March 2024 DeKalb Area Retirement Center/Oak Crest

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
•		•			1	2
					10:00am Mind & Body Exercise with NIU - LT 10:30am Prayer Group w/ Cheryl L, Volunteer - CH 1:00pm Aquatic Exercise Program by YMCA- Pool 1:00pm Knit Wits Group- PVA 1:30pm Card Club: Hearts Game - GR 3:00pm Movie/Series "The Chosen" S3, Ep 3-LT 3:30pm Social Hour - V	10:00am Oak Crest Boys – V 1:00pm Bridge Game - GR 2:00pm Documentary "Inside the White House"- LT
3	4	5	6	7	8	9
3:30pm Worship Service (Communion) w/ Westminster Presbyterian Church - CH 7:00pm Movie "Royal Wedding" LT	9:00-10:00am D&D Jewelers-AK 9:30am Standing Exercise - LT 10:30am Seated Exercise- LT 1:00pm Aquatic Exercise Program by YMCA - Pool 1:30pm Lenten Study "The Third Day" w/ Rev. Jonathan Crail, First United Methodist - LT 1:30pm Scrabble Group – RR 7:00pm Bingo Game - LT	1:30pm Card Club: Hearts Game - Game Room 3:30pm Brain Health Group - LT 7:00pm Monopoly Game - Resource Room	10:00am Hearing Help Plus-AK 1:00pm Aquatic Exercise Program by YMCA - Pool 1:30pm Computer Tablet Help Group - PDR 2:00pm Men's Billiard Game- Side Pocket 2:00pm Food for Thought- DR 7:00pm Documentary "Marian Anderson: The Whole World in Her Hands"-LT 7:00pm Tripoley – RR	9:30am Standing Exercise – LT 10:30am Seated Exercise - LT 1:30pm Worship Service w/Rev. Marty Marks, Immanuel Lutheran – CH 7:00pm Movie "Royal Wedding"-LT	10:00am Mind & Body Exercise with NIU- LT 1:00pm Aquatic Exercise Program by YMCA-Pool 1:00pm Knit Wits Group- PVA 1:00pm Craft Group- Craft Room 1:30pm Card Club: Hearts Game GR 3:00pm Movie/Series "The Chosen" S3, E4 – LT	1:00pm Bridge Group – Game Room 2:00pm Book Club - RL 2:00pm Documentary "Marian Anderson: The Whole World in her Hands"- LT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Daylight Savings	11	12	13 14		15 16	
3:30pm Worship w/ Malta Methodist, Rev. Jeremiah Thompson - CH 7:00pm Movie "RBG" (Ruth Bader Ginsburg)- LT	9:30am Standing Exercise - LT 10:30am Seated Exercise - LT 1:00pm Aquatic Exercise Program by YMCA - Pool 1:30pm Scrabble Group – RR 1:30pm Lenten Study "The Third Day" /Rev. Jonathan Crail, First United Methodist - LT 7:00pm Bingo Game - LT	10:00am-12:00pm Blood Pressure Clinic & Pendant Check- AK 1:30pm Card Club: Hearts Game -Game Room 3:30pm Catholic Communion - CH 7:00pm Monopoly Game - Resource Room	11:00am Personal Care Resident Council Mtg - LT 1:00pm Aquatic Exercise Program by YMCA – Pool 1:30pm Computer Tablet Help Group - PDR 2:00pm Men's Billiard Game- Side Pocket 2:00pm"Consumer Fraud" Presentation by the Illinois Attorney General Office – LT 7:00pm Documentary "The History of St. Patrick's Day"- LT 7:00pm Tripoley – RR	9:30am Standing Exercise – LT 10:30am Seated Exercise - LT 12:00pm Rotary Meeting- LT 2:00pm Movie 'RBG" (Ruth Bader Ginsburg"-LT	1:00pm Aquatic Exercise Program by YMCA- Pool 1:00pm Knit Wits Group- PVA 1:30pm Card Club: Hearts Game GR 3:00pm Movie: "The Chosen" Season 3, Ep 5 - LT	10:00am Oak Crest Boys – V 1:00pm Bridge Game - GR 2:00pm Documentary "The History of St. Patrick's Day"- LT
St. Patrick's Day 17	18	19	20	21	22	23
3:30pm Worship Service w/ Ret. Chaplin Al Tierney - CH 7:00pm Movie "In America" - LT	9:30am Standing Exercise - LT 10:30am Seated Exercise - LT 11:00am Heart Healthy Program w/ Dr. Nguyen - V 1:00pm Aquatic Exercise Program by YMCA - Pool 1:30pm Scrabble Group – RR 1:30pm Lenten Study "The Third Day" with Rev. Jonathan Crail, First United Methodist - LT 7:00pm Bingo Game - LT	1:30pm Card Club: Hearts Game - Game Room 3:00pm Independent Resident Council - V 3:30pm Brain Health Group - LT 3:30pm Catholic Communion - CH 7:00pm Monopoly Game - RR	10:00am Canines for Christ-LT 1:00pm Aquatic Exercise Program by YMCA- Pool 1:30pm Computer Tablet Help Group - PDR 2:00pm Men's Billiard Game- Side Pocket 2:00pm Retired Teachers/ DeKalb Library Presentation - LT 7:00pm Documentary "Agatha Christie" - LT 7:00pm Tripoley - RR	9:30am Standing Exercise - LT 10:00am NIU Speech & Hearing - AK 10:30am Seated Exercise - LT 3:00pm Sing Along with Ron Lofton - LT 7:00pm Birthday Entertainment - V	10:00am Mind & Body Exercise with NIU - LT 1:00pm Aquatic Exercise Program by YMCA - Pool 1:00pm Knit Wits Group- PVA 1:30pm Card Club: Hearts Game GR 2:00pm "Food for Thought"- TVDR 3:00pm Movie/Series "The Chosen" S3,E6 – LT	1:00pm Bridge Group – GR 2:00pm Movie: "My Big Fat Greek Wedding" – LT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24	25	26	27	28	29	30
6:45pm Movie "The Boys in the Boat" -LT	9:30am Standing Exercise - LT 10:30am Seated Exercise - LT 11:00am Caregiver Support Group-RR 1:00pm Aquatic Exercise Program by YMCA - Pool 1:30pm Scrabble Group - RR 1:30pm Lenten Study "The Third Day" w/ Rev. Jonathan Crail, First United Methodist - LT 7:00pm Bingo Game - LT	10:00am-12:00pm Blood Pressure Clinic & Pendant Check- AK 1:30pm Card Club: Hearts Game - Game Room 3:30pm Brain Health Group - LT 3:30pm Catholic Mass - CH 7:00pm Monopoly Game- Resource Room	1:00pm Aquatic Exercise Program by YMCA – Pool 1:30pm Computer Tablet Help Group - PDR 2:00pm Men's Billiard Game - Side Pocket 7:00pm Documentary "Mystery of Easter Island" - LT 7:00pm Tripoley – RR	9:30am Standing Exercise- LT 10:30am Seated Exercise - LT 12:00pm Rotary Meeting - LT	10:00am Mind & Body Exercise with NIU- LT 1:00pm Aquatic Exercise Program by YMCA- Pool 1:00pm Knit Wits Group- PVA 1:30pm Card Club: Hearts Game - GR 3:00pm Movie/Series "The Chosen" S3,E7- LT	11:00am Easter Egg Hunt - Pub Outdoor 1:00pm Bridge Group - GR 2:00pm Documentary "Mystery of Easter Island" - LT
Easter 31						
7:00pm Movie "Easter Parade"-LT				CALENDAR KEY AK – Activity Kitchen CHA – Chapel Annex	CH – Chapel CY – Courtyard	





FC – Fitness Center CYDR – Courtyard Dining Room GP - Gathering Place GR – Game Room 3rd Floor

LT – Little Theater GVDR – Garden View Dining Room PDR – Private Dining Room RL – Rattan Lounge 3rd Lounge V – Vista Room 3rd Floor SP – Side Pocket

RR – Resource Room 1st AT – First Floor Atrium