



May 2023 DeKalb Area Retirement Center/Oak Crest

Health Center Activity Calendar Call for more details (815) 756-8461

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	10:30am Exercise - LT 11:00am Trivia-HC FR 2:00-4:00pm Word Games- Unit to unit 4:30pm Trivia- HC FR 7:00pm Table Games- Unit to Unit	10:00-11:00am Manicures -East Wing 11:00am Trivia-HC FR 3:00-4:00pm Manicures -West Wing 4:30pm Trivia- HC FR 7:00pm Bingo game - CYDR	10:00-11:00am Crossword Puzzle -CYDR 11:00am Trivia-HC FR 2:00-4:00pm - Bowling – Unit to Unit 4:30pm Trivia- HC FR 7:00pm “The Hidden Kingdoms of China”- Unit to Unit	10:00-11:00am Garden Club 10:30am Exercise - LT 11:00am Trivia-HC FR 1:30pm Worship Service w/ Rev. Marty Marks, Immanuel Lutheran -CH 2:00pm Food for Thought- Terrace Dining Room 4:30pm Trivia- HC FR 7:00pm Streamed Concert Unit to Unit	10:00am Games - Unit to Unit 10:30am Prayer Group- CH 11:00am Trivia-HC FR 2:00-3:00pm Friday Treat, Space Cookies 4:30pm Trivia- HC FR 7:00pm Movie “Matila”- Unit to unit	10:00am Oak Crest Boys - V 2:00-4:00pm – Coffee and Reminisce -Unit to Unit 4:30pm Trivia- HC FR
7	8	9	10	11	12	13
1:00-3:00pm Set up of Online Worship Services 3:30pm Worship (Communion) with Westminster Presbyterian - CH 7:00pm Movie “Gigi and Nate” -LT	10:30am Exercise - LT 11:00am Trivia-HC FR 2:00-4:00pm Jeopardy Game-Unit to Unit 4:30pm Trivia- HC FR 7:00pm Table Games-Unit to Unit	10:00-11:00am Manicures -East Wing 11:00am Trivia-HC FR 3:00-4:00pm Manicures -West Wing 3:30pm Catholic Communion -CH 4:30pm Trivia- HC FR 7:00pm Bingo game - CYDR	10:00-11:00am Crossword Puzzle -CYDR 11:00am Trivia-HC FR 2:00-4:00pm- Fish Bowl Questions-Unit to unit 4:30pm Trivia- HC FR 7:00pm “Secrets of the Elephants-Savanna”- Unit to Unit	10:00-11:00am Garden Club 10:30am Exercise - LT 11:00am Trivia-HC Family Rooms 2:00pm Pub Trip-Silver Dollar Pancakes 4:30pm Trivia- HC FR 7:00pm Dance time-CYDR	10:00am Games - Unit to Unit 10:30am Prayer Group -CH 11:00am Trivia-HC FR 2:00-3:00pm Friday Treat, Cheese and Crackers 4:30pm Trivia- HC FR 6:45 pm Movie: “A League of Their Own”-Unit to unit	10:00am Name that tune – Unit to Unit 2:00-4:00pm Trivia and Coffee - Unit to unit 4:30pm Trivia- HC FR
Mother’s Day 14	15	16	17	18	19	20
1:00-3:00pm Set up of Online Worship Services 3:30pm Worship with Malta Methodist, Rev. Jeremiah Thompson - CH 7:00pm Movie “For Me and My Gal” -LT 	10:30am Exercise - LT 11:00am Trivia-HC FR 3:00-4:00pm Step by Step Painting – CYDR 4:30pm Trivia- HC FR 7:00pm Table Games-Unit to Unit	10:00-11:00am Manicures -East Wing 11:00am Trivia-HC FR 3:00-4:00pm Manicures -West Wing 3:30pm Catholic Communion -CH 4:30pm Trivia- HC FR 7:00pm Bingo game - CYDR	10:00am Canines for Christ- Dog Visit-LT 11:00am Trivia-HC FR 2:00pm Dekalb Library Presentation - LT 4:30pm Trivia- HC FR 7:00pm “Secrets of the Elephants-Desert”-Unit to Unit	10:00-11:00am Garden Club 10:30am Exercise - LT 11:00am Trivia-HC FR 2:00pm Sycamore Library “Poetry Reading”- PDR 4:30pm Trivia- HC FR 7:00pm-Birthday Entertainment -V	10:00am Games – Unit to Unit 10:30am Prayer Group -CH 11:00am Trivia-HC FR 2:00-3:00pm Friday Treat, Strawberry Pretzel Salad 4:30pm Trivia- HC FR 7:00pm Music Entertainment “Joe & Charlie” -V	10:00am Oak Crest Boys - V 2:00pm – Coffee and Trivia-Unit to Unit 4:30pm Trivia- HC FR 7:00pm Travel Film - TBA LT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
21	22	23	24	25	26	27		
1:00-3:00pm Set up of Online Worship Services 3:00-4:00pm Word Games - Unit to Unit 7:00pm Movie "To Sir, with Love"-LT	10:30am Exercise – LT 11:00am Trivia-HC FR 2:00-4:00pm Flowers Craft - Unit to Unit 4:30pm Trivia- HC FR 7:00pm Table Games/ Visits -Unit to Unit	10:00-11:00am Manicures-East Wing 11:00am Trivia-HC FR 3:00-4:00pm Manicures-West Wing 3:30pm Catholic Mass -CH 4:30pm Trivia- HC FR 7:00pm Bingo game - CYDR	10:00-11:00am Crossword Puzzles -CYDR 11:00am Trivia-HC FR 2:00pm-4:00pm Erza the Cat Visit– Unit to Unit 2:00pm-4:00pm Word Games—Unit to unit 4:30pm Trivia- HC FR 7:00pm "Secrets of Elephants-Rainforest" – Unit to Unit 7:00pm Olive Dog Visit	10:00-11:00am Garden Club 10:30am Exercise-LT 11:00am Trivia-HC FR 3:00-4:00pm Conversation Game –CY 4:30pm Trivia- HC FR 7:00pm Streamed Concert- CYDR	10:00am Games – Unit to unit 10:30am Prayer Group- CH 11:00am Trivia-HC FR 2:00-3:00pm Red, White, and Blue Fruit Salad 4:30pm Trivia- HC FR 6:45pm Movie: "Where the Crawdads Sing"- Unit to unit	10:00-11:00am Music in the Halls- Unit to Unit 2:00pm Memorial Day Trivia – Unit to Unit 4:30pm Trivia- HC FR 7:00pm Travelogue "Hidden Ireland"- LT		
28	Memorial Day 29	30	31					
1:00-3:00pm Set up of Online Worship Services 3:00-4:00pm – Balloon Volleyball-Unit to unit 7:00pm Movie TBA -LT	11:00am Memorial Day Program-V 3:00-4:00pm- Memorial Day Music -CY 	10:00-11:00am Manicures -East Wing 11:00am Trivia-HC FR 3:00-4:00pm Manicures -West Wing 4:30pm Trivia- HC FR 7:00pm Bingo game - CYDR	10:00-11:00am Crossword Puzzles -CYDR 11:00am Trivia-HC FR 2:00-3:00pm Resident Council -CYDR 4:30pm Trivia- HC FR 7:00pm "Secrets of Elephants-Asia"-Unit to Unit					
		<p>Calendar Key</p> <p>AK-Activity Kitchen CH-Chapel CHA-Chapel Annex CY –Courtyard FC-Fitness Center CYDR-Courtyard Dining Room GP-Gathering Place GR-Game Room 3rd Floor LT-Little Theater GVDR-Garden View Dining Room PDR-Private Dining Room RL -Rattan Lounge SP-Side Pocket V-Vista 1st AT- First Floor Atrium E1-Family Room East 1</p>			<div style="border: 1px solid black; padding: 10px; margin: 10px auto; width: 80%;"> <p><i>Resident Services staff can supply residents with word searches, crossword puzzles, adult coloring, or other individual activities. Please let us know what you like.</i></p> </div>			