

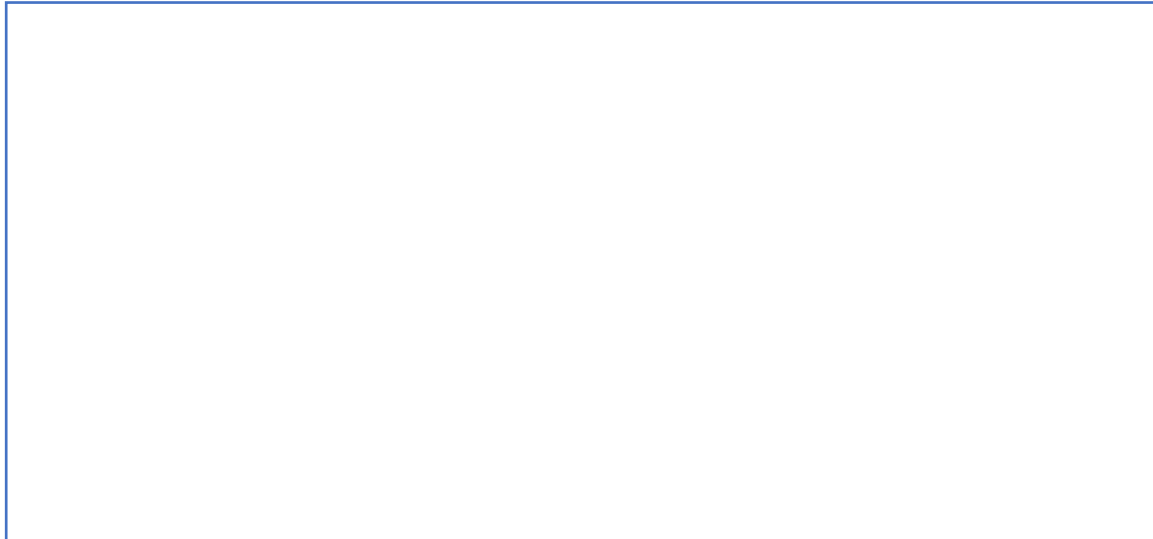
February 2023 DeKalb Area Retirement Center/Oak Crest

Duplex & Apartment Calendar Call for more details (815) 756-8461

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			Shopping Bus to Dollar Tree Riders should register. Depart Door 4 10:00am Hearing Help Plus - LT 1:30pm Tripoley Game - GR 2:00pm Men's Billiard Game- Side Pocket 2:00pm BINGO Social with NIU Nursing Students- LT 7:00pm Documentary "We Feed People"-LT	9:30am Standing Fit-U Exercise -LT 10:30am Seated Fit-U Exercise- LT 1:30pm Worship Service W/ Rev. Marty Marks, Immanuel Lutheran- CH 6:45pm Movie "Where the Crawdads Sing" - LT	1:00pm Knit-Wits Knit/ Crochet Group PVA 1:30pm Card Club: Hearts Game GR 3:30pm Social Hour- V	10:00am Oak Crest Boys - V 1:00pm Bridge Game- LT 2:00pm Documentary "We Feed People" -LT
5	6	7	8	9	10	11
3:30pm Worship (Communion) with Westminster Presbyterian Church- LT 7:00pm Movie "Shall We Dance?" - LT	9:30am Standing Fit-U Exercise-LT 10:30am Seated Fit-U Exercise- LT 2:00pm Scrabble Group – Resource Room 7:00pm Bingo Game - LT	1:30pm Card Club: Hearts Game -Game Room 2:00pm Movie "Shall We Dance?" -LT 3:30pm Catholic Communion- CH	Shopping Bus to HyVee Riders should register/Depart Door 4 11:00am Personal Care Council–GP 1:30pm Tripoley Game – GR 2:00pm Men's Billiard Game- Side Pocket 2:00pm BINGO Social with NIU Nursing Students- LT 2:00pm Worship w/ Bethlehem & First Lutheran Church-CH	9:30am Standing Fit-U Exercise -LT 10:30am Seated Fit-U Exercise- LT 12:00pm Oak Crest Rotary Meeting- LT 2:00pm Food for Thought "Reducing Sodium" By Bella, NIU Dietetic Intern- Dining Room 7:00pm Documentary "Julia" -LT	10:30am Prayer Group- CH 1:00pm Knit-Wits Knit/ Crochet Group PVA 1:30pm Card Club: Hearts Game GR 2:00pm Movie "The Chosen" season 2, episode 1- LT	9:00am Bridge Group – Game Room 2:00pm Documentary "Julia" - LT
12	13	14	15	16	17	18
3:30pm Worship with Malta Methodist, Rev. Jeremiah Thompson - CH 7:00pm Movie "Sweet Home Alabama" – LT	9:30am Standing Fit-U Exercise-LT 10:30am Seated Fit-U Exercise- LT 2:00pm Scrabble Group – Resource Room 7:00pm Bingo Game - LT	10:00-12:00pm Blood Pressure Clinic & Pendant Check- GP 1:30pm Card Club: Hearts Game -Game Room 2:00pm Movie "Sweet Home Alabama" -LT 3:30pm Catholic Communion- CH	Shopping Bus to Target Riders should register/Depart Door 4 1:30pm Tripoley Game – GR 2:00pm Retired Teacher Hosts by DeKalb Public Library- LT 2:00pm BINGO Social with NIU Nursing Students- V 2:00pm Men's Billiard Game- Side Pocket 7:00pm Recorded Concert "Andre Rieu: Love Songs"- LT	9:30am Standing Fit-U Exercise -LT 10:00am NIU Speech & Hearing- AK 10:30am Seated Fit-U Exercise- LT 7:00pm Birthday Entertainment- V	10:30am Prayer Group- CH 1:00pm Knit-Wits Knit/ Crochet Group PVA 1:30pm Card Club: Hearts Game GR 2:00pm Movie "The Chosen" season 2, episode 2- LT	10:00am Oak Crest Boys - V 1:00pm Bridge Game- LT 2:00pm Recorded Concert "Andre Rieu: Love Songs"- LT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19	20	21	22	23	24	25
6:45 pm Movie "Hidden Figures" -LT	9:30am Standing Fit-U Exercise-LT 10:30am Seated Fit-U Exercise- LT 11:00am Heart Healthy Program with Dr. Nguyen- V 2:00pm Scrabble Group – Resource Room 7:00pm Bingo Game - LT	10:00am Mardi Gras, Paczki and Coffee-V 1:30pm Card Club: Hearts Game -Game Room 2:00pm Movie "Hidden Figures" -LT 3:00pm Independent Resident Council- V 3:30pm Catholic Communion- CH	Shopping Bus to Jewel-Sycamore Riders should register/Depart Door 4 11:00am Ash Wednesday Service w/ Rev. Jonathan Crail, First United Methodist-CH 1:00pm Ashes from St. Mary's Catholic Church-CH 1:30pm Tripoley Game - GR 2:00pm Men's Billiard Game-Side Pocket 7:00pm Documentary "Betty White: Champion of Animals" -LT	9:30am Standing Fit-U Exercise -LT 10:30am Seated Fit-U Exercise- LT 12:00pm Oak Crest Rotary Meeting- LT 2:00pm Food for Thought "Food is Medicine By Wyatt, NIU Dietetic Intern-Dining Room	10:30am Prayer Group- CH 1:00pm Knit-Wits Knit/ Crochet Group-PVA 1:30pm Card Club: Hearts Game GR 2:00pm Movie "The Chosen" season 2, episode 3- LT	9:00am Bridge Group – Game Room 2:00pm Documentary "Betty White: Champion of Animals" - LT
26	27	28				
6:30pm Movie- "North by Northwest" - LT	9:30am Standing Fit-U Exercise-LT 10:30am Seated Fit-U Exercise- LT 1:30pm Lenten Bible Study w/ Rev. Jonathan Crail, First United Methodist- LT 2:00pm Scrabble Group – Resource Room 7:00pm Bingo Game - LT	10:00-12:00pm Blood Pressure Clinic & Pendant Check- GP 1:30pm Card Club: Hearts Game -Game Room 2:00pm Movie "North by Northwest" - LT 3:30pm Catholic Mass – Ch				





Calendar Key

1stAT - First Floor Atrium

AK - Activity Kitchen

CHA - Chapel Annex

ium

CH - Chapel

CY – Courtyard

CYDR - Courtyard Dining Room

FC - Fitness Center

GVDR - Garden View Dining Room

GP - Gathering Place

GR - Game Room 3rd Floor

HCW – Health Center West

HCE – Health Center East

HCAT – Health Center

LT - Little Theater

PDR - Private Dining Room

PVA – Prairie View Atrium

RL - Rattan Lounge

SP - Side Pocket

V - Vista