

# October 2017 DeKalb Area Retirement Center/Oak Crest

Health Center & Personal Care Activities Calendar Call for more details (815) 756-8461

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
10:00 Coffee Hour- PVA 2:00 Current Events- HCE 3:30 Worship Service/ Communion with Sycamore United Methodist - CH 3:30 Coffee Hour - 1 <sup>st</sup> AT 4:30 Antipasto - HC 5:00 Antipasto - 1 <sup>st</sup> AT 7:00 Movie: Soda Springs-- HCE1 7:15 Balloon Volley Ball - HCAT	9:30 Monday Morning Discussion Group – GP 10:00 Fit-U Exercise w /NIU-LT 10:00 Dishing Divas - AK 10:00 Coffee Hour - Café 11:00 Antipasto - HC E/W 11:30 Antipasto - 1st AT 2:00 WIG's: Soap Making Dorothy Loza - V 2:30 Card Game - HC 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Travelogue: "The Philippines" by Evelina Cichy - LT	9:30 Hearing Help Plus - GR 9:30 Becky Beck's Jewelry 9:30 Heartland Bank - CHA 10:00 Coffee Hour - Café 10:00 Manicures - HCE/W 10:00 Crossword Puzzle - LT 10:30 Resource Bank 11:00 Happy Hearts Club*- HC1E 11:00 Antipasto - HCE/W 11:30 Antipasto - 1st AT 1:00 1:1 Visits - HC 1:30 Chair Chi Exercise - LT 2:00 Manicures - AK 3:30 Catholic Communion - CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Pinochle - GR 7:00 Bingo - HCAT	10:00 - 11:30 B/P & Weight Check- Office East 146 10:00 First National Bank - CHA 10:00 First Midwest Bank-2 <sup>nd</sup> FI AT 10:00 Fit – U Exercise w/ NIU Students - V 10:00 HC Resident Council - LT 10:00 Coffee Hour - Café 11:00 Antipasto - HC E/W 11:30 Antipasto - 1 <sup>st</sup> AT 1:00 Scrabble/Table Games-PVA 1:00 Craft Group - Craft Room 2:00 The Sweet Joy of ColoringAK 3:30 Coffee Hour - 1 <sup>st</sup> AT 4:00 Piano Program by Cody Marbutt, Volunteer - PVA 4:30 Antipasto - HC E/W 5:00 Bob the Dog Visit - PC/HC 5:00 Antipasto - 1 <sup>st</sup> AT 7:00 Travelogue (See Weekly Highlights for the feature) 7:15 Ring Toss - HCAT	10:00 Coffee Hour - Café 10:00 Garden Club - HCE1 10:00 Bible Study - LT 10:00 Bible Conversations - CHA 11:00 Antipasto - HC E/W 11:30 Antipasto - 1 <sup>st</sup> FL AT 1:30 Canasta - GR 1:30 Chair Chi Exercise - LT 2:00 Worship Service - CH 2:30 Curiosity Cart - HC 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 <sup>st</sup> AT 7:00 Rhythm Band - HCAT	10:00 Coffee Hour-Café 10:00 Catholic Communion & Rosary – CH 10:00 Fit-U with NIU Students – LT 11:00 Happy Hearts Club*- HC1E 1:30 - 3:00 "Knit Wits" Knit/Crochet Group - PVA 2:00 Sip and Paint - AK 3:00 Apartment Visit - PC 3:30 Coffee Hour - 1 <sup>st</sup> AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 <sup>st</sup> AT 7:00 Good Samaritan Award Presentation - V	9:30 Coffee Hour - V 10:00 Oak Crest Boys - V 2:00 Knitting - HCAT 3:00 Chit Chat - HCAT 3:30 Coffee Hr - 1 <sup>st</sup> AT 4:30 Antipasto - HCE/W 5:00 Antipasto - 1 <sup>st</sup> AT 7:00 Movie and Popcorn: "The Harvey Girls" -LT
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
10:00 Coffee Hour - PVA 2:00 Current Events - HC 3:30 Worship Service with Pastor Noah Panlilio, Malta Methodist Church- CH 3:30 Coffee Hour - 1 <sup>st</sup> AT 4:30 Antipasto - HC 5:00 Antipasto - 1 <sup>st</sup> AT 7:00 Movie: Moon over Miami - HCE1 7:00 Parachute Fun- HCAT	9:30 Monday Morning Discussion Group – GP 10:00 Fit – U Exercise w /NIU - V 10:00 Lots of Tots - LT 10:00 Coffee Hour- Café 11:00 Antipasto - HC E/W 11:30 Antipasto - 1st AT 2:00 Handbell Choir – HCW1 2:30 Card Game - HC 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Floats and Notes featuring Joe and Charlie – Easy Listening - LT	9:30 Heartland Bank - CHA 10:00 Coffee Hour - Café 10:00 Manicures - HCE/W 10:00 Crossword Puzzle - GP 10:30 Resource Bank 11:00 Happy Hearts*- HC1E 11:00 Antipasto - HCE/W 11:30 Antipasto - 1st AT 1:00 1:1 Visits - HC 1:30 Chair Chi Exercise - LT 2:00 Manicures - AK 2:00 Worship Service w/ St. Peter's Episcopal Church – CH 3:30 Catholic Communion - CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Pinochle - GR 7:00 Bingo Game - LT	10:00 First Midwest Bank - CHA 10:00 Fit – U Exercise w /NIU - V 10:00 Reminisce with Megan - HC 11:00 Antipasto - HCE/W 11:30 Antipasto - 1 <sup>st</sup> AT 1:00 Scrabble/Table Games - PVA 1:00 Craft Group – Craft Room 2:00 Red Hat Tea - HC Dining Rm 3:30 Coffee Hour - 1 <sup>st</sup> AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 4:30 Antipasto - HCE/W 5:00 Bob the Dog Visit 5:00 Antipasto - 1 <sup>st</sup> AT 7:00 Travelogue Film (See Weekly Highlights) 7:00 DeKalb County Geneological and Historical Society- LT 7:15 Bags Game - HCAT	10:00 Coffee Hour-Café 10:00 Garden Club – HCE1 10:00 Poetry Reading – Private Dining Room 10:00 Bible Conversations - CHA 11:00 Antipasto- HC E/W 11:30 Antipasto - 1 <sup>st</sup> FL AT 1:30 Canasta - GR 1:30 Chair Chi Exercise - LT 2:00 Worship Service - CH 2:00 Curiosity Cart - HC 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 <sup>st</sup> AT 7:00 DeKalb Area Garden Club Meeting-V 7:00 Dance Time - HCAT	10:00 Coffee Hour- Café 10:00 Fit-U Exercise w/ NIU - LT 10:00 Catholic Communion & Rosary - CH 11:00 Happy Hearts Club* - HCE 11:00 Antipasto - HC E/W 11:30 Antipasto - 1 <sup>st</sup> FI AT 1:00 1:1 Visits - HC 1:30 - 3:00 "Knit Wits" Knit/Crochet Group - PVA 2:00 Movie Matinee: "Arcenic and Old Lace" - LT 3:00 Apartment Visits - PC 3:30 Coffee Hour - 1 <sup>st</sup> AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 <sup>st</sup> AT 7:00 Friday Bingo - LT	9:30 Coffee Hour - V 10:00 Oak Crest Boys - V 2:00 Sing Along - HCAT 3:00 Chit Chat - HCAT 3:30 Coffee Hr - 1 <sup>st</sup> AT 4:30 Antipasto - HC 5:00 Antipasto - 1 <sup>st</sup> AT 7:00 Movie & Popcorn: "Somewhere in Time" –LT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
10:00 Coffee Hour- PVA 2:00 Current Events-HCE 3:30 Worship Service - CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC 5:00 Antipasto - 1st AT 7:00 Movie: "The Over the Hill Gang"- HCE1 7:15 Balloon Volley Ball -HCAT	9:30 Monday Morning Discussion Group - GP 10:00 Fit – U Exercise with NIU Students - LT 10:00 Coffee Hour - Café 10:00 Dishing Divas - AK 11:00 Antipasto - HC E/W 11:30 Antipasto - 1st AT 2:00 WIG's featuring "Oak Crest Library by Anita Elwell" - V 2:30 Bunco/Card Game - HC 3:30 Coffee Hour - 1st AT 3:30 "Bridges Choir" with Elizabeth Lanza, NIU Student - LT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Travelogue: TBA - LT	9:30 NIU Speech & Hearing Clinic - PVA 9:30 Heartland Bank - CHA 10:00 Coffee Hour - Café 10:00 Manicures - HCE/W 10:00 Crossword Puzzle - LT 10:30 Resource Bank 11:00 Happy Hearts*- HC1E 11:00 Antipasto - HCE/W 11:30 Antipasto -1st AT 1:00 1:1 Visits - HC 1:30 Chair Chi Exercise - LT 2:00 Manicures- AK 3:30 Catholic Communion - CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 5:30 "Guess Who Is Coming To Dinner?" - GVDR 7:00 Pinochle - GR 7:00 Bingo - LT	10:00 First Midwest Bank - CHA 10:00 Coffee Hour- Café 10:00 Fit – U Exercise w/NIU - LT 10:00 Outing 10:30 Hymn Sing - HC/EW 11:30 Antipasto - 1st AT 12:30 Dr. Friedrich's Eye Care Glass Maintenance - PVA 1:00 Scrabble/ Table Games PVA 1:00 Craft Group - Craft Room 2:00 Worship Service with St. Paul's Episcopal Church -CH 2:30 Rice Krispie Pumpkins - AK 3:30 Coffee Hour - 1st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 4:30 Antipasto – HCE/W 5:00 Bob the Dog Visit 5:00 Antipasto - 1st AT 7:00 Travelogue Film (See Weekly Highlights) 7:15 "Balloon Tennis" - HCAT	10:00 Coffee Hour - Café 10:00 Garden Club – HC 10:00 Bible Study - LT 11:00 Antipasto - HC E/W 11:30 Antipasto - 1st FL AT 1:30 Canasta - GR 1:30 Chair Chi Exercise - LT 2:00 Worship Service - CH 2:30 Curiosity Cart - HC 3:30 Coffee Hour - 1st AT 5:00 Antipasto - 1st AT 5:00 Birthday Dinner– HC/CYDR 5:30 Birthday Dinner - GVDR 7:00 Birthday Entertainment - V	10:00 Coffee Hour- Café 10:00 Catholic Communion & Rosary – CH 10:00 Fit- U Exercise w/ NIU - LT 11:00 Happy Hearts Club*- HCE 11:00 Antipasto - HC E/W 11:30 PC Resident Council Meeting - GP 1:00 1:1 Visits- HC 1:30 – 3:00 "Knit Wits" Knit/Crochet Group – PVA 2:30 - 4:00 Oak Crest Library Book Sale - LT 3:00 Apartment Visit - PC 3:30 Coffee Hour - 1stAT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Table Games - HCAT	9:30 Coffee Hour - V 10:00 Oakcrest Boys - V 10:00 – 3:00 Oak Crest Library Book Sale - LT 3:30 Pentecostal Hymn Sing - HCAT 3:30 Coffee Hour - 1stAT 4:30 Antipasto - HC 5:00 Antipasto - 1stAT 7:00 Movie & Popcorn: TBA -LT
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
10:00 Coffee Hour- PVA 2:00 Webster Family Recital & Hymn Sing - CH 3:30 Worship Service with Steve Persson, First Baptist Church - CH 3:30 Coffee Hour -1st AT 4:30 Antipasto - HC 5:00 Antipasto - 1st AT 7:00 Movie: "Fly Away Home"- HCE1 7:15 Parachute Fun - HCAT	9:30 Monday Morning Discussion Group - GP 10:00 Fit – U Exercise with NIU Students - V 10:00 Coffee Hour- Café 10:00 Lots of Tots - LT 11:00 Antipasto - HC E/W 11:30 Antipasto - 1st AT 2:00 Handbell Choir - HCW1 2:30 Men's Group - GP 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Floats and Notes: TBA - LT	9:30 Heartland Bank - CHA 10:00 Coffee Hour-Café 10:00 Manicures - HCE/W 10:00 Crossword Puzzle - LT 10:30 Resource Bank 11:00 Happy Hearts*-HC1E 11:00 Antipasto - HCE/W 11:30 Antipasto - 1st AT 1:00 1:1 Visits- HC 1:30 Chair Chi Exercise - LT 2:00 Manicures - AK 3:30 Catholic Mass - CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Pinochle - GR 7:00 Bingo - LT	10:00 Fit – U Exercise with NIU Students - LT 10:00 First Midwest Bank - CHA 10:00 Coffee Hour- Café 11:00 Lunch Bunch - AK 11:00 Antipasto - HCE/W 11:30 Antipasto - 1st AT 1:00 Scrabble & Table Games– PVA 1:00 Craft Group - Craft Room 2:30 Pumpkin Carving - AK 3:30 Coffee Hour - 1st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 4:30 Antipasto – HCE/W 5:00 Bob the Dog Visit 5:00 Antipasto - 1st AT 7:00 Travelogue Film (See Weekly Highlights for feature.) 7:15 Lawn Dice - HCAT	10:00 Coffee Hour - Café 10:00 Garden Club – HC 10:00 Music of the Master - Private Dining Room 11:00 Antipasto- HC E/W 11:30 Antipasto- 1st FL AT 1:30 Canasta - GR 1:30 Chair Chi Exercise - LT 2:00 Worship Service - CH 2:30 Curiosity Cart - HC 3:30 Coffee Hour - 1st AT 5:00 Antipasto - 1st AT 7:00 Halloween Rhythm Band - HCAT	10:00 Coffee Hour - Café 10:00 Catholic Communion & Rosary - CH 10:00 Fit- U Exercise w/ NIU - V 11:00 Happy Hearts - HCE 11:00 Antipasto - HC E/W 1:00 1:1 Visits - HC 1:30 – 3:00 "Knit Wits" Knit/Crochet Group – PVA 2:00 Movie Matinee: "Joyful Noise" - LT 3:00 Apartment Visit - PC 3:30 Coffee Hour - 1stAT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Table Games - HC	9:30 Coffee Hour - V 10:00 Oakcrest Boys - V 2:00 Leaf Stain Glass Craft - HCAT 3:30 Coffee Hour - 1stAT 4:30 Antipasto - HC 5:00 Antipasto - 1stAT 7:00 Movie & Popcorn: "Bride of Frankenstein" -LT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																					
<b>29</b>	<b>30</b>	<b>31</b>																									
10:00 Coffee Hour - PVA 2:00 Current Events - HCE 3:30 Worship Service with Pastor Ray Krueger - CH 3:30 Coffee Hour - 1 <sup>st</sup> AT 4:30 Antipasto - HC 5:00 Antipasto - 1 <sup>st</sup> AT 7:00 Movie: "Hocus Pocus"- HCE1 7:15 Balloon Volley Ball - HCAT	9:30 Monday Morning Discussion Group - GP 10:00 Fit – U Exercise with NIU Students - LT 10:00 Halloween Craft - AK 10:00 Coffee Hour- Café 11:00 Antipasto - HC E/W 11:30 Antipasto - 1 <sup>st</sup> AT 2:00 Instant Theater - HC 3:30 Coffee Hour - 1 <sup>st</sup> AT 3:30 "Bridges Choir" with Elizabeth Lanza, NIU Student - LT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 <sup>st</sup> AT 7:00 Floats and Notes: TBA-LT	9:30 Heartland Bank - CHA 10:00 Coffee Hour-Café 10:00 Manicures - HCE/W 10:00 Crossword Puzzle - LT 10:30 Resource Bank 11:00 Happy Hearts*- HC1E 11:00 Antipasto - HCE/W 11:30 Antipasto - 1 <sup>st</sup> AT 1:00 1:1 Visits - HC 1:30 Chair Chi Exercise - LT 2:00 Manicures - AK 3:00 Halloween Costume Contest - Residents & Employees are welcome to participate - LT 3:30 Catholic Communion - CH 3:30 Coffee Hour - 1 <sup>st</sup> AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 <sup>st</sup> AT 7:00 Pinochle - GR 7:00 Bingo - LT	<div style="border: 2px solid black; padding: 10px;"> <p><b><u>Calendar Key</u></b></p> <table style="width: 100%; border: none;"> <tr> <td style="width: 33%;">AK - Activity Kitchen</td> <td style="width: 33%;">GVDR - Garden View Dining Room</td> <td style="width: 33%;">CYDR - Courtyard Dining Room</td> </tr> <tr> <td>RL - Rattan Lounge</td> <td>SP - Side Pocket</td> <td>PVA – Prairie View Atrium</td> </tr> <tr> <td>CHA - Chapel Annex</td> <td>CY – Courtyard</td> <td>GP - Gathering Place</td> </tr> <tr> <td>GR - Game Room 3<sup>rd</sup> Floor</td> <td>PDR - Private Dining Room</td> <td>E1 - Family Room East 1</td> </tr> <tr> <td>CH – Chapel</td> <td>V – Vista Room</td> <td></td> </tr> <tr> <td>CHA- Chapel Annex</td> <td>1<sup>st</sup> AT - First Floor Atrium</td> <td></td> </tr> <tr> <td>LT - Little Theater</td> <td>FC - Fitness Center</td> <td></td> </tr> </table> </div>				AK - Activity Kitchen	GVDR - Garden View Dining Room	CYDR - Courtyard Dining Room	RL - Rattan Lounge	SP - Side Pocket	PVA – Prairie View Atrium	CHA - Chapel Annex	CY – Courtyard	GP - Gathering Place	GR - Game Room 3 <sup>rd</sup> Floor	PDR - Private Dining Room	E1 - Family Room East 1	CH – Chapel	V – Vista Room		CHA- Chapel Annex	1 <sup>st</sup> AT - First Floor Atrium		LT - Little Theater	FC - Fitness Center	
AK - Activity Kitchen	GVDR - Garden View Dining Room	CYDR - Courtyard Dining Room																									
RL - Rattan Lounge	SP - Side Pocket	PVA – Prairie View Atrium																									
CHA - Chapel Annex	CY – Courtyard	GP - Gathering Place																									
GR - Game Room 3 <sup>rd</sup> Floor	PDR - Private Dining Room	E1 - Family Room East 1																									
CH – Chapel	V – Vista Room																										
CHA- Chapel Annex	1 <sup>st</sup> AT - First Floor Atrium																										
LT - Little Theater	FC - Fitness Center																										

