


June 2019 DeKalb Area Retirement Center/Oak Crest

Health Center & Personal Care Activities Calendar Call for more details (815) 756-8461

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | | | | | | | | | | | | | | | | | | | | |
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| <div style="border: 2px solid black; padding: 10px; margin: 10px auto; width: 80%;"> <p style="text-align: center;">Calendar Key</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 33%;">1st AT - First Floor Atrium</td> <td style="width: 33%;">GR - Game Room 3rd Floor</td> <td style="width: 33%;">LT - Little Theater</td> </tr> <tr> <td>AK - Activity Kitchen</td> <td>GVDR - Garden View Dining Room</td> <td>PDR - Private Dining Room</td> </tr> <tr> <td>CYDR - Courtyard Dining Room</td> <td>GP - Gathering Place</td> <td>PVA - Prairie View Atrium</td> </tr> <tr> <td>CHA - Chapel Annex</td> <td>HC - Health Center</td> <td>RL - Rattan Lounge</td> </tr> <tr> <td>CY - Courtyard</td> <td>HCA - Health Center Atrium</td> <td>SP - Side Pocket</td> </tr> <tr> <td>CH - Chapel</td> <td>HCW - Health Center West</td> <td>V - Vista Room</td> </tr> <tr> <td>FC - Fitness Center</td> <td>HCE - Health Center East</td> <td></td> </tr> </table> </div> | | | | | | | 1 st AT - First Floor Atrium | GR - Game Room 3 rd Floor | LT - Little Theater | AK - Activity Kitchen | GVDR - Garden View Dining Room | PDR - Private Dining Room | CYDR - Courtyard Dining Room | GP - Gathering Place | PVA - Prairie View Atrium | CHA - Chapel Annex | HC - Health Center | RL - Rattan Lounge | CY - Courtyard | HCA - Health Center Atrium | SP - Side Pocket | CH - Chapel | HCW - Health Center West | V - Vista Room | FC - Fitness Center | HCE - Health Center East | |
| 1 st AT - First Floor Atrium | GR - Game Room 3 rd Floor | LT - Little Theater | | | | | | | | | | | | | | | | | | | | | | | | | |
| AK - Activity Kitchen | GVDR - Garden View Dining Room | PDR - Private Dining Room | | | | | | | | | | | | | | | | | | | | | | | | | |
| CYDR - Courtyard Dining Room | GP - Gathering Place | PVA - Prairie View Atrium | | | | | | | | | | | | | | | | | | | | | | | | | |
| CHA - Chapel Annex | HC - Health Center | RL - Rattan Lounge | | | | | | | | | | | | | | | | | | | | | | | | | |
| CY - Courtyard | HCA - Health Center Atrium | SP - Side Pocket | | | | | | | | | | | | | | | | | | | | | | | | | |
| CH - Chapel | HCW - Health Center West | V - Vista Room | | | | | | | | | | | | | | | | | | | | | | | | | |
| FC - Fitness Center | HCE - Health Center East | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 | | | | | | | | | | | | | | | | | | | | | |
| 10:00 Coffee Hour- PVA 2:00 Current Events- HC 3:30 Worship Service w/ Rev. Steve Persson, First Baptist Church - CH 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC 5:00 Antipasto - 1 st AT 7:00 Movie: "Martian Child" - HCE1 7:15 Chair Yahtzee - HCAT | 9:30 Monday Morning Discussion Group - GP 10:00 Fit - U Exercise with NIU Students - LT 10:00 Coffee Hour - Café 10:00 Dishing Divas - AK 11:00 Antipasto - HC E/W 11:30 Antipasto - 1st AT 2:00 WIG's: "Paparazzi Accessory" Fashionable and Fabulous Jewelry by Ann Wilson - V 2:30 Bunco/Card Game - HC 3:00 Resident Meeting w/ Steve Cichy- LT 3:30 Coffee Hour - 1st AT 4:00 Piano Program by Cody Marbutt, Volunteer -PVA 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st A 7:00 Comedy Show "The Carol Burnett Show" -LT | 9:30 Hearing Help Plus- E146 9:30 Heartland Bank - CHA 10:00 Coffee Hour - Café 10:00 Manicures - HCE/W 10:00 Crossword Puzzle - LT 10:00 Mind & Body Exercise w/NIU-V 10:30 Resource Bank 11:00 Happy Hearts*- HC1E 11:00 Antipasto - HCE/W 11:30 Antipasto - 1st AT 1:00 1:1 Visits - HC 1:30 Chair Chi Exercise - LT 2:00 Manicures - AK 3:30 Catholic Communion - CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Pinochle - GR 7:00 Bingo Game - LT | 10:00 First National Bank - CHA 10:00 First Midwest Bank-2 nd FL 10:00 Fit - U Exercise - V 10:00 Coffee Hour - Café 10:30 HC Resident Council - LT 11:00 Antipasto - HC E/W 11:15 First United Methodist Church Service- CH 11:30 Antipasto - 1 st AT 1:00 Craft Group - Craft Room 1:00 Scrabble/Table Games-PVA 2:00 Bethlehem & First Lutheran Church Service-CH 2:30 Instant Theater - HC 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 Travelogue Film (See Weekly Highlights) 7:15 "Balloon Tennis" - HCAT | 10:00 Coffee Hour - Café 10:00 Garden Club - HCE1 10:00 Bible Study - LT 10:00 Bible Conversations - CHA 10:00 Mind & Body Exercise w/NIU-V 11:00 Antipasto - HC E/W 11:30 Antipasto - 1 st FL AT 1:30 Chair Chi Exercise - LT 2:00 Worship Service - CH 2:30 Curiosity Cart - HC 3:30 Coffee Hour - 1st AT 3:30 Lacey the Dog Visit 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 Dance Time - HCAT | 10:00 Coffee Hour-Café 10:00 Catholic Communion & Rosary - CH 10:00 Fit-U Exercise - LT 11:00 Happy Hearts Club*- HC1E 11:00 Antipasto- HC E/W 11:30 Antipasto - 1 st FL AT 1:30 - 3:00 "Knit Wits" Knit/Crochet Group - PVA 2:00 Mini Golf - CY (Weather Permitting) 3:00 Apartment Visit - PC 4:00 Social Hour - LT 5:00 Antipasto - 1 st AT 7:00 Table Games - HCAT | 9:30 Coffee Hour - V 10:00 Oak Crest Boys - V 2:00 Scrapbooking- HCAT 3:00 Chit Chat - HCAT 3:30 Coffee Hr - 1 st AT 4:30 Antipasto - HCE/W 5:00 Antipasto - 1 st AT 7:00 Movie & Popcorn: "42 nd Street"- CH | | | | | | | | | | | | | | | | | | | | | |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|--|--|--|---|
| 9 | 10 | 11 | 12 | 13 | FLAG DAY 14 | 15 |
| 10:00 Coffee Hour – PVA 2:00 Current Events- HC 3:30 Worship Service (Communion) w/ Rev. Dr. Noah Panlilio, Malta Methodist Church-CH 3:30 Coffee Hour- 1 st AT 4:30 Antipasto - HC 5:00 Antipasto - 1 st AT 7:00 Movie: “Major League II” -HCE1 7:15 Parachute Fun –HCAT | 9:30 Monday Morning Discussion Group - GP 10:00 Fit-U Exercise - V 10:00 Lots of Tots - LT 10:00 Coffee Hour- Café 11:00 Antipasto - HC E/W 11:30 Antipasto - 1st AT 2:00 Handbell Choir – HCW1 2:30 Card Games - HC 3:30 Coffee Hour - 1st AT 4:00 Piano Program by Cody Marbutt, Volunteer -PVA 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Floats & Notes TBA-LT | 9:30 Heartland Bank - CHA 10:00 Coffee Hour - Café 10:00 Manicures - HCE/W 10:00 Crossword Puzzle – GP 10:00 Mind & Body Exercise w/NIU-V 10:30 Resource Bank 11:00 Happy Hearts*- HC1E 11:00 Antipasto - HCE/W 11:30 Antipasto - 1st AT 1:00 1:1 Visits - HC 1:30 Chair Chi Exercise – LT 2:00 Manicures – AK 3:30 Catholic Communion - CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Pinochle - GR 7:00 Bingo – LT | 10:00 First Midwest Bank – CHA 10:00 Coffee Hour- Cafe 10:00 Fit-U Exerise – V 10:00 Reminisce - HC 11:00 Antipasto - HCE/W 11:30 Antipasto - 1 st AT 1:00 Scrabble/Table Games- PVA 1:00 Craft Group – Craft Room 2:00 Red Hat Tea - HC Dining Rm 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HCE/W 5:00 Antipasto - 1 st AT 7:00 Travelogue Film (See Weekly Highlights) 7:15 “Lawn Dice” – HCAT | 10:00 Coffee Hour-Café 10:00 Garden Club – HCE1 10:00 Poetry Reading – PDR 10:00 Bible Conversations-CHA 10:00 Mind & Body Exercise w/NIU-V 11:00 Antipasto- HC E/W 11:30 Antipasto - 1 st FL AT 12:00 Oak Crest Area Rotary Meeting - LT 1:30 Chair Chi Exercise - LT 2:00 Worship Service - CH 2:30 Curiosity Cart - HC 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 Rhythm Band - HCAT | 10:00 Coffee Hour- Café 10:00 Catholic Communion & Rosary - CH 10:00 Fit -U Exercise – LT 11:00 Flag Day Program- CH 1:00 1:1 Visits - HC 1:30 - 3:00 “Knit Wits” Knit/Crochet Group – PVA 2:00 Movie Matinee: “Life with Father” - LT 3:00 Apartment Visits – PC 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 Table Games – HCAT | 9:30 Coffee Hour - V 10:00 Oak Crest Boys - V 2:00 Sing-Along – HCAT 3:30 Coffee Hr - 1 st AT 4:30 Antipasto - HC 5:00 Antipasto - 1 st AT 7:00 Movie & Popcorn: “Pink Panther” -LT |
| FATHER’S DAY 16 | 17 | 18 | 19 | 20 | First Day of Summer 21 | 22 |
| 10:00 Coffee Hour- PVA 2:00 Current Events- HC 3:30 Coffee Hour - 1st AT 3:30 Worship Service w/ Rev. Kevin Spears, Fellowship Baptist Church - CH 7:00 Movie: “Field of Dreams” – HCE1 7:15 Balloon Volley Ball – HCAT  | 9:30 Monday Morning Discussion Group - GP 10:00 Fit – U Exercise with NIU Students - LT 10:00 Coffee Hour - Café 10:00 Dishing Divas - AK 11:00 Antipasto - HC E/W 11:30 Antipasto - 1st AT 2:00 WIG’s: “Trip to Rwanda” by Lana Haines 2:30 Bunco/Card Game – HC 3:30 Coffee Hour - 1st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Floats & Notes “Easy Listening” with Joe & Charlie- LT | 9:30 Heartland Bank - CHA 9:30 NIU Speech & Hearing-PVA 10:00 Coffee Hour - Café 10:00 Manicures - HCE/W 10:00 Crossword Puzzle - LT 10:00 Mind & Body Exercise w/NIU-V 10:30 Resource Bank 11:00 Happy Hearts*- HC1E 11:00 Antipasto - HCE/W 11:30 Antipasto -1 st AT 1:00 1:1 Visits - HC 1:30 Chair Chi Exercise – LT 2:00 Manicures- AK 3:30 Catholic Communion - CH 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 5:30 “Guess Who Is Coming To Dinner?” - GVDR 7:00 Pinochle - GR 7:00 Bingo – LT | 10:00 First Midwest Bank - CHA 10:00 Coffee Hour- Café 10:00 Fit – U Exercise w/ NIU Students - LT 10:00 Outing 10:30 Hymn Sing - HC/EW 11:30 Antipasto - 1 st AT 1:00 Scrabble/ Table Games-PVA 1:00 Craft Group - Craft Room 2:00 Worship Service w/ St. Paul’s Episcopal Church - CH 2:30 Mini Golf - CY 3:30 Coffee Hour - 1 st AT 4:30 Antipasto – HCE/W 5:00 Antipasto - 1 st AT 7:00 Travelogue Film (See Weekly Highlights) 7:15 “Bags Game” - HCAT | 10:00 Coffee Hour - Café 10:00 Garden Club – HC 10:00 Bible Study – LT 10:00 Bible Conversations- CHA 10:00 Mind & Body Exercise w/NIU-V 11:00 Antipasto - HC E/W 11:30 Antipasto - 1 st FL AT 1:30 Chair Chi Exercise - LT 2:00 Worship Service - CH 2:30 Curiosity Cart - HC 3:30 Coffee Hour - 1st AT 5:00 Antipasto - 1 st AT 5:30 Birthday Dinner-HC/CYDR 7:00 Birthday Entertainment- V | 10:00 Coffee Hour- Café 10:00 Catholic Communion & Rosary – CH 10:00 Fit-U Exercise - LT 11:00 Happy Hearts Club*- HCE 11:00 Antipasto - HC E/W 11:30 Antipasto 1 st FI AT 1:00 1:1 Visits- HC 1:30 – 3:00 “Knit Wits” Knit/Crochet Group – PVA 2:00 Wedding Program – HC 3:00 Apartment Visit - PC 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 Friday Night Bingo - LT | 9:30 Coffee Hour - V 10:00 Oakcrest Boys - V 2:00 Knitting - HC 3:00 Chit Chat - HCAT 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC 5:00 Antipasto - 1 st AT 7:00 Movie & Popcorn “Wedding Date” LT |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|--|--|---|
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| <p>10:00 Coffee Hour- PVA 2:00 Current Events - HC 3:30 Worship Service w/Rev.Mary Lou Eubanks, Sycamore United Methodist Church - CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC 5:00 Antipasto - 1st AT 7:00 Movie:"Seven Brides for Seven Brothers" – HCE1 7:15 Parachute Fun– HCAT</p> | <p>9:30 Monday Morning Discussion Group - GP 10:00 Fit-U Exercise - V 10:00 Lots of Tots - LT 10:00 Coffee Hour- Café 11:00 Antipasto - HC E/W 11:30 Antipasto - 1st AT 2:00 Handbell Choir – HCW1 2:30 Card Games - HC 3:30 Coffee Hour - 1st AT 4:00 Piano Program by Cody Marbutt, Volunteer -PVA 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 TBA</p> | <p>9:30 Heartland Bank - CHA 10:00 Coffee Hour-Café 10:00 Manicures - HCE/W 10:00 Crossword Puzzle – LT 10:00 Mind & Body Exercise w/NIU-V 10:30 Resource Bank 11:00 Happy Hearts*-HC1E 11:00 Antipasto - HCE/W 11:30 Antipasto - 1st AT 1:00 1:1 Visits- HC 1:30 Chair Chi Exercise – LT 2:00 Manicure- AK 3:30 Catholic Mass - CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Pinochle - GR 7:00 Bingo - LT</p> | <p>10:00 Fit – U Exercise with NIU Students - LT 10:00 First Midwest Bank - CHA 10:00 Coffee Hour- Café 11:00 Lunch Bunch - AK 11:00 Antipasto - HCE/W 11:30 Antipasto - 1st AT 1:00 Scrabble & Table Games– PVA 1:00 Craft Group - Craft Room 2:30 Fourth of July decorations – HC 3:30 Coffee Hour - 1st AT 4:30 Antipasto – HCE/W 5:00 Antipasto - 1st AT 7:00 Travelogue Film - (See Weekly Highlights for feature.) 7:15 "Bowling" - HCAT</p> | <p>10:00 Coffee Hour – Café 10:00 Garden Club – HCAT 10:00 Poetry Reading - PDR 10:00 Bible Conversations- CHA 10:00 Mind & Body Exercise w/NIU-V 11:00 Antipasto- HC E/W 11:30 Antipasto- 1st FL AT 12:00 Oak Crest Area Rotary Meeting - LT 1:30 Chair Chi Exercise - LT 2:00 Worship Service - CH 2:30 Curiosity Cart - HC 3:30 Coffee Hour - 1st AT 4:30 Antipasto- HCE/W 5:00 Antipasto - 1st AT 7:00 Dance Time - HCAT</p> | <p>10:00 Coffee Hour - Café 10:00 Catholic Communion & Rosary - CH 10:00 Fit- U Exercise w/ NIU Students- LT 11:00 Happy Hearts - HCE 11:00 Antipasto - HC E/W 11:30 PC Resident Council Meeting - GP 1:00 1:1 Visits - HC 1:30 – 3:00 "Knit Wits" Knit/Crochet Group – PVA 2:00 Movie Matinee: "The Jackie Robinson Story" - LT 3:00 Apartment Visit - PC 3:30 Coffee Hour - 1stAT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Table Games - HC</p> | <p>9:30 Coffee Hour - V 10:00 Oakcrest Boys - V 2:00 Sing Along – HCAT 3:00 Chit Chat - HCAT 3:30 Coffee Hour - 1stAT 4:30 Antipasto - HC 5:00 Antipasto - 1stAT 7:00 Movie & Popcorn: "Summer Stock"-LT</p> |
| 30 | | | | | | |
| <p>10:00 Coffee Hour- PVA 2:00 Current Events - HC 3:30 Worship Service w/ Rev. Ray Krueger, Immanuel Lutheran Church- CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC 5:00 Antipasto - 1st AT 7:00 Movie:"The Carol Burnett Show" -HCE1 7:15 Balloon Volley Ball – HCAT</p> | | | | | | |

