

September 2023 DeKalb Area Retirement Center/Oak Crest

Duplex & Apartment Calendar Call for more details (815) 756-8461

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					10:30am Prayer Group- CH 1:30pm Card Club: Hearts Game GR 2:00pm Aquatic Exercise Program by YMCA- Pool 3:30pm Social Hour- V	10:00am Oak Crest Boys – V 1:00pm Bridge Game- 2:00pm Memorial Service for Ildiko Carrington-CH 2:00pm Documentary “James Beard: America’s First Foodie” -LT
3	LABOR DAY	4	5	6	7	8
3:30pm Worship (Communion) w/ Rev. Molly Morris Westminster Presbyterian Church CH 7:00pm Movie “The Pirates of Penzance” - LT	2:00pm Aquatic Exercise Program by YMCA- Pool (This program will occur on the holiday 😊) 1:30pm Scrabble Group – Resource Room 7:00pm Campfire in the Health Center Courtyard- (weather permitting)	1:30pm Card Club: Hearts Game -Game Room <i>No Catholic Services</i>	10:00am Hearing Help Plus- LT 10:30am Caregivers Group-RL 1:30pm Computer Tablet Help Group- PDR 2:00pm Men’s Billiard Game- Side Pocket 2:00pm Aquatic Exercise Program by YMCA- Pool 7:00pm Monopoly Game- PVA 7:00pm Documentary “Nature’s Miniature Miracles” -LT	9:30am Standing Fit-U Exercise- LT 10:30am Seated Fit-U Exercise- LT 1:30pm Worship Service W/ Rev. Marty Marks, Immanuel Lutheran- CH	1:30pm Card Club: Hearts Game GR 2:00pm Aquatic Exercise Program by YMCA- Pool 2:00pm Movie “The Pirates of Penzance” - LT	9:00am Bridge Group – Game Room 2:00pm Documentary “Nature’s Miniature Miracles” - LT
10	Patriot Day	11	Take Care Tuesday	13	14	15
3:30pm Worship with Malta Methodist, Rev. Jeremiah Thompson - CH 7:00pm Movie “The Little Pink House”- LT	9:30am Standing Fit-U Exercise-LT 10:30am Patriot Day Program- V 1:30pm Scrabble Group – Resource Room 2:00pm Aquatic Exercise Program by YMCA- Pool 7:00pm Bingo Game - LT	11:00am First United Methodist Church Worship Service- CH 1:30pm Card Club: Hearts Game -Game Room 2:00pm “Hydration & Cognition” Jo Cessna, Leishman Center - V 3:30pm Catholic Communion- CH 7:00pm Raingutter Regatta w/Cub Scout Pack 104 - HC Courtyard (weather permitting)	Shopping Bus to Walmart should register/Depart Door 4 10:30am Caregivers Group-RL 11:30am Personal Care Council – LT 1:30pm Computer Tablet Help Group- PDR 2:00pm Men’s Billiard Game- Side Pocket 2:00pm Aquatic Exercise Program by YMCA- Pool 7:00pm Monopoly Game- PVA 7:00pm Documentary “Viva Puerto Rico” – LT	9:30am Standing Fit-U Exercise -LT 10:30am Seated Fit-U Exercise- LT 12:00pm Oak Crest Rotary Club Meeting- Off campus Meeting/ DeKalb County History Center 2:00 pm Touch-A-Tractor Event - Door 18 2:00pm Movie “The Little Pink House”- LT	10:00am Mind & Body Exercise with NIU- LT 1:30pm Card Club: Hearts Game GR 2:00pm Aquatic Exercise Program by YMCA- Pool 7:00pm Joe & Charlie Music Entertainment-V	10:00am Oak Crest Boys - V 1:00pm Bridge Game- LT 2:00pm Documentary “Viva Puerto Rico”-LT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17	18	19	20	21	22	23
3:00pm Hymn Sing Along with Dick Cole and Barb Grulke- 2 nd FI Atrium 7:00pm Movie "Dial M for Murder" - LT	9:30am Standing Fit-U Exercise-LT 10:30am Seated Fit-U Exercise- LT 11:00am Heart Healthy Program w/ Dr. Nguyen- V 1:30pm Scrabble Group – Resource Room 2:00pm Aquatic Exercise Program by YMCA- Pool 7:00pm Bingo Game - LT	1:30pm Card Club: Hearts Game -Game Room 3:00pm Independent Resident Council- V 3:00pm Brain Health Program with NIU- LT 3:30pm Catholic Communion- CH	10:00am Canines For Christ-LT 10:30am Caregivers Group-RL 1:30pm Computer Tablet Help Group- PDR 2:00pm Men's Billiard Game- Side Pocket 2:00pm Aquatic Exercise Program by YMCA- Pool 2:00pm Retired Teachers and the DeKalb Library Presentation- LT 7:00pm Documentary "The Serengeti Rules" -LT 7:00pm Monopoly Game- PVA	9:30am Standing Fit-U Exercise -LT 10:00am NIU Speech & Hearing- AK 10:30am Seated Fit-U Exercise- LT 7:00pm Birthday Entertainment- V	10:00am Mind & Body Exercise with NIU-LT 1:30pm Card Club: Hearts Game GR 2:00pm Aquatic Exercise Program by YMCA- Pool 2:00pm Movie "Dial M for Murder" – LT Goodwill Donation Bins arrive	9:00am Bridge Group – Game Room 2:00pm Documentary "The Serengeti Rules"- LT
24	25	26	27	28	29	30
7:00 pm Movie "The Straight Story" - LT	9:30am Standing Fit-U Exercise-LT 10:30am Seated Fit-U Exercise- LT 1:30pm Scrabble Group – Resource Room 2:00pm Aquatic Exercise Program by YMCA- Pool 7:00pm Bingo Game - LT Goodwill Donation Bins leave	1:30pm Card Club: Hearts Game -Game Room 3:00pm Brain Health Program w/NIU- LT 3:30pm Catholic Mass- CH	Shopping Bus to HyVee should register/Depart Door 4 10:30am Caregivers Group-RL 1:30pm Computer Tablet Help Group- PDR 2:00pm Aquatic Exercise Program by YMCA- Pool 2:00pm Men's Billiard Game- Side Pocket 7:00pm Documentary "Cleopatra's Last Tomb"-LT 7:00pm Monopoly Game- PVA	9:30am Standing Fit-U Exercise -LT 10:30am Seated Fit-U Exercise- LT 12:00pm Oak Crest Rotary Meeting - LT	10:00am Mind & Body Exercise with NIU-LT 1:30pm Card Club: Hearts Game GR 2:00pm Aquatic Exercise Program by YMCA- Pool 2:00pm Movie "The Straight Story" – LT	9:00am Bridge Group – Game Room 2:00pm Documentary "Cleopatra's Last Tomb"- LT

Calendar Key

1stAT - First Floor Atrium	CHA - Chapel Annex
CH - Chapel	LT - Little Theater
CY – Courtyard	PDR - Private Dining Room
CYDR - Courtyard Dining Room	PVA – Prairie View Atrium
FC - Fitness Center	RL - Rattan Lounge
GVDR - Garden View Dining Room	SP - Side Pocket
GP - Gathering Place	V - Vista
GR - Game Room 3 rd Floor	