## February 2020 DeKalb Area Retirement Center - Oak Crest (815) 756-8461

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						9:30 Coffee Hour – V 10:00 Oak Crest Boys - V 3:00 Coffee Hour- Bistro 7:00 Movie & Popcorn: "50 First Dates" - LT
2	3	4	5 Stafe Water Aprohice Class	6	7	
0:00 Coffee Hour- PVA 3:00 Coffee Hour- Bistro 3:30 Worship Service (Communion) Sycamore United Methodist Church- CH 5:30 Super Bowl Game - LT San Francisco 49ers VS Kansas City Chiefs	<ul> <li>8:45 Water Aerobics Class w/YMCA-OakCrest Pool</li> <li>9:30 Monday Morning Discussion Group - GP</li> <li>10:00 Fit-U Exercise with NIU Students – LT</li> <li>10:00 Dishing Divas - AK</li> <li>10:00 Coffee Hour- Café</li> <li>1:00 Water Aerobics Class w/YMCA-OakCrest Pool</li> <li>2:00 "Spark!" Your Interest Group": "Organic Farming" by Aaron Butler - V</li> <li>3:00 Coffee Hour- Bistro</li> <li>7:00 Recorded Concert "Andrea Bocelli: A Night in Tuscany"- LT</li> </ul>	9:30 Hearing Help Express- East 146 9:30 Heartland Bank - CHA 10:00 Coffee Hour – Café 10:00 Crossword Puzzle – LT 10:00 Mind & Body Exercise w/NIU - CYDR 10:15 Wal-Mart Bus Departs E & W Entrances 10:30 Resource Bank 1:30 Chair Chi Exercise - LT 3:00 Coffee Hour- Bistro 3:30 Catholic Communion- CH 7:00 Pinochle - GR 7:00 Bingo Game – LT	8:45 Water Aerobics Class YMCA – Oak Crest Pool 10:00-11:30 B/P & Weight Check- Office East 146 10:00 First Midwest Bank- CHA 10:00 Fit-U Exercise with NIU Students – LT 10:00 Coffee Hour - Cafe 10:00 Shopping Bus Departs E/W doors Destination: Rt. 23 1:00 Water Aerobics Class with YMCA – Oak Crest Pool 1:00 Craft Group– Craft Rm 1:00 Scrabble/Table Games- PVA 2:00 Bethlehem & First Lutheran Church Service- CH 2:00 Men's Group - Oak Crest Pool Table 3:00 Coffee Hour -Bistro 7:00 Explore America: "Oregon" – LT	<ul> <li>10:00 Coffee Hour – Café</li> <li>10:00 Bible Conversations <ul> <li>CHA</li> </ul> </li> <li>10:00 Mind &amp; Body Exercise w/NIU – CYDR</li> <li>11:00 Activity Program Meeting- Discussion Topic: Movies- LT</li> <li>1:30 Chair Chi Exercise -LT</li> <li>2:00 Worship Service - CH</li> <li>3:00 Coffee Hour- Bistro</li> <li>7:00 Euchre – GR</li> </ul>	8:45 Water Aerobics Class w/YMCA-Oak Crest Pool 10:00 Coffee Hour– Café 10:00 Fit-U Exercise with NIU Students - LT 10:00 Catholic Rosary and Communion – CH 1:00 Water Aerobics Class w/ YMCA - Oak Crest Pool 1:30 "Knit-Wits" Knit/ Crochet Group – PVA 3:00 Coffee Hour- Bistro 4:00 Social Hour - V 7:00 Vander Bleek Concert -V	9:30 Coffee Hour- V 10:00 Oak Crest Boys - V 3:00 Coffee Hour- Bistro 7:00 Movie & Popcorn: "Michael"-LT

Sunday	Monday	Tuesday	Wednesday	Thursday	
9	10	11	12	13	VALEN
<ul> <li>10:00 Coffee Hour- PVA</li> <li>2:00 Webster family Hymn Sing &amp; Recital - CH</li> <li>3:00 Coffee Hour- Bistro</li> <li>3:30 Worship Service w/ Rev. Jeremiah Thompson, Malta Methodist Church - CH</li> <li>7:00 Hymn Reflections- 2<sup>nd</sup> Floor Atrium</li> </ul>	8:45 Water Aerobics Class w/YMCA-Oak Crest Pool 9:30 Monday Morning Discussion Group - GP 10:00 Coffee Hour – Café 10:00 Fit-U Exercise with NIU Students – LT 1:00 Water Aerobics Class w/ YMCA - OC Pool 3:00 Coffee Hour- Bistro 7:00 "Floats and Notes" – "Joe and Charlie" Easy Listening - LT	10:00 D&D Jewelry Visit-PVA 10:00 Coffee Hour - Café 10:00 Crossword Puzzle - LT 10:00 Mind & Body Exercise with NIU - CYDR 10:15 Wal-Mart Bus Departs E & W Entrances 10:30 Resource Bank 1:30 Chair Chi Exercise - LT 3:00 Coffee Hour- Bistro 3:30 Catholic Communion -CH 7:00 Pinochle – GR 7:00 Bingo Game – LT	<ul> <li>8:45 Water Aerobics Class w/YMCA - Oak Crest Pool</li> <li>10:00 Coffee Hour - Café</li> <li>10:00 – 11:30 B/P &amp; Weight Check – Office East 146</li> <li>10:00 First Midwest Bank-CHA</li> <li>10:00 Shopping Bus Departs E/W doors Destination: Rt. 23</li> <li>10:00 Fit-U Exercise w/NIU - V</li> <li>1:00 Craft Group– Craft Rm</li> <li>1:00 Scrabble/Table Games- PVA</li> <li>1:00 Water Aerobics Class w/YMCA-OakCrest Pool</li> <li>2:00 Men's Group – Oak Crest Pool Table</li> <li>3:00 Coffee Hour &amp; Sing Along- Bistro</li> <li>7:00 Documentary: "Abraham Lincoln Biography" – LT</li> </ul>	10:00 Coffee Hour – Café 10:00 Bible Conversations - CHA 10:00 Mind & Body Exercise w/NIU - CYDR 12:00 Oak Crest Area Rotary Meeting-LT 1:30 Chair Chi Exercise – LT 2:00 Worship Service – CH 3:00 Coffee Hour- Bistro 7:00 Euchre – GR	8:45 Wat Clas Cres 10:00 Coff 10:00 Catl Con 10:00 Fit-U Stud 1:00 Wat Clas Cres 1:30 "Kn N PV 2:00-4:00 -LT 3:00 Cof 7:00 Tab
16	17	18	19	20	
10:00 Coffee Hour- PVA 3:00 Coffee Hour- Bistro 3:30 Worship Service w/ Rev. Kevin Spears, Fellowship Baptist Church - CH 7:00 Movie "Shall We Dance" LT * BIRTHDAY DINNER RESERVATIONS FOR GUESTS AND RESERVED TABLES ARE DUE MONDAY, FEBRUARY 17TH	<ul> <li>8:45 Water Aerobics Class w/YMCA-OakCrest Pool</li> <li>9:30 Monday Morning Discussion Group - GP</li> <li>10:00 Fit-U Exercise with NIU Students – LT</li> <li>10:00 Dishing Divas - AK</li> <li>10:00 Coffee Hour- Café</li> <li>1:00 Water Aerobics Class w/YMCA-OakCrest Pool</li> <li>2:00 Spark! "Bones in our body" by Terry Martin – V</li> <li>3:00 Coffee Hour- Bistro</li> <li>7:00 Recorded Concert "Tony Bennett &amp; Lady Gaga"- LT</li> </ul>	<ul> <li>9:30 NIU Speech &amp; Hearing – PVA</li> <li>9:30 Heartland Bank – CHA</li> <li>10:00 Coffee Hour - Café</li> <li>10:00 Crossword Puzzle – LT</li> <li>10:00 Mind &amp; Body Exercise w/NIU - CYDR</li> <li>10:15 Wal-Mart Bus Departs E &amp;W Entrances</li> <li>10:30 Resource Bank</li> <li>1:00 NIU Chamber Choir-LT</li> <li>1:15 Book Club - Rattan Rm NO Chair Chi</li> <li>3:00 Resident Council Meeting - GP</li> <li>3:00 Coffee Hour- Bistro</li> <li>3:30 Catholic Communion- CH</li> <li>7:00 Pinochle - GR</li> <li>7:00 Bingo – LT</li> </ul>	<ul> <li>8:45 Water Aerobics Class w/YMCA-Oak Crest Pool</li> <li>9:00 Kitchen Tour - Dining Room Lobby</li> <li>10:00 - 11:30 B/P &amp; Weight Check - Office East 146</li> <li>10:00 First Midwest Bank – CHA</li> <li>10:00 Coffee Hour - Café</li> <li>10:00 Fit-U Exercise with NIU Students – LT</li> <li>1:00 Craft Group – Craft Rm</li> <li>1:00 Scrabble/Table Games- PVA</li> <li>1:00 Water Aerobics Class with YMCA-OakCrest Pool</li> <li>2:00 Worship Service w/ St. Paul's Episcopal – CH</li> <li>2:00 Men's Group - Pool Table</li> <li>3:00 Coffee Hour - Bistro</li> <li>7:00 Documentary: "The President's Photographer: 50 Years in the Oval Office" – LT</li> </ul>	<ul> <li>10:00 Coffee Hour - Café</li> <li>10:00 Bible Conversations <ul> <li>CHA</li> </ul> </li> <li>10:00 Mind &amp; Body Exercise <ul> <li>w/NIU - CYDR</li> </ul> </li> <li>1:30 Chair Chi Exercise – LT</li> <li>2:00 Worship Service - CH</li> <li>3:00 Coffee Hour- Bistro</li> <li>5:30 Birthday Dinner</li> <li>7:00 Birthday <ul> <li>Entertainment - V</li> </ul> </li> </ul>	8:45 Wat Clas Cres 10:00 Coff 10:00 Fit-U Stu 10:00 Cath Con 1:00 Wat Clas Oak 1:30 "Kni Gro 2:00 Mov Affa LT 3:00 Cof 7:00 Fric

Friday	Saturday
NTINE'S DAY 14	15
ater Aerobics ass w/ YMCA-Oak rest Pool offee Hour - Café atholic Rosary and ommunion - CH t-U Exercise with NIU udents – LT ater Aerobics ass w/ YMCA - Oak rest Pool Knit-Wits" Knit/Crochet Group – PVA 00 Sweetheart Buffet T offee Hour- Bistro able Games–1st FI AT	9:30 Coffee Hour – V 10:00 Oak Crest Boys - V 3:00 Coffee Hour- Bistro 7:00 Movie & Popcorn: "Crossing Delancey"-LT
21 ater Aerobics ass w/YMCA-Oak rest Pool offee Hour - Café t-U Exercise with NIU tudents – LT atholic Rosary and ommunion - CH ater Aerobics ass w/ YMCA – ak Crest Pool nit-Wits"	22 9:30 Coffee Hour – V 10:00 Oak Crest Boys - V 3:00 Coffee Hour- Bistro 7:00 Movie & Popcorn: "Hidden Figures"-LT
nit/Crochet roup - PVA ovie Matinee: "An fair to Remember"- offee Hour- Bistro riday Bingo – LT	

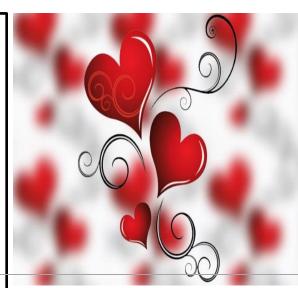
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
23	24	FAT TUESDAY 25	ASH WEDNESDAY 26	27	28	29
<ul> <li>10:00 Coffee Hour- PVA</li> <li>2:00 Centennarian Tea - V</li> <li>3:00 Coffee Hour- Bistro</li> <li>3:30 Worship Service w/ Rev. Steve Persson, First Baptist Church – CH</li> <li>7:00 Movie "You Were Never Lovelier"- LT</li> </ul>	8:45 Water Aerobics Class w/YMCA-Oak Crest Pool 9:30 Monday Morning Discussion Group - GP 10:00 Fit-U Exercise w/NIU Students - V 10:00 Lots of Tots - LT 10:00 Coffee Hour - Café 1:00 Water Aerobics Class w/ YMCA - OC Pool 3:00 Coffee Hour- Bistro 7:00 Floats & Notes -TBA-LT	<ul> <li>10:00 Coffee Hour - Café</li> <li>10:00 Paczki &amp; Coffee-LT</li> <li>10:00 Mind &amp; Body Exercise w/NIU - CYDR</li> <li>10:15 Wal-Mart Bus Departs E &amp;W Entrances</li> <li>10:30 Resource Bank</li> <li>1:30 Chair Chi Exercise – GP</li> <li>3:00 Coffee Hour- Bistro</li> <li>3:30 Catholic Mass - CH</li> <li>7:00 Pinochle - GR</li> <li>7:00 Bingo - LT</li> </ul>	<ul> <li>8:45 Water Aerobics Class w/YMCA-Oak Crest Pool</li> <li>10:00 - 11:30 B/P &amp; Weight Check - Office East 146</li> <li>10:00 Shopping Bus Departs E/W doors Destination: Rt. 23</li> <li>10:00 First Midwest Bank – CHA</li> <li>10:00 Coffee Hour - Café</li> <li>10:00 Fit-U Exercise with NIU Students – LT</li> <li>11:00 Ash Wednesday Service w/ First United Methodist Church- CH</li> <li>1:00 Craft Group – Craft Rm</li> <li>1:00 Scrabble/Table Games- PVA</li> <li>1:00 Water Aerobics Class with YMCA-OakCrest Pool</li> <li>2:00 Men's Group - Pool Table</li> <li>3:00 Coffee Hour- Bistro</li> <li>7:00 Globe Trekker: "New Orleans" - LT</li> </ul>	<ul> <li>10:00 Coffee Hour - Café</li> <li>10:00 Bible Conversations <ul> <li>CHA</li> </ul> </li> <li>10:00 Mind &amp; Body Exercise w/NIU - CYDR</li> <li>12:00 Oak Crest Area Rotary Meeting-LT</li> <li>1:30 Chair Chi Exercise – <ul> <li>LT</li> </ul> </li> <li>2:00 Worship Service - CH</li> <li>3:00 Coffee Hour- Bistro</li> <li>7:00 Euchre – GR</li> </ul>	8:45 Water Aerobics Class w/YMCA-Oak Crest Pool 10:00 Fit-U Exercise with NIU Students – LT 10:00 Coffee Hour - Café 10:00 Catholic Rosary and Communion - CH 1:00 Water Aerobics Class w/ YMCA – Oak Crest Pool 1:30 "Knit-Wits" Knit/Crochet Group - PVA 2:00 Movie Matinee: "12 Years a Slave" - LT 3:00 Coffee Hour- Bistro 7:00 Table Games – LT	9:30 Coffee Hour – V 10:00 Oak Crest Boys - V 3:00 Coffee Hour- Bistro 7:00 Movie & Popcorn: "Mardi Gras"-LT
					Calendar Ke	<u>.</u>
	ooms Near Primary Entra			1stAT - First I AK - Activity CHA - Chapel	Kitchen HCE	V – Health Center West 2 – Health Center East 4 T – Health Center Atrium

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- Door #4 (West Entrance/ First Floor Entry)- Little Theater, Gathering Place, Personal Care Nurses Station, Shoppe, Beauty Shop
- **Door #11** (Health Center) Health Center Unit
- Door #18 (East Entrance/ Second Floor Entry) Café, Resource Room, Prairie View Atrium, Pool Table (3<sup>rd</sup> Floor)
- Door #26 (The Oaks) Bistro & Fitness Center



CH - Chapel CY – Courtyard CYDR - Courtyard Din FC - Fitness Center **GVDR - Garden View GP** - Gathering Place GR - Game Room 3rd

rium	HCW – Health Center West
	HCE – Health Center East
	HCAT – Health Center Atrium
	LT - Little Theater
	PDR - Private Dining Room
ning Room	PVA – Prairie View Atrium
0	RL - Rattan Lounge
Dining Room	SP - Side Pocket
0	V - Vista
Floor	

\* WIGs = Women's Interest Group