


July 2019 DeKalb Area Retirement Center - Oak Crest (815) 756-8461

Activity & Event Calendar for Independent & Duplex Residents

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	Independence Day 4	5	6
	8:45 Water Aerobics Class w/ YMCA-Pool 9:30 Monday Morning Discussion Group - GP 10:00 Fit-U Exercise with NIU Students - LT 10:00 Dishing Divas - AK 10:00 Coffee Hour- Café 1:00 Water Aerobics Class w/ YMCA - Pool 2:00 WIG's: "Floral Arrangements" w/HyVee Florist - V 3:30 Coffee Hour- 1 st AT 4:00 Piano Program by Cody Marbutt, Volunteer-PVA 7:00 Travelogue "Iceland" by Pat Vary - LT	9:30 Hearing Help Express-East 146 9:30 Heartland Bank - CHA 10:00 Coffee Hour – Café 10:00 Crossword Puzzle – LT 10:00 Mind & Body Exercise w/NIU-V 10:15 Wal-Mart Bus Departs E & W Entrances 10:30 Resource Bank 1:30 Chair Chi Exercise - LT 3:30 Coffee Hour- 1st AT 3:30 Catholic Communion- CH 7:00 Pinochle - GR 7:00 Bingo Game - LT	8:45 Water Aerobics Class YMCA – Oak Crest Pool 10:00 - 11:30 B/P & Weight Check- Office East 146 10:00 First National Bank-CHA 10:00 First Midwest Bank- 2 nd FL 10:00 Coffee Hour- Café <u>NO Fit-U Exercise</u> 10:00 Shopping Bus Departs E/W doors Destination:Rt. 23 1:00 Water Aerobics Class with YMCA – Oak Crest Pool 1:00 Craft Group– Craft Rm 1:00 Scrabble/Table Games-PVA 2:00 Bethlehem & First Lutheran Church Service- CH 2:00 Men's Group - Oak Crest Pool Table 3:30 Coffee Hour -1st AT 7:00 Documentary: America the Story of Us "Rebels & Revolution" - LT	10:00 July 4th Service - CH 10:00 Coffee Hour- PVA 2:00 Parade Decorating- HC 3:30 Coffee Hour - 1st AT 4:00 "Stars & Stripes" Parade in Health Center Courtyard 	8:45 Water Aerobics Class w/YMCA-Oak Crest Pool 10:00 Coffee Hour– Café <u>NO Fit-U Exercise</u> 10:00 Catholic Rosary and Communion – CH 1:00 Water Aerobics Class w/ YMCA - Oak Crest Pool 1:30 "Knit-Wits" Knit/Crochet Group – PVA 2:00 Movie Matinee: "Yankee Doodle Dandy" - LT 7:00 Table Games – 1 st FI AT	9:30 Coffee Hour - V 10:00 Oak Crest Boys – V 3:30 Coffee Hour–1 st AT 7:00 Movie & Popcorn: "An American in Paris" - LT
7	WEAR BLACK & WHITE 8	Wear Red or Hearts 9	Wear Western Attire 10	Wear 50s Theme 11	WEAR GLITZ/GLAMOUR 12	13
10:00 Coffee Hour- PVA 3:30 Worship Service w/ Communion) Rev. Blake Richter, Westminster Presbyterian Church - CH 3:30 Coffee Hour - 1 st AT <div style="border: 1px solid black; border-radius: 15px; padding: 5px; width: fit-content; margin-top: 10px;"> Employee Recognition Week Join us in the Dress Up Days and Events. </div>	8:45 Water Aerobics Class w/YMCA-Oak Crest Pool 9:30 Monday Morning Discussion Group - GP 10:00 Fit-U Exercise - V 10:00 Lots of Tots – LT 10:00 Coffee Hour - Café 1:00 Water Aerobics Class w/ YMCA - OC Pool 1:00 Bridges Choir- V 3:30 Coffee Hour - 1 st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 7:00 Floats & Notes "Easy Listening" with Joe & Charlie - LT	9:30 Heartland Bank - CHA 10:00 Coffee Hour - Café 10:00 Crossword Puzzle - LT 10:00 Mind & Body Exercise w/NIU-V 10:15 Wal-Mart Bus Departs E & W Entrances 10:30 Resource Bank 2:00 - 4:00 Dessert Potluck - LT 3:30 Coffee Hour- 1 st AT 3:30 Catholic Communion- CH 7:00 Pinochle – GR 7:00 Bingo Game – LT	8:45 Water Aerobics Class w/YMCA-Oak Crest Pool 10:00 – 11:30 B/P & Weight Check – Office East 146 10:00 First Midwest Bank-CHA 10:00 Coffee Hour- Café 10:00 Fit-U Exercise – V 11:30 Lunch Bus – Ellwood Steak & Fish House 1:00 Craft Group– Craft Rm 1:00 Scrabble/Table Games–PVA 1:00 Water Aerobics Class w/ YMCA-OakCrest Pool 2:00 Men's Group – Oak Crest Pool Table 3:30 Coffee Hour -1 st AT 7:00 Travelogue: "Idaho" - LT	10:00 Coffee Hour – Café 10:00 Bible Conversation -CHA 10:00 Mind & Body Exercise w/NIU - V 12:00 Oak Crest Area Rotary Meeting- Bistro 2:00 Worship Service – CH 3:30 Coffee Hour – 1 st AT 7:00 Ice Cream Social - Terrace Dining Room	8:45 Water Aerobics Class w/YMCA-Oak Crest Pool 10:00 Coffee Hour - Café 10:00 Fit-U Exercise w/NIU -LT 10:00 Catholic Communion & Rosary – CH 1:00 Water Aerobics Class w/ YMCA - Oak Crest Pool 1:30 "Knit-Wits" Knit/Crochet Group – PVA 2:00 Movie Matinee: "We Bought a Zoo" - LT 3:30 Coffee Hour - 1 st AT 7:00 Employee Recognition-V	9:30 Coffee Hour – V 10:00 Oak Crest Boys - V 2:00 Catholic Mass with Fr. Perfecto Vasquez- CH 3:30 Coffee Hour–1 st AT 7:00 Movie & Popcorn: "Milton's Secret"-LT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14	15	16	17	18	19	20
10:00 Coffee Hour – PVA 3:30 Worship Service w/Jonathan Crail - CH 3:30 Coffee Hour - 1st AT * BIRTHDAY DINNER RESERVATIONS FOR GUESTS AND RESERVED TABLES ARE DUE MONDAY, JULY 15 TH	8:45 Water Aerobics Class w/YMCA-OakCrest Pool 9:30 Monday Morning Discussion Group - GP 10:00 Fit-U Exercise with NIU Students – LT 10:00 Dishing Divas - AK 10:00 Coffee Hour- Café 1:00 Water Aerobics Class w/YMCA-OakCrest Pool 1:00 Bridges Choir- V 2:00 WIG’s“New Zealand” By HC Nurse Emma - V 3:00 Activity Focus Meeting: Intellectual Wellness/ Learning Topics- LT 3:30 Coffee Hour- 1 st FI AT 4:00 Piano Program by Cody Marbutt,Volunteer- PVA 7:00 Travelogue “Israel” by Jenny Ruff - LT	9:30 Heartland Bank – CHA 9:30 NIU Speech & Hearing – PVA 10:00 D & D Jewelry Visit - PVA 10:00 Coffee Hour - Café 10:00 Crossword Puzzle – LT 10:00 Mind & Body Exercise w/NIU-V 10:15 Wal-Mart Bus Departs E &W Entrances 10:30 Resource Bank 1:15 Book Club - Rattan Rm 1:30 Chair Chi Exercise -LT 3:00 Resident Council Meeting - GP 3:30 Coffee Hour - 1 st AT 3:30 Catholic Communion- CH 7:00 Pinochle - GR 7:00 Bingo - LT	8:45 Water Aerobics Class w/YMCA-Oak Crest Pool 10:00 - 11:30 B/P & Weight Check - Office East 146 10:00 First Midwest Bank – CHA 10:00 Coffee Hour - Café 10:00 Dr. Friedrichs Eyeglass Care - PVA 10:00 Fit-U Exercise w/ NIU Students – LT 1:00 Craft Group – Craft Rm 1:00 Scrabble/Table Games- PVA 1:00 Water Aerobics Class w/ YMCA-OakCrest Pool 2:00 Worship Service w. St. Peter’s Episcopal Church- CH 2:00 Men’s Group - Oak Crest Pool Table 3:00 “7 th Inning Stretch” by Dan Dillman - LT 3:30 Coffee Hour -1st AT 7:00 Documentary: “National Geographic/Incredible Human Machine” - LT	10:00 Coffee Hour - Café 10:00 Bible Conversations - CHA 10:00 Mind & Body Exercise w/NIU-V 11:30 Kitchen Tour- Dining Room Lobby 1:30 Chair Chi Exercise – LT 2:00 Worship Service - CH 3:30 Coffee Hour - 1st AT 5:30 Birthday Dinner 7:00 Birthday Entertainment - V	8:45 Water Aerobics Class w/ YMCA-Oak Crest Pool 10:00 Coffee Hour - Café 10:00 Catholic Rosary and Communion - CH 10:00 Fit-U Exercise w/NIU -LT 1:00 Water Aerobics Class w/ YMCA - Oak Crest Pool 1:30 “Knit-Wits” Knit/Crochet Group – PVA 2:00 Watermelon Explosion HC Courtyard (Weather Permitting) 3:30 Coffee Hour - 1 st AT 7:00 Friday Night Bingo - LT	9:30 Coffee Hour – V 10:00 Oak Crest Boys - V 2:00-4:00 Martha & Ed Gillepie 60 th Anniversary Open House- V 3:30 Coffee Hour–1 st AT 7:00 Movie & Popcorn “Moonshot”- LT
21	22	23	24	25	26	27
10:00 Coffee Hour – PVA 3:30 Worship Service with Rev. Kevin Spears, Fellowship Baptist Church - CH 3:30 Coffee Hour - 1 st AT	8:45 Water Aerobics Class w/YMCA-Oak Crest Pool 9:30 Monday Morning Discussion Group - GP 10:00 Fit-U Exercise - V 10:00 Lots of Tots – LT 10:00 Coffee Hour - Café 1:00 Water Aerobics Class w/ YMCA - OC Pool 1:00 Bridges Choir- V 3:30 Coffee Hour - 1st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 7:00 Floats & Notes featuring Vocalist “Gavin Wilson” - LT	9:30 Heartland Bank - CH 10:00 Coffee Hour - Café 10:00 Crossword Puzzle – LT 10:00 Mind & Body Exercise w/NIU-V 10:15 Wal-Mart Bus Departs E &W Entrances 10:30 Resource Bank 1:30 Chair Chi Exercise – LT 3:30 Coffee Hour - 1 st AT 3:30 Catholic Mass - CH 7:00 Pinochle - GR 7:00 Bingo - LT	8:45 Water Aerobics Class w/YMCA-Oak Crest Pool 10:00 – 11:30 B/P & Weight Check - Office East 146 10:00 First Midwest Bank- CHA 10:00 Coffee Hour - Café 10:00 Fit-U Exercise w/ NIU Students - LT 10:00 Shopping Bus Departs E/W doors Destination: Rt. 23 Stores 1:00 Craft Group – Craft Rm 1:00 Water Aerobics Class w/ YMCA-OakCrest Pool 1:00 Scrabble & Table Games-PVA 2:00 Men’s Group - Oak Crest Pool Table 3:30 Coffee Hour - 1st AT 7:00 Documentary: “Trail of Tears:Cherokee Legacy” - LT	10:00 Coffee Hour – Café 10:00 Bible Conversation -CHA 10:00 Mind & Body Exercise w/NIU-V 12:00 Oak Crest Area Rotary Meeting- LT 1:30 Chair Chi Exercise - LT 2:00 Worship Service - CH 3:30 Coffee Hour - 1st AT 7:00 Euchre – PVA	8:45 Water Aerobics Class w/YMCA-Oak Crest Pool 10:00 Coffee Hour - Café 10:00 Fit-U Exercise w/ NIU Students - LT 10:00 Catholic Rosary and Communion - CH 1:00 Water Aerobics Class w/ YMCA – Oak Crest Pool 1:30 “Knit-Wits” Knit/Crochet Group - PVA 2:00 Movie Matinee: “The Fox River Valley and Chain O’ Lakes” - LT 3:30 Coffee Hour - 1 st AT 7:00 Table Games – 1 st FI AT	9:30 Coffee Hour – V 10:00 Oak Crest Boys - V 3:30 Coffee Hour–1 st AT 7:00 Movie & Popcorn: “Secondhand Lions” – LT
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

28	29	30	31			
10:00 Coffee Hour- PVA 3:30 Worship Service w/ Rev. Steve Persson, First Baptist Church – CH 3:30 Coffee Hour - 1 st AT	8:45 Water Aerobics Class w/YMCA-Oak Crest Pool 9:30 Monday Morning Discussion Group - GP 10:00 Fit-U Exercise - LT 10:00 Coffee Hour - Café 1:00 Water Aerobics Class w/ YMCA - OC Pool 1:00 Bridges Choir- V 3:30 Coffee Hour - 1 st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 7:00 Floats & Notes featuring Vocalist “Bob Abel” - LT	9:30 Heartland Bank - CH 10:00 Coffee Hour - Café 10:00 Crossword Puzzle – LT 10:00 Mind & Body Exercise w/NIU-V 10:15 Wal-Mart Bus Departs E &W Entrances 10:30 Resource Bank 1:30 Chair Chi Exercise – LT 3:30 Coffee Hour - 1 st AT 3:30 Catholic Communion - CH 7:00 Pinochle - GR 7:00 Bingo - LT	8:45 Water Aerobics Class w/YMCA-Oak Crest Pool 10:00 – 11:30 B/P & Weight Check - Office East 146 10:00 First Midwest Bank- CHA 10:00 Coffee Hour - Café 10:00 Fit-U Exercise w/ NIU Students - LT 1:00 Craft Group – Craft Rm 1:00 Water Aerobics Class w/ YMCA-OakCrest Pool 1:00 Scrabble & Table Games – PVA 2:00 Men’s Group - Oak Crest Pool Table 3:30 Coffee Hour - 1 st AT 7:00 Travelogue: Rick Steves’ Europe “Germany Beneflux & More” - LT			

Rooms Near Primary Entrances

- Door #4** (West Entrance/ First Floor Entry)- Little Theater, Gathering Place, Personal Care Nurses Station, Shoppe, Beauty Shop
- Door #11** (Health Center) – Health Center Unit
- Door #18** (East Entrance/ Second Floor Entry) – Café, Resource Room, Prairie View Atrium, Pool Table (3rd Floor)
- Door #26** (The Oaks) – Bistro & Fitness Center

Calendar Key

- 1stAT - First Floor Atrium**
- AK - Activity Kitchen**
- CHA - Chapel Annex**
- CH - Chapel**
- CY – Courtyard**
- CYDR - Courtyard Dining Room**
- FC - Fitness Center**
- GVDR - Garden View Dining Room**
- GP - Gathering Place**
- GR - Game Room 3rd Floor**
- HCW – Health Center West**
- HCE – Health Center East**
- HCAT – Health Center Atrium**
- LT - Little Theater**
- PDR - Private Dining Room**
- PVA – Prairie View Atrium**
- RL - Rattan Lounge**
- SP - Side Pocket**
- V - Vista**

* WIGs = Women’s Interest Group