



February 2024 DeKalb Area Retirement Center/Oak Crest

Health Center Activity Calendar Call for more details (815) 756-8461

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 Groundhog Day	3
				10:00am Threshold Choir- GP 10:00am Garden Club 10:30am Exercise -LT 11:00am Trivia -HCFR 1:30pm Worship with Rev. Marty Marks, Immanuel Lutheran Church- CH 2:00pm Conversations Hearts Game-Unit to Unit 4:00pm Trivia -HCFR 7:00pm Andre Rieu La Vie East Belle Berlin Concert-Unit to Unit	10:00am Mind and Body Fitness-LT 10:30am Prayer Group-CH 11:00am Trivia -HCFR 2:30pm Friday Treat- Bisquick sausage biscuits-Unit to Unit 4:00pm Trivia -HCFR 7:00pm "Saving Giraffes-The Long Journey Home"- Unit to Unit	10:00am Oak Crest Boys -V 2:00-4:00pm Sing Along- Unit to Unit 4:00pm Trivia -HCFR
4	5	6	7	8	9	10
1:00-3:00pm Set up of Online Worship Services 3:00pm- Balloon Volleyball- Unit to Unit 4:00pm Trivia -HCFR 7:00pm Movie "Sweetwater" – LT	10:30am Exercise -LT 11:00am Trivia -HCFR 2:00-4:00pm Whiteboard Games-Unit to Unit 4:00pm Trivia -HCFR	10:00-11:00am-Manicures- West Side 1:30-3:30pm- Manicures- East Side 4:00pm Trivia -HCFR 7:00pm Bingo game-CYDR	10:00am Hearing Help Plus- LT 10:00-11:00am Word Games -Unit-to-Unit 11:00am Trivia -HCFR 2:30pm Valentine's Day Love in a Jar Craft-Unit to Unit 4:00pm Trivia -HCFR 7:00pm "Animals up Close: Patagonia Puma"- Unit to Unit	10:30am Exercise -LT 11:00am Trivia -HCFR 2:00pm Valentine's Person to Person Craft-Unit to Unit 4:00pm Trivia -HCFR 7:00pm Olive the Dog Visit- Unit to Unit	10:00am Mind and Body Fitness-LT 11:00am Trivia-Unit to Unit 2:00pm Mardi Gras Trivia and Facts-Unit to Unit 3:00pm "The Chosen-S3, Episode 1"-LT 4:00pm Trivia -HCFR 6:40pm Movie "Mamma Mia!"-Unit to Unit	10:00am Valentine Social with the DeKalb Church of Christ- LT 2:00-4:00pm-Table Games-Unit to Unit 4:00pm Trivia -HCFR
11	12	13 Mardi Gras	14 Valentine's Day	15	16	17
1:00-3:00pm Set up of Online Worship Services 3:30pm- Worship with Malta Methodist, Rev. Jeremiah Thompson -CH 4:00pm Trivia -HCFR 7:00pm Movie "The Ron Clark Story"-LT	10:30am Exercise - LT 11:00am Trivia-Unit to Unit 2:00-4:00pm Heart and Tassel Garland-Unit to Unit 4:00pm Trivia -HCFR	10:00 am Mardi Gras Celebration-V 1:30-3:30pm Manicures- West Side 3:30pm Catholic Communion -CH 4:30pm Trivia -HCFR 7:00pm Bingo game -CYDR	10:00-11:00am Games- Unit to Unit 11:00am- Ash Wednesday Service w/First United Methodist Church-CH 2:00pm Memory bracelets- Unit to Unit 4:00pm Trivia -HCFR 7:00pm "Animals up Close: Galapagos Marvels"- Unit to Unit	10:00 am Niu Speech and Hearing-Ak 10:00am Garden Club 10:30am Exercise -LT 11:00am Trivia -HCFR 2:00pm Sycamore Library- PDR 4:00pm Trivia -HCFR 7:00pm Birthday Entertainment –V	10:00am Mind and Body Fitness-LT 2:00pm Food for Thought- TDR 2:00pm Friday Treat Crinkle Cookies-Unit to Unit 3:00pm "The Chosen-S3, Episode 2"-LT 4:00pm Trivia -HCFR 6:15pm Movie "Mamma Mia 2-Here We Go Again"- Unit to Unit	10:00am Oak Crest Boys-V 2:00pm Current Events and Coffee- Unit to Unit 4:00pm Trivia -HCFR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18	19 President's Day	20	21	22	23	24
1:00-3:00pm Set up of Online Worship Services 3:00pm- Table Games-Unit to Unit 4:00pm Trivia -HCFR 7:00pm Movie "An Affair to Remember"-LT	10:30am Exercise –LT 1:30pm Lenten Study "The Third Day" w/ Rev. Jonathan Crail, First United Methodist- LT 2:00-4:00pm "Who's that President" Game-Unit to Unit 4:00pm Trivia -HCFR	10:00-11:00-Manicures- West Side 1:30-3:30pm Manicures- East Side 3:30pm Catholic Mass -CH 4:00pm Trivia -HCFR 7:00pm Music Entertainment Jazz in Progress -V	10:00am Canines for Christ-Dog Visit -LT 11:00am Trivia-Unit to Unit 2:00pm DeKalb Library Presentation-LT 4:00pm Trivia- HCFR 7:00pm "Animals up Close: Elephant Quest"- Unit to Unit	10:00 am Garden Club-Unit to Unit 10:30am Exercise-LT 11:00am Trivia- Unit to Unit 2:30pm Words that Start With-Unit to Unit 3:00pm Sing Along with Ron Lofthouse- LT 7:00pm Andre Rieu-100 years of Strauss- Unit to Unit	10:00am Mind and Body Fitness -LT 2:00pm Chair Bingo-Unit to Unit 3:00pm "The Chosen-S3, Episode 3"-LT 4:00pm Trivia -HCFR 6:40pm Movie "The Princess and the Frog"- Unit to Unit	10:00-Reminese and Coffee-Unit to Unit 2:00pm-Spring Craft-Unit to Unit 4:00pm Trivia -HCFR
25	26	27	28	29		
1:00-3:00pm Set up of Online Worship Services 3:00pm Hymn Sing-Unit to Unit 4:00pm Trivia -HCFR 7:00pm Movie "Moondance Alexander"- LT	10:30am Exercise –LT 11:00am Trivia-Unit to Unit 1:30pm Lenten Study "The Third Day" w/ Rev. Jonathan Crail, First United Methodist- LT 2:00-4:00pm National Strawberry Day Whiteboard Games/Trivia- Unit to Unit 4:00pm Trivia -HCFR	10:00-11:00am-Manicures- East Side 1:30-3:30pm Manicures- West Side 4:00pm Trivia -HCFR 7:00pm Bingo game -CYDR	10:00am Games- Unit to Unit 11:00am Trivia-Unit to Unit 2:00pm Resident Council- CYDR 4:00pm Trivia -HCFR 7:00pm "Animals up Close: Devil Ray Islands"- Unit to Unit	10:00-11:00am Garden Club 10:30am Exercise-LT 11:00am Trivia-Unit to Unit 2:30pm Poetry and Hot Cocoa-Unit to Unit 4:00pm Trivia -HCFR 7:00pm Andre Rieu-Love around the world- Unit to Unit		

Calendar Key

AK-Activity Kitchen
CHA-Chapel Annex
FC-Fitness Center
GP-Gathering Place
LT-Little Theater
PDR-Private Dining Room
SP-Side Pocket
1st AT- First Floor Atrium
E1-Family Room East 1

CH-Chapel
CY –Courtyard
CYDR-Courtyard Dining Room
GR-Game Room 3rd Floor
GVDR-Garden View Dining Room
RL -Rattan Lounge
V-Vista

Resident Services staff can supply residents with word searches, crossword puzzles, adult coloring, or other individual activities. Please let us know what you like!