
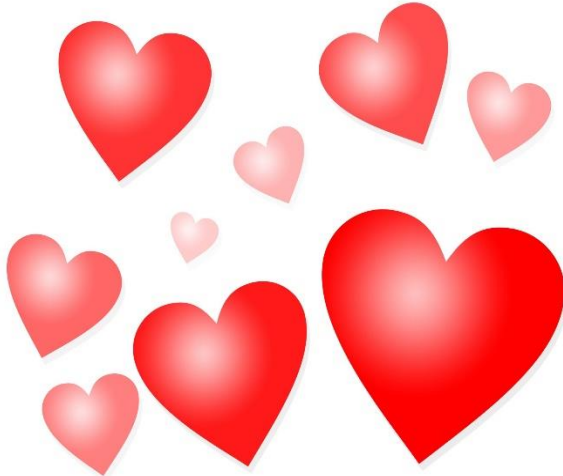


February 2023 DeKalb Area Retirement Center/Oak Crest

Health Center Activity Calendar Call for more details (815) 756-8461

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	Ground Hog's Day 2	3	4
			10:00-11:00am Crossword Puzzle – CYDR 10:00am Hearing Help Plus-LT 2:00pm - Cupid's Arrow Game- Unit to Unit 7:00pm Themed Night, Wild Central America (Costa Rica)-Unit to unit	10:30am Exercise - LT 10:00-11:00am Garden Club 1:30pm Worship Service w/ Rev. Marty Marks, Immanuel Lutheran -CH 3:00-4:00pm- Ground Hog Reminisce and Trivia – Unit to unit 7:00pm Streamed Concert- Unit to unit	10:00am Games – Unit to Unit 2:00-3:00pm Friday Treat, Seasoned Ranch Cheese Crackers 7:00pm Movie-Unit to unit	10:00am Oak Crest Boys - V 2:00-4:00pm – Table Games-Unit to Unit
5	6	7	8	9	10	11
1:00-3:00pm Set up of Online Worship Services 3:30pm Worship with Westminster Presbyterian - CH 7:00pm Movie	10:30am Exercise - LT 3:00-4:00pm Step-by-Step Painting-Unit to Unit 7:00pm-Table Games-Unit to Unit	10:00-11:00am Manicures -East Wing 3:00-4:00pm Manicures -West Wing 3:30pm Catholic Communion -CH 7:00pm Bingo game - CYDR	10:00-11:00am Crossword Puzzle -CYDR 2:00pm Worship Service w/First Lutheran, Rev. Janet Hunt-CH 7:00pm Themed Night, Wild Central America (Wild Guatemala)-Unit to unit	10:30am Exercise - LT 10:00-11:00am Garden Club 2:00pm-Food for Thought- "Reducing Sodium" 3:00-4:00pm – Pizza Pub Visit 7:00pm–Streamed Concert Unit to Unit	10:00am Games – Unit to Unit 10:30am Prayer Group -CH 2:00-3:00pm Friday Treat, Cool Whip Candy 7:00pm Movie-Unit to unit	10:00-11:00am: Coffee and Music- Unit to Unit 2:00-4:00pm: Valentine's Day Card Making- Unit to unit
12	13	Valentine's Day 14	15	16	17	18
1:00-3:00pm Set up of Online Worship Services 3:30pm Worship with Malta Methodist, Rev. Jeremiah Thompson - CH 7:00pm Movie	10:30am Exercise - LT 3:00-4:00pm – Conversation Hearts Game – Unit to Unit 7:00pm-Table Games-Unit to Unit	10:00-11:00am Manicures w/ Cupid Floats -East Wing 3:00-4:00pm Manicures w/ Cupid Floats -West Wing 3:30pm Catholic Communion -CH 7:00pm Bingo game - CYDR	10:00-11:00am Crossword Puzzle – CYDR 2:00-4:00pm Shrinky Dink Activity-Unit to unit 2:00pm Retired Teacher Presentation by DeKalb Public Library- LT 7:00pm Themed Night, Wild Yellowstone (The Frozen Frontier)-Unit to unit 7:00pm Pet Visit-Unit to unit	10:00-11:00am Garden Club 10:00am- NIU Speech and Hearing Clinic- AK 10:30am Exercise - LT 3:00-4:00pm Mardi Gras Toss- Unit to unit 7:00pm Birthday Entertainment—V	10:00am Games – Unit to Unit 10:30am Prayer Group -CH 2:00-3:00pm Friday Treat, King Cakes	10:00am Oak Crest Boys - V 2:00pm – Coffee and Education on Black History Month-Unit to Unit

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19	President's Day 20	Fat Tuesday 21	Lent 22	23	24	25
<p>1:00-3:00pm Set up of Online Worship Services</p> <p>3:00-4:00pm Collaborative Color-Unit to unit</p> <p>7:00pm Movie</p>	<p>10:30am Exercise – LT</p> <p>3:00-4:00pm President's Day Matching Game - Unit to unit</p> <p>7:00pm-Table Games-Unit to Unit</p>	<p>10:00-11:00am Manicures</p> <p>3:00-4:00pm Packzi Party</p> <p>3:30pm Catholic Communion -CH</p> <p>7:00pm Bingo game - CYDR</p>	<p>11:00am Ash Wednesday Service with Jonathan Crail from First United Methodist</p> <p>1:00pm Ashes from St. Mary's Catholic Church-CH</p> <p>2:00-3:00pm Resident Council -CYDR</p> <p>7:00pm Themed Night, Wild Yellowstone (Grizzly Summer)-Unit to unit</p>	<p>10:00-11:00am Garden Club</p> <p>10:30am Exercise-LT</p> <p>2:00pm-Food for Thought- "Food is Medicine"</p> <p>2:00pm- Current Events and Coffee-Unit to Unit</p>	<p>10:00am Games – Unit to unit</p> <p>10:30am Prayer Group -CH</p> <p>2:00-3:00pm Friday Treat, Veggie Pizza</p> <p>7:00pm Movie-Unit to unit</p>	<p>10:00-11:00am Music in the Halls- Unit to Unit</p> <p>2:00pm Trivia- Unit to Unit</p>
26	27	28				
<p>1:00-3:00pm Set up of Online Worship Services</p> <p>3:00-4:00pm -DIY Pet Toy Service Project-Unit to unit</p> <p>7:00pm-Movie</p>	<p>10:30am Exercise - LT</p> <p>3:00-4:00pm- National Strawberry Day- Unit to unit</p> <p>7:00pm Table Games/Visits – Unit to unit</p>	<p>10:00-11:00am Manicures -East Wing</p> <p>3:00-4:00pm Manicures -West Wing</p> <p>3:30pm Catholic Mass-CH</p> <p>7:00pm Bingo game - CYDR</p>			<p style="text-align: center;"><i>Resident Services staff can supply residents with word searches, crossword puzzles, adult coloring, or other individual activities. Please let us know what you like.</i></p> <p style="text-align: center;"><i>Programs are offered to a few residents at a time to help minimize gatherings.</i></p>	