

February 2024 DeKalb Area Retirement Center/Oak Crest

Duplex & Apartment Calendar Call for more details (815) 756-8461

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	Groundhog Day 2	3
				9:30am Standing Fit-U Exercise- LT 10:30am Seated Fit-U Exercise- LT 1:30pm Worship Service w/Rev. Marty Marks, Immanuel Lutheran- CH	10:00am Mind & Body Exercise with NIU- LT 10:30am Prayer Group with Cheryl Lehman, Volunteer- CH 1:00pm Aquatic Exercise Program by YMCA- Pool 1:30pm Card Club: Hearts Game GR 3:30pm Social Hour- V	10:00am Oak Crest Boys – V 1:00pm Bridge Game- GR 2:00pm Documentary “Hidden Volcano Abyss”- LT
4	5	6	7	8	9	10
7:00pm Movie “Sweetwater” LT	9:30am Standing Fit-U Exercise-LT 10:30am Seated Fit-U Exercise- LT 1:00pm Aquatic Exercise Program by YMCA- Pool 1:30pm Scrabble Group – Resource Room 7:00pm Bingo Game - LT	1:30pm Card Club: Hearts Game -Game Room 2:00pm Alzheimer’s Association presents “Understanding Alzheimer’s and Dementia”-LT 7:00pm Monopoly Game- Resource Room	10:00am Hearing Help Plus- AK 11:00am Personal Care Resident Council Meeting -LT 1:00pm Aquatic Exercise Program by YMCA- Pool 1:30pm Computer Tablet Help Group- PDR 2:00pm Men’s Billiard Game- Side Pocket 7:00pm Documentary “Harriet Tubman: Visions of Freedom” -LT 7:00pm Tripoley – Resource Room	9:30am Standing Fit-U Exercise -LT 10:30am Seated Fit-U Exercise- LT 12:00pm Rotary Meeting- LT	10:00am Mind & Body Exercise with NIU- LT 1:00pm Aquatic Exercise Program by YMCA- Pool 1:30pm Card Club: Hearts Game GR 3:00pm Movie/Series “The Chosen” Season 3, Episode 1 LT	10:00am Valentine Social w/ DeKalb Church of Christ Youth Group-LT 1:00pm Bridge Group – Game Room 2:00pm Book Club- RL 2:00pm Documentary “Harriet Tubman: Visions of Freedom” -LT
11	12	13	Ash Wednesday/Valentine’s Day 14	15	16	17
3:30pm Worship with Malta Methodist, Rev. Jeremiah Thompson - CH 7:00pm Movie “The Ron Clark Story”- LT	9:30am Standing Fit-U Exercise-LT 10:30am Seated Fit-U Exercise- LT 1:00pm Aquatic Exercise Program by YMCA- Pool 1:30pm Scrabble Group – Resource Room 7:00pm Bingo Game - LT	10:00 am Mardi Gras Celebration-V 1:30pm Card Club: Hearts Game -Game Room 3:30pm Catholic Communion- CH 7:00pm Monopoly Game- Resource Room	11:00am Ash Wednesday Service w/Rev. Crail, First United Methodist Church- CH 1:00pm Aquatic Exercise Program by YMCA- Pool 1:30pm Computer Tablet Help Group- PDR 2:00pm Men’s Billiard Game- Side Pocket 7:00pm Documentary “Marvin Hamlish: What he did for love” - LT 7:00pm Tripoley – Resource Room	9:30am Standing Fit-U Exercise -LT 10:00am NIU Speech & Hearing- AK 10:30am Seated Fit-U Exercise- LT 7:00pm Birthday Entertainment- V	10:00am Mind & Body Exercise with NIU- LT 1:00pm Aquatic Exercise Program by YMCA- Pool 1:30pm Card Club: Hearts Game GR 2:00pm Food for Thought- DR 3:00pm Movie “The Chosen” Season3, Ep 2- LT	10:00am Oak Crest Boys - V 1:00pm Bridge Game- GR 2:00pm Documentary “Marvin Hamlish: What he did for love”-LT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18	19	20	21	22	23	24
7:00pm Movie "An Affair to Remember" - LT	9:30am Standing Fit-U Exercise-LT 10:30am Seated Fit-U Exercise- LT 11:00am Heart Healthy Program w/ Dr. Nguyen- V 1:00pm Aquatic Exercise Program by YMCA- Pool 1:30pm Scrabble Group – Resource Room 1:30pm Lenten Study "The Third Day" w/ Rev. Jonathan Crail, First United Methodist- LT 7:00pm Bingo Game - LT	1:30pm Card Club: Hearts Game -Game Room 3:00pm Independent Resident Council- V 3:30pm Catholic Communion- CH 7:00pm Music Entertainment: Jazz in Progress- V 7:00pm Monopoly Game- Resource Room	10:00am Canines for Christ-LT 1:00pm Aquatic Exercise Program by YMCA- Pool 1:30pm Computer Tablet Help Group- PDR 2:00pm Men's Billiard Game- Side Pocket 2:00pm Retired Teachers/DeKalb Library Presentation- LT 7:00pm Documentary "Maya Angelo, and I still rise" -LT 7:00pm Tripoley – Resource Room	9:30am Standing Fit-U Exercise -LT 10:30am Seated Fit-U Exercise- LT 12:00pm Rotary Meeting- LT 3:00pm Sing Along with Ron Lofthouse- LT	10:00am Mind & Body Exercise with NIU- LT 1:00pm Aquatic Exercise Program by YMCA- Pool 1:30pm Card Club: Hearts Game GR 3:00pm Movie/Series "The Chosen" Season 3, Ep. 3– LT	1:00pm Bridge Group – GR 2:00pm Documentary Maya Angelo, and I still rise" - LT
25	26	27	28	29		
7:00 pm Movie "Moondancer Alexander" -LT	9:30am Standing Fit-U Exercise-LT 10:30am Seated Fit-U Exercise- LT 1:00pm Aquatic Exercise Program by YMCA- Pool 1:30pm Scrabble Group – Resource Room 1:30pm Lenten Study "The Third Day" w/ Rev. Jonathan Crail, First United Methodist- LT 7:00pm Bingo Game - LT	1:30pm Card Club: Hearts Game -Game Room 3:30pm Catholic Mass- CH 7:00pm Monopoly Game- Resource Room	1:00pm Aquatic Exercise Program by YMCA- Pool 1:30pm Computer Tablet Help Group- PDR 2:00pm Men's Billiard Game- Side Pocket 7:00pm Documentary "Inside the White House: Americas Most Famous House" -LT 7:00pm Tripoley – Resource Room	9:30am Standing Fit-U Exercise -LT 10:30am Seated Fit-U Exercise- LT		

<u>Calendar Key</u>	
1stAT - First Floor Atrium	CHA - Chapel Annex
CH - Chapel	LT - Little Theater
CY – Courtyard	PDR - Private Dining Room
CYDR - Courtyard Dining Room	PVA – Prairie View Atrium
FC - Fitness Center	RL - Rattan Lounge
GVDR - Garden View Dining Room	SP - Side Pocket
GP - Gathering Place	V - Vista
GR - Game Room 3 rd Floor	