholic Communion–CH 4:30pm Trivia - HCFR 7:00pm Bingo game-CYDR	10:00am Shamrock Ornaments – East Family Room 11:00am Trivia - HCFR 2:00pm Consumer Fraud Presentation - LT 2:00pm Shamrock Ornaments West Family Room 4:00pm Trivia - HCFR 5:30pm Boredom Busters - E1 7:00pm “Europe from Above-Ireland”- Family Rm E/W	10:30am Exercise Class- LT 11:00am Trivia - HCFR 2:00pm Luck O’ the Irish Person to Person Craft Family Rm E/W 4:00pm Trivia - HCFR 5:30pm Boredom Busters-E1 7:00pm Documentary “Hallelujah-A Leonard Cohen Documentary – Family Rm E/W	10:00am Table Games- Family Room E/W 2:30pm Friday Treat – Brownies ala mode – Family Rm E/W 3:00pm Movie: “The Chosen” S3, E5 - LT 4:00pm Trivia – HCFR 5:30pm Boredom Busters – E1 7:00pm Movie “Darby O’Gill and the Little People”- Family Rm E/W	10:00am Oak Crest Boys - V 2:00pm Irish Music Singalong – Family Rm E/W 4:00pm Trivia - HCFR
17	18	19 <i>First Day of Spring</i>	20	21	22	23
1:00pm-3:00pm Set up of Online Worship Services 3:30pm Church Service with Ret. Chaplin Al Tierney - CH 4:00pm Trivia - HCFR 7:00pm Movie “In America”-LT 	10:30am Exercise Class – LT 1:30pm Lenten Study “The Third Day” w/ Rev. Jonathan Crail, First United Methodist - LT 2:00pm Poetry/Limerick Writing – Unit to Unit 4:00pm Trivia - HCFR 5:30pm Boredom Busters - E1	10:00am Manicures – West Side 1:30pm Manicures – East Side 3:30pm Catholic Communion -CH 4:00pm Trivia - HCFR 7:00pm Bingo game - CYDR 	10:00am Canines for Christ – Dog Visit - LT 11:00am Trivia - Unit to Unit 2:00pm DeKalb Library Presentation - LT 4:00pm Trivia - HCFR 5:30pm Boredom Busters - E1 7:00pm “Europe from Above-Scotland”- Family Rm E/W	10:00am NIU Speech and Hearing - AK 10:00am Garden Club 10:30am Exercise Class- LT 11:00am Trivia - HCFR 2:00pm Sycamore Library - PDR 4:00pm Trivia - HCFR 5:30pm Boredom Busters – E1 7:00pm Birthday Entertainment – V	10:00am Mind and Body Fitness – LT 2:00pm Food for Thought- TVDR 3:00pm Movie/Series “The Chosen” S3,E6 – LT 4:00pm Trivia - HCFR 5:30pm Boredom Busters–E1 7:00pm Music Entertainment “Joe and Charlie”-V	10:00am Reminisce and Coffee – Family Rm E/W 2:00pm Movie “My Big Fat Greek Wedding”- LT 4:00pm Trivia - HCFR
24	25	26	27	28	29 <i>Good Friday</i>	30
1:00pm-3:00pm Set up of Online Worship Services 3:00pm Rhythm Band – HCAT 4:00pm Trivia - HCFR 7:00pm Movie ‘The Boys in the Boat’-LT	10:30am Exercise Class – LT 11:00am Trivia - Unit to Unit 1:30pm Lenten Study “The Third Day” w/ Rev. Jonathan Crail, First United Methodist - LT 2:00pm Craft: Peep Houses – Family Rm E/W 4:00pm Trivia - HCFR 5:30pm Boredom Busters - E1	10:00am Manicures – East Side 1:30pm Manicures – West Side 3:30pm Catholic Mass - CH 4:00pm Trivia - HCFR 7:00pm Bingo game- CYDR	10:00am Craft: Peep Houses – Family Rm E/W 11:00am Trivia – Family Rm E/W 2:30pm Resident Council – CYDR 4:00pm Trivia - HCFR 5:30pm Boredom Busters - E1 7:00pm “Europe from Above – Sweden”- Family Rm E/W	10:00am Garden Club - Family Rm E/W 10:30am Exercise - LT 11:00am Trivia - Unit to Unit 2:30pm Chocolate Nests Making- HCFR 5:30pm Boredom Busters-E1 7:00pm Olive the Dog Visit- Family Rm E/W	10:00am Mind and Body Fitness– LT 2:00pm Room Visits-HC 3:00pm Movie/Series “The Chosen” S3,E7– LT 4:00pm Trivia - HCFR 5:30pm Boredom Busters–E1 7:00pm Movie “Expedition Amelia”- Family Rm E/W	11:00am Easter Egg Hunt- Pub Outdoor 2:00pm Eggs Painting – Family Rm E/W 4:00pm Trivia - HCFR 

Sunday						
31	Easter Sunday					
<div>1:00pm-3:00pm Set up of Online Worship Services</div> <div>3:00pm Hymn Sing - Unit to Unit</div> <div>4:00pm Trivia - HCFR</div> <div>7:00pm Movie "Easter Parade"- LT</div> <div></div>						



**CALENDAR KEY**

- AK – Activity Kitchen

CHA – Chapel Annex

FC – Fitness Center

GP - Gathering Place

LT – Little Theater

PDR – Private Dining Room

SP – Side Pocket

1st AT – First Floor Atrium
- CH – Chapel

CY – Courtyard

CYDR – Courtyard Dining Room

GR – Game Room 3rd Floor

GVDR – Garden View Dining Room

RL – Rattan Lounge 3rd Lounge

V – Vista Room 3rd Floor

**\* FR – Family Room – East/West Health Center**

**HCFR – Health Center Family Rooms**