



May 2019 DeKalb Area Retirement Center/Oak Crest

Health Center & Personal Care Activities Calendar Call for more details (815) 756-8461

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			10:00 First National Bank - CHA 10:00 First Midwest Bank-2 nd FL 10:00 Fit – U Exercise - V 10:00 Coffee Hour - Café 10:30 HC Resident Council - LT 11:00 Antipasto - HC E/W 11:30 Antipasto - 1 st AT 1:00 Craft Group - Craft Room 1:00 Scrabble/Table Games-PVA 2:00 Bethlehem & First Lutheran Church Service-CH 2:30 Instant Theater - HC 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 Travelogue “The Camino” Pilgrimage to Santiago de Compostela, Spain by Sandy Berg- Holte -LT	10:00 Coffee Hour - Café 10:00 Garden Club - HCE1 10:00 Bible Study - LT 10:00 Bible Conversations - CHA 11:00 Antipasto - HC E/W 11:30 Antipasto - 1 st FL AT 1:30 Chair Chi Exercise - LT 2:00 Worship Service - CH 2:30 Curiosity Cart - HC 3:30 Coffee Hour - 1 st AT 3:30 Lacey the Dog Visit– (cancelled) 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 Cinco de Mayo Dance Time – HCAT	10:00 Coffee Hour-Café 10:00 Catholic Communion & Rosary – CH 10:00 Fit-U Exercise – LT 11:00 Happy Hearts Club*- HC1E 11:00 Antipasto- HC E/W 11:30 Antipasto - 1 st FL AT 1:30 - 3:00 “Knit Wits” Knit/Crochet Group - PVA 2:00 Oak Crest Derby - HC 3:00 Apartment Visit – PC 4:00 Social Hour - LT 5:00 Antipasto - 1 st AT 7:00 Table Games – HCAT	9:30 Coffee Hour - V 10:00 Oak Crest Boys - V 2:00 Scrapbooking- HCAT 3:00 Chit Chat - HCAT 3:30 Coffee Hr - 1 st AT 4:30 Antipasto - HCE/W 5:00 Antipasto - 1 st AT 7:00 Movie & Popcorn: “Road to Zanzibar”- LT
5	6	7	8	9	10	11
10:00 Coffee Hour- PVA 2:00 Current Events- HC 3:30 Worship Service (Communion) Rev. Blake Richter, Westminster Presbyterian Church – CH 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC 5:00 Antipasto - 1 st AT 7:00 Movie: “Dean Martin and Jerry Lewis” – HCE1 7:15 Balloon Volley Ball- HCAT	9:30 Monday Morning Discussion Group - GP 10:00 Fit - U Exercise with NIU Students - LT 10:00 Coffee Hour - Café 10:00 Dishing Divas - AK 11:00 Antipasto - HC E/W 11:30 Antipasto - 1st AT 2:00 WIG’s: “News Literacy In Your Community” By Northern Public Radio-Vista 2:30 Bunco/Card Game - HC 3:30 Coffee Hour - 1st AT 3:30 Bridges Choir - V 4:00 Piano Program by Cody Marbutt, Volunteer –PVA 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st A 7:00 Documentary “Babies”- LT	9:30 Hearing Help Plus- E146 9:30 NIU Speech & Hearing-PVA 9:30 Heartland Bank - CHA 10:00 Coffee Hour - Café 10:00 Manicures - HCE/W 10:00 Crosswords - LT 10:30 Resource Bank 11:00 Happy Hearts*- HC1E 11:00 Antipasto - HCE/W 11:30 Antipasto - 1st AT 1:00 1:1 Visits - HC 1:30 Chair Chi Exercise - LT 2:00 Manicures - AK 3:30 Catholic Communion - CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Pinochle - GR 7:00 Bingo Game – LT	10:00 First Midwest Bank – CHA 10:00 Coffee Hour- Cafe 10:00 Fit-U Exerise – V 10:00 Reminisce - HC 11:00 Antipasto - HCE/W 11:30 Antipasto - 1 st AT 1:00 Scrabble/Table Games- PVA 1:00 Craft Group – Craft Room 2:00 Red Hat Tea - HC Dining Rm 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HCE/W 5:00 Antipasto - 1 st AT 7:00 Travelogue Film (See Weekly Highlights) 7:00 DeKalb County Historical & Geneological Society- LT 7:15 Lawn Dice – HCAT	10:00 Coffee Hour-Café 10:00 Garden Club – HCE1 10:00 Poetry Reading – PDR 10:00 Bible Conversations- CHA 11:00 Antipasto- HC E/W 11:30 Antipasto - 1 st FL AT 12:00 Oak Crest Area Rotary Meeting - LT 1:30 Chair Chi Exercise - LT 2:00 Worship Service - CH 2:30 Curiosity Cart - HC 3:30 Student Visit North Grove Elementary- Sycamore- LT 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 Rhythm Band - HCAT 7:00 DeKalb Garden Club - V	10:00 Coffee Hour- Café 10:00 Catholic Service – May Crowning - CH 10:00 Fit -U Exercise - LT 11:00 Happy Hearts Club*- HC1E 11:00 Antipasto - HC E/W 11:30 Antipasto - 1 st FL AT 1:00 1:1 Visits - HC 1:30 - 3:00 “Knit Wits” Knit/Crochet Group – PVA 2:00 Movie Matinee: “Mother’s Day” - LT 3:00 Apartment Visits – PC 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 Table Games – HCAT	9:30 Coffee Hour - V 10:00 Oak Crest Boys - V 2:00 Catholic Mass with Fr. Perfecto Vasquez – CH 3:30 Vocal & Piano recital with Students of Heather Krupa & Hannah Wood- V 3:30 Coffee Hr - 1 st AT 4:30 Antipasto - HC 5:00 Antipasto - 1 st AT 7:00 Movie & Popcorn: “Stan & Ollie” - LT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Mother's Day 12 10:00 Coffee Hour – PVA 2:00 Current Events- HC 3:30 Worship Service w/ Bill Griensenuer, Lay Minister -CH 3:30 Coffee Hour- 1 st AT 4:30 Antipasto - HC 5:00 Antipasto - 1 st AT 7:00 Movie: “Yours Mine and Ours” – HCE1 7:15 Parachute Fun –HCAT 	13 9:30 Monday Morning Discussion Group - GP 10:00 Fit-U Exercise - V 10:00 Lots of Tots - LT 10:00 Coffee Hour- Café 11:00 Antipasto - HC E/W 11:30 Antipasto - 1st AT 2:00 Handbell Choir – HCW1 2:30 Card Games - HC 3:30 Coffee Hour - 1st AT 4:00 Piano Program by Cody Marbutt, Volunteer -PVA 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Floats & Notes featuring Joe and Charlie – “Easy Listening” - LT	14 9:30 Heartland Bank - CHA 10:00 Coffee Hour - Café 10:00 Manicures - HCE/W 10:00 Crossword Puzzle – LT 10:30 Resource Bank 11:00 Happy Hearts*- HC1E 11:00 Antipasto - HCE/W 11:30 Antipasto - 1st AT 1:00 1:1 Visits - HC 1:30 Chair Chi Exercise - GP 2:00 Manicures – AK 3:30 Catholic Communion - CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Pinochle - GR 7:00 Bingo – LT	15 10:00 First Midwest Bank - CHA 10:00 Coffee Hour- Café 10:00 Fit – U Exercise w/ NIU Students - LT 10:00 Outing 10:30 Hymn Sing - HC/EW 11:30 Antipasto - 1 st AT 1:00 Scrabble/ Table Games-PVA 1:00 Craft Group - Craft Room 2:00 Worship Service w/ St. Peter's Episcopal Church - CH 2:30 Rice Craft Mosaic - AK 3:30 Coffee Hour - 1 st AT 4:30 Antipasto – HCE/W 5:00 Antipasto - 1 st AT 7:00 Adult & Junior Choir Sycamore United Methodist Church - V	16 10:00 Coffee Hour - Café 10:00 Garden Club – HC 10:00 Bible Study – LT 10:00 Bible Conversations- CHA 11:00 Antipasto - HC E/W 11:30 Antipasto - 1 st FL AT 1:30 Chair Chi Exercise - LT 2:00 Worship Service - CH 2:30 Curiosity Cart - HC 3:30 Coffee Hour - 1st AT 5:00 Antipasto - 1 st AT 5:00 Birthday Dinner-HC/CYDR 5:30 Birthday Dinner - GVDR 7:00 Birthday Entertainment- V	17 10:00 Coffee Hour- Café 10:00 Catholic Communion & Rosary – CH 10:00 Fit-U Exercise - LT 11:00 Happy Hearts Club*- HCE 11:00 Antipasto - HC E/W 11:30 Antipasto 1 st FI AT 1:00 1:1 Visits- HC 1:30 – 3:00 “Knit Wits” Knit/Crochet Group – PVA 2:00 Movie Matinee: “Green Book” - LT 3:00 Apartment Visit - PC 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 Friday Night Bingo - LT	18 9:30 Coffee Hour - V 10:00 Oakcrest Boys - V 2:00 Knitting - HC 3:00 Chit Chat - HCAT 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC 5:00 Antipasto - 1 st AT 7:00 Spring Dance - The Oaks Garage
19	20	21	22	23	24	25
10:00 Coffee Hour- PVA 2:00 Current Events- HC 3:30 Coffee Hour - 1st AT 3:30 Worship Service w/ Rev. Kevin Spears, Fellowship Baptist Church - CH 7:00 Movie: “Shirley Temple:The Little Princess” –HCE1 7:15 Balloon Volley Ball – HCAT	9:30 Monday Morning Discussion Group - GP 10:00 Fit – U Exercise with NIU Students - LT 10:00 Coffee Hour - Café 10:00 Dishing Divas - AK 11:00 Antipasto - HC E/W 11:30 Antipasto - 1st AT 2:00 WIG's: “Sycamore Library” by Monica Dombrowski -Vista 2:30 Bunco/Card Game – HC 3:30 Coffee Hour - 1st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Documentary: “Remembering Chicago the Boomer Years” - LT	9:30 Heartland Bank - CHA 10:00 Coffee Hour - Café 10:00 Manicures - HCE/W 10:00 Crossword Puzzle - LT 10:30 Resource Bank 11:00 Happy Hearts*- HC1E 11:00 Antipasto - HCE/W 11:30 Antipasto -1 st AT 1:00 1:1 Visits - HC 1:30 Chair Chi Exercise – LT 2:00 Manicures- AK 3:30 Catholic Communion - CH 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 5:30 “Guess Who Is Coming To Dinner?” - GVDR 7:00 Pinochle - GR 7:00 Bingo – LT	10:00 Fit – U Exercise with NIU Students - LT 10:00 First Midwest Bank - CHA 10:00 Coffee Hour- Café 11:00 Lunch Bunch - AK 11:00 Antipasto - HCE/W 11:30 Antipasto - 1 st AT 1:00 Scrabble & Table Games– PVA 1:00 Craft Group - Craft Room 2:30 New Joy of Coloring - HC 3:30 Coffee Hour - 1 st AT 4:30 Antipasto – HCE/W 5:00 Antipasto - 1 st AT 7:00 Travelogue Film - (See Weekly Highlights for feature.) 7:15 “Bowling” - HCAT	10:00 Coffee Hour – Café 10:00 Garden Club – HCAT 10:00 Music of the Masters – PDR 10:00 Bible Conversations- CHA 11:00 Antipasto- HC E/W 11:30 Antipasto- 1 st FL AT 12:00 Oak Crest Area Rotary Meeting - LT 1:30 Chair Chi Exercise - LT 2:00 Worship Service - CH 2:30 Curiosity Cart - HC 3:30 Coffee Hour - 1st AT 4:30 Antipasto- HCE/W 5:00 Antipasto - 1 st AT 7:00 Dance Time - HCAT	10:00 Coffee Hour - Café 10:00 Catholic Communion & Rosary - CH 10:00 Fit- U Exercise w/ NIU Students- LT 11:00 Happy Hearts - HCE 11:00 Antipasto - HC E/W 11:30 PC Resident Council Meeting - GP 1:00 1:1 Visits - HC 1:30 – 3:00 “Knit Wits” Knit/Crochet Group – PVA 2:00 Ladder Golf – CY (Weather Permitting) 3:00 Apartment Visit - PC 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 Table Game - HC	9:30 Coffee Hour - V 10:00 Oakcrest Boys - V 2:00 Sing Along – HCAT 3:00 Chit Chat - HCAT 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC 5:00 Antipasto - 1 st AT 7:00 Movie & Popcorn: “Ike: Countdown to D-Day”-LT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	Memorial Day 27	28	29	30	31	
10:00 Coffee Hour- PVA 2:00 Current Events - HC 3:30 Worship Service w/Rev. Steve Persson, First Baptist Church - CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC 5:00 Antipasto - 1st AT 7:00 Movie: "Max" (Best Friend, Hero, Marine") - HCE1 7:15 Parachute Fun- HCAT	10:00 Coffee Hour- PVA 11:00 Memorial Day Service Vista Room 2:00 Memorial Day Painted Flower - AK 3:30 Coffee Hour- 1stAT 7:00 'Smores/Campfire in the Courtyard (weather permitting) <div style="text-align: center;">  </div>	9:30 Heartland Bank - CHA 10:00 Coffee Hour-Café 10:00 Manicures - HCE/W 10:00 Crossword Puzzle – LT 10:30 Resource Bank 11:00 Happy Hearts*-HC1E 11:00 Antipasto - HCE/W 11:30 Antipasto - 1st AT 1:00 1:1 Visits- HC 1:30 Chair Chi Exercise – LT 2:00 Manicure- AK 3:30 Catholic Mass - CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Pinochle - GR 7:00 Bingo - LT	10:00 Fit – U Exercise with NIU Students - LT 10:00 First Midwest Bank - CHA 10:00 Coffee Hour- Café 10:00 Outing 11:00 Antipasto - HCE/W 11:30 Antipasto - 1st AT 1:00 Scrabble & Table Games- PVA 1:00 Craft Group - Craft Room 2:00 Name that Tune – CY/HC 3:30 Coffee Hour - 1st AT 4:30 Antipasto – HCE/W 5:00 Antipasto - 1st AT 7:00 Travelogue Film - (See Weekly Highlights for feature.) 7:15 "Ring Toss" - HCAT	10:00 Coffee Hour – Café 10:00 Garden Club – HCAT 10:00 Coffee & Chit-Chat - Bistro 10:00 Bible Conversations- CHA 11:00 Antipasto- HC E/W 11:30 Antipasto- 1st FL AT 1:30 Chair Chi Exercise - LT 2:00 Worship Service - CH 2:30 Curiosity Cart - HC 3:30 Coffee Hour - 1st AT 4:30 Antipasto- HCE/W 5:00 Antipasto - 1st AT 7:00 Rhythm Band - HCAT	10:00 Coffee Hour - Café 10:00 Catholic Communion & Rosary - CH 10:00 Fit- U Exercise w/ NIU Students- LT 11:00 Happy Hearts - HCE 11:00 Antipasto - HC E/W 1:00 1:1 Visits - HC 1:30 – 3:00 "Knit Wits" Knit/Crochet Group – PVA 2:00 Movie Matinee: "Seabiscuit" - LT 3:00 Apartment Visit - PC 3:30 Coffee Hour - 1stAT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Table Game - HC	

Calendar Key

1 st AT - First Floor Atrium	GR - Game Room 3 rd Floor	LT - Little Theater
AK - Activity Kitchen	GVDR - Garden View Dining Room	PDR - Private Dining Room
CYDR - Courtyard Dining Room	GP - Gathering Place	PVA – Prairie View Atrium
CHA - Chapel Annex	HC – Health Center	RL - Rattan Lounge
CY – Courtyard	HCAT – Health Center Atrium	SP - Side Pocket
CH – Chapel	HCW – Health Center West	V - Vista Room
FC - Fitness Center	HCE – Health Center East	

