

May 2023 DeKalb Area Retirement Center/Oak Crest

Duplex & Apartment Calendar Call for more details (815) 756-8461

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	9:30am Standing Fit-U Exercise-LT 10:30am Seated Fit-U Exercise- LT 2:00pm Scrabble Group – Resource Room 7:00pm Bingo Game - LT	10:30am Bereavement Group with Dan Klein, MSW-RL 1:30pm Card Club: Hearts Game -Game Room 2:00pm Movie “King and I” -LT <i>No Catholic Communion-</i>	10:00am Hearing Help Plus- LT 2:00pm Men’s Billiard Game-Side Pocket 7:00pm Documentary “Baseball: 7th Inning” - LT	9:30am Standing Fit-U Exercise-LT 10:30am Seated Fit-U Exercise- LT 1:30pm Worship Service W/ Rev. Marty Marks, Immanuel Lutheran- CH 2:00pm Food for Thought “Sugar & Carbohydrates” By Reethu, NIU Dietetic Intern- Terrace Dining 7:00pm Documentary “Plants, Pollinators, & Prayers”-LT	1:00pm Knit-Wits Knit/ Crochet Group PVA 1:30pm Card Club: Hearts Game GR 3:30pm Social Hour- V	10:00am Oak Crest Boys - V 1:00pm Bridge Game- 2:00pm Documentary “Baseball: 7 th Inning” -LT
7	8	9	10	11	12	13
3:30pm Worship (Communion) with Westminster Presbyterian Church- CH 7:00pm Movie “Gigi and Nate” - LT	9:30am Standing Fit-U Exercise-LT 10:30am Seated Fit-U Exercise- LT 2:00pm Scrabble Group – Resource Room 7:00pm Bingo Game - LT	10:00-12:00pm Blood Pressure Clinic & Pendant Check- LT 1:30pm Card Club: Hearts Game -Game Room 2:00pm Travelogue “Spain”- LT 3:30pm Catholic Communion- CH	Shopping Bus to Wal-Mart should register/Depart Door 4 11:00am Personal Care Council – LT 2:00pm Men’s Billiard Game-Side Pocket 7:00pm Documentary “Baseball: 8 th Inning” – LT	9:30am Standing Fit-U Exercise -LT 10:30am Seated Fit-U Exercise- LT 12:00pm Oak Crest Rotary Meeting- LT 7:00pm Movie “Spain” -LT	1:00pm Knit-Wits Knit/ Crochet Group PVA 1:30pm Card Club: Hearts Game GR 2:00pm Movie “Gigi and Nate”-LT	9:00am Bridge Group – Game Room 2:00pm Documentary “Baseball: 8 th inning” -LT
Happy Mother’s Day 14	15	16	17	18	19	20
3:30pm Worship with Malta Methodist, Rev. Jeremiah Thompson - CH 7:00pm Movie “For Me and My Gal” – LT	9:30am Standing Fit-U Exercise-LT 10:30am Seated Fit-U Exercise- LT 11:00am Heart Healthy Program w/ Dr. Nguyen- V 2:00pm Scrabble Group – Resource Room 7:00pm Bingo Game - LT	1:30pm Card Club: Hearts Game -Game Room 2:00pm Movie “For Me and My Gal” – LT 3:00pm Independent Resident Council- V 3:30pm Catholic Communion- CH	Shopping Bus to HyVee riders should register/Depart Door 4 10:00am “Canines for Christ” (Pet Therapy Ministry)- LT 2:00pm Men’s Billiard Game-Side Pocket 2:00pm Retired Teacher Hosts by DeKalb Public Library “Poetry” by Tristan Draper -LT 6:00pm Delta Kappa Gamma Meeting- Rattan Lounge 7:00pm Documentary “Baseball: 9 th Inning” by Ken Burns - LT	9:30am Standing Fit-U Exercise -LT 10:00am NIU Speech & Hearing- AK 10:30am Seated Fit-U Exercise- LT 2:00pm Sycamore Library Meet and Greet- LT 7:00pm Birthday Entertainment- V David Graham and Rick Whitmire (guitar and mandolin)	10:30am Prayer Group- CH 1:00pm Knit-Wits Knit/ Crochet Group PVA 1:30pm Card Club: Hearts Game GR 2:00pm Documentary “Baseball:9 th Inning” -LT 7:00pm Music Entertainment “Joe & Charlie” -V	10:00am Oak Crest Boys - V 1:00pm Bridge Game- LT 7:00pm Travel Film - TBA LT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21	22	23	24	25	26	27
7:00 pm Movie "To Sir, With Love" -LT	9:30am Standing Fit-U Exercise-LT 10:30am Seated Fit-U Exercise- LT 2:00pm Scrabble Group – Resource Room 7:00pm Bingo Game - LT	10:00-12:00pm Blood Pressure Clinic & Pendant Check- GP 1:30pm Card Club: Hearts Game -Game Room 2:00pm Travelogue "Hidden Ireland"- LT 3:30pm Catholic Mass – CH	Shopping Bus to HyVee riders should register/Depart Door 4 10:30am "Fall Prevention: Mobility and Agility" by Leena Karkhanis- LT 2:00pm Men's Billiard Game- Side Pocket 7:00pm Documentary "Baseball: 10 th Inning" by Ken Burns -LT	9:30am Standing Fit-U Exercise -LT 10:30am Seated Fit-U Exercise- LT 12:00pm Rotary Meeting - LT 2:00pm New Services from Lehan Drugs by Bryan Holder of Lehans- LT 7:00pm Move "To Sir, With Love"- LT	10:30am Prayer Group- CH 1:00pm Knit-Wits Knit/ Crochet Group- PVA 1:30pm Card Club: Hearts Game GR 2:00pm Documentary "Baseball:10 th Inning" by Ken Burns - LT	9:00am Bridge Group – Game Room 7:00pm Travelogue "Hidden Ireland"- LT
28	Memorial Day 29	30	31			
7:00 pm Movie- TBA -LT	11:00am Memorial Day Program- V	1:30pm Card Club: Hearts Game -Game Room	2:00pm Men's Billiard Game- Side Pocket 7:00pm Documentary "Baseball" by Ken Burns -LT			
		Calendar Key 1stAT - First Floor Atrium AK - Activity Kitchen CHA - Chapel Annex CH - Chapel CY – Courtyard CYDR - Courtyard Dining Room FC - Fitness Center GVDR - Garden View Dining Room GP - Gathering Place GR - Game Room 3 rd Floor HCW – Health Center West HCE – Health Center East HCAAT – Health Center Atrium LT - Little Theater PDR - Private Dining Room PVA – Prairie View Atrium RL - Rattan Lounge SP - Side Pocket V - Vista				