

February 2019 DeKalb Area Retirement Center - Oak Crest

Independent & Duplex Residents Activities Calendar Call for more details (815) 756-8461

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| | | | | | 1 | 2 |
| | | | | | 8:45 Water Aerobics Class w/YMCA-Oak Crest Pool 10:00 Coffee Hour- Café 10:00 Fit-U Exercise - LT 10:00 Catholic Rosary and Communion – CH 1:00 Water Aerobics Class w/ YMCA - Oak Crest Pool 1:30 “Knit-Wits” Knit/Crochet Group – PVA 4:00 Social Hour - Vista 7:00 Table Games – 1 st FI AT | 9:30 Coffee Hour - V 10:00 Oak Crest Boys – V 3:30 Coffee Hour-1 st AT 7:00 Movie & Popcorn: “Cold Comfort Farm” - LT |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10:00 Coffee Hour- PVA 3:30 WorshipService (Communion) with Rev. Mary Lou Eubanks Sycamore United Methodist Church CH 3:30 Coffee Hour - 1 st AT 5:30 Super Bowl Game L.A. Rams vs New England Patriots- LT | 8:45 Water Aerobics Class w/ YMCA-Oak Crest Pool 9:30 Monday Morning Discussion Group - GP 10:00 Fit-U Exercise with NIU Students – LT 10:00 Coffee Hour- Café 10:00 Dishing Divas - AK 1:00 Water Aerobics Class w/ YMCA - Oak Crest Pool 1:00 Workshop “Taking Charge of Your Diabetes” by Voluntary Action Center- LT 2:00 WIG’s: “ LaForge Family Vineyard by Charis LaForge - V 3:30 Coffee Hour- 1 st AT 7:00 “The Rosa Parks Story” – LT | 9:30 Hearing Help Plus- E146 9:30 Heartland Bank - CHA 10:00 Coffee Hour - Café 10:00 Crossword Puzzle - LT 10:15 Wal-Mart Bus Departs E & W Entrances 10:30 Resource Bank 1:30 Woodcarving – V 1:30 Chair Chi Exercise – LT 3:30 Coffee Hour- 1st AT 3:30 Catholic Communion- CH 7:00 Pinochle - GR 7:00 Bingo Game – LT | 8:45 Water Aerobics Class YMCA – Oak Crest Pool 10:00 - 11:30 B/P & Weight Check- Office East 146 10:00 First National Bank-CHA 10:00 First Midwest Bank- 2 nd FL 10:00 Coffee Hour- Café 10:00 Fit-U Exercise - V 10:00 Shopping Bus Departs E/W doors Destination: Rt. 23 Stores 1:00 Water Aerobics Class with YMCA – Oak Crest Pool 1:00 Craft Group– Craft Rm 1:00 Scrabble/ Table Games- PVA 2:00 First Lutheran & Bethlehem Church Service- CH 3:30 Coffee Hour -1st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 7:00 Travelogue: “Massachuttes” - LT | 10:00 Coffee Hour – Café 10:00 Bible Conversations- CHA 1:30 Creative Writers Group- RL 1:30 Chair Chi Exercise–LT 2:00 Worship Service - CH 3:30 Coffee Hour-1 st AT 7:00 Euchre - PVA | 8:45 Water Aerobics Class w/YMCA-Oak Crest Pool 10:00 Coffee Hour - Café 10:00 Fit-U with NIU Students - LT 10:00 Catholic Communion & Rosary – CH 1:00 Water Aerobics Class w/ YMCA - Oak Crest Pool 1:30 “Knit-Wits” Knit/Crochet Group – PVA 2:00 Movie Matinee: “Looking for Lincoln” – LT 3:30 Coffee Hour - 1 st AT 7:00 Table Games – 1st FI AT | 9:30 Coffee Hour – V 10:00 Oak Crest Boys - V 2:00 Catholic Mass with Fr. Perfecto Vaquez- CH 3:30 Coffee Hour-1 st AT 7:00 Movie & Popcorn: “Darling Companion”- LT |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| 10 | 11 | 12 | 13 | <i>Valentine's Day</i> 14 | 15 | 16 |
| 10:00 Coffee Hour – PVA 3:30 Worship Service with Rev. Noah Panlilio, Malta Methodist Church - CH 3:30 Coffee Hour - 1st AT | 8:45 Water Aerobics Class w/YMCA-Oak Crest Pool 9:30 Monday Morning Discussion Group - GP 10:00 Fit-U Exercise w/ NIU Students - V 10:00 Coffee Hour - Café 10:00 Lots of Tots – LT 1:00 Water Aerobics Class w/ YMCA - OC Pool 1:00 Workshop “Taking Charge of Your Diabetes” by Voluntary Action Center- LT 3:30 Coffee Hour - 1st AT 7:00 Floats & Notes featuring “ Wild Blue Ukulele Orchestra” - LT | 9:30 Heartland Bank - CHA 10:00 Coffee Hour - Café 10:00 Crossword Puzzle - LT 10:15 Wal-Mart Bus Departs E & W Entrances 10:30 Resource Bank 1:30 Woodcarving – V 1:30 Chair Chi Exercise– LT 3:30 Coffee Hour- 1st AT 3:30 Catholic Communion- CH 7:00 Pinochle - GR 7:00 Bingo Game – LT | 8:45 Water Aerobics Class w/YMCA-Oak Crest Pool 10:00 – 11:30 B/P & Weight Check - Office East 146 10:00 Fit-U Exercise w/ NIU - V 10:00 First Midwest Bank-CHA 10:00 Coffee Hour- Café 10:00 Shopping Bus Departs E/W doors Destination: Rt. 23 Stores 1:00 Water Aerobics Class w/ YMCA-OakCrest Pool 1:00 Craft Group– Craft Rm 1:00 Scrabble/Table Games– PVA 3:00 Piano Program with Thelca Cooler & Gary Bellert- 2 nd FI AT 3:30 Coffee Hour -1st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 7:00 Documentary: “The Loving Story” - LT | 10:00 Coffee Hour – Café 10:00 Bible Conversation -CHA 12:00 Oak Crest Area Rotary Meeting- LT 1:30 Chair Chi Exercise – LT 2:00 Worship Service - CH 3:30 Coffee Hour - 1st AT 7:00 Euchre – PVA | 8:45 Water Aerobics Class w/ YMCA-Oak Crest Pool 10:00 Coffee Hour - Café 10:00 Fit-U Exercise w/ NIU Students - LT 10:00 Catholic Rosary and Communion - CH 1:00 Water Aerobics Class w/ YMCA - Oak Crest Pool 1:30 “Knit-Wits” Knit/Crochet Group – PVA 3:30 Coffee Hour - 1st AT 7:00 Friday Night Bingo - LT | 9:30 Coffee Hour – V 10:00 Oak Crest Boys - V 3:30 Coffee Hour–1stAT 7:00 Movie & Popcorn: “One Day” - LT |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 10:00 Coffee Hour – PVA 3:30 Worship Service with Rev. Kevin Spears, Fellowship Baptist Church - CH 3:30 Coffee Hour - 1st AT * BIRTHDAY DINNER RESERVATIONS FOR GUESTS AND RESERVED TABLES ARE DUE MONDAY, FEBRUARY 18TH | 8:45 Water Aerobics Class w/ YMCA-Oak Crest Pool 9:30 Monday Morning Discussion Group - GP 10:00 Fit-U Exercise with NIU Students – LT 10:00 Dishing Divas - AK 10:00 Coffee Hour- Café 1:00 Workshop “Taking Charge of Your Diabetes” by Voluntary Action Center- LT 1:00 Water Aerobics Class w/ YMCA - Oak Crest Pool 2:00 WIG’s: “Over 400 Thimbles” by Jan Docherty - V 3:30 Coffee Hour- 1stAT 7:00 Recorded Program” Andy Williams Concert” - LT | 9:30 NIU Speech & Hearing– PVA 9:30 Heartland Bank - CHA 10:00 Coffee Hour - Café 10:00 Crossword Puzzle – LT 10:15 Wal-Mart Bus Departs E &W Entrances 10:30 Resource Bank 1:15 Book Club - Rattan Rm 1:30 Woodcarving - V <u>NO</u> Chair Chi Exercise 3:00 Resident Council Meeting - GP 3:30 Coffee Hour - 1st AT 3:30 Catholic Communion- CH 7:00 Pinochle - GR 7:00 Bingo – LT | 8:45 Water Aerobics Class w/YMCA-Oak Crest Pool 10:00 - 11:30 B/P & Weight Check - Office East 146 10:00 First Midwest Bank – CHA 10:00 Coffee Hour - Café 10:00 Fit-U Exercise w/ NIU Students – LT 1:00 Craft Group – Craft Rm 1:00 Scrabble/Table Games- PVA 1:00 Water Aerobics Class w/ YMCA-OakCrest Pool 2:00 Worship Service w. St. Peter’s Episcopal Church- CH 3:30 Coffee Hour -1st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 7:00 National Geographic: “Inside the White House” – LT | 10:00 Coffee Hour - Café 10:00 Bible Conversations - CHA 11:30 Kitchen Tour- Dining Room Lobby 1:30 Chair Chi Exercise – LT 2:00 Worship Service - CH 3:30 Coffee Hour - 1st AT 5:30 Birthday Dinner 7:00 Birthday Entertainment - V | 8:45 Water Aerobics Class w/YMCA-Oak Crest Pool 10:00 Coffee Hour - Café 10:00 Fit-U Exercise w/ NIU Students - LT 10:00 Catholic Rosary and Communion - CH 1:00 Water Aerobics Class w/ YMCA – Oak Crest Pool 1:30 “Knit-Wits” Knit/Crochet Group - PVA 2:00 Movie Matinee: “The Lost – I Love Lucy Pilot” – LT 2:00 Egyptian Theater Mobile Box Office- Bistro 3:30 Coffee Hour - 1st AT 7:00 Table Games – 1st FI AT | 9:30 Coffee Hour – V 10:00 Oak Crest Boys - V 3:30 Coffee Hour–1stAT 7:00 Movie & Popcorn: “Still Mine” - LT |

| Sunday | Monday | Tuesday | Wednesday | Thursday | | |
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| 24 | 25 | 26 | 27 | 28 | | |
| 10:00 Coffee Hour- PVA 2:00 Centennarian Tea- V 3:30 Worship Service w/ Rev. Steve Persson, First Baptist Church- CH 3:30 Coffee Hour - 1 st AT | 8:45 Water Aerobics Class w/YMCA-Oak Crest Pool 9:30 Monday Morning Discussion Group - GP 10:00 Fit-U Exercise w/ NIU Students – V 10:00 Lots of Tots- LT 10:00 Coffee Hour - Café 1:00 Water Aerobics Class w/ YMCA - OC Pool 3:30 Coffee Hour - 1 st AT 7:00 Floats & Notes featuring Charlie and Joe – “Easy Listening” - LT | 9:30 Heartland Bank - CH 10:00 Coffee Hour - Café 10:00 Crossword Puzzle – LT 10:15 Wal-Mart Bus Departs E &W Entrances 10:30 Resource Bank 1:30 Woodcarving - V 1:30 Chair Chi Exercise – LT 3:30 Coffee Hour - 1 st AT 3:30 Catholic Mass - CH 7:00 Pinochle - GR 7:00 Bingo - LT | 8:45 Water Aerobics Class w/YMCA-Oak Crest Pool 10:00 – 11:30 B/P & Weight Check - Office East 146 10:00 First Midwest Bank- CHA 10:00 Coffee Hour - Café 10:00 Fit-U Exercise w/ NIU Students - LT 10:00 Shopping Bus Departs E/W doors Destination: Rt. 23 Stores 1:00 Craft Group – Craft Rm 1:00 Water Aerobics Class w/ YMCA-OakCrest Pool 1:00 Scrabble & Table Games – PVA 3:30 Coffee Hour - 1st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 7:00 Documentary “Secrets of the Titanic” – LT | 10:00 Coffee Hour – Café 10:00 Bible Conversation -CHA 12:00 Oak Crest Area Rotary Meeting- LT 1:30 Chair Chi Exercise - LT 2:00 Worship Service - CH 3:30 Coffee Hour - 1st AT 7:00 Euchre – PVA | | |

| Calendar Key | |
|--------------------------------------|-----------------------------|
| 1stAT - First Floor Atrium | HCW – Health Center West |
| AK - Activity Kitchen | HCE – Health Center East |
| CHA - Chapel Annex | HCAT – Health Center Atrium |
| CH - Chapel | LT - Little Theater |
| CY – Courtyard | PDR - Private Dining Room |
| CYDR - Courtyard Dining Room | PVA – Prairie View Atrium |
| FC - Fitness Center | RL - Rattan Lounge |
| GVDR - Garden View Dining Room | SP - Side Pocket |
| GP - Gathering Place | V - Vista |
| GR - Game Room 3 rd Floor | |
| * WIGs = Women’s Interest Group | |

| Rooms Near Primary Entrances | |
|-------------------------------------|--|
| Door #4 | (West Entrance/ First Floor Entry)- Little Theater, Gathering Place, Personal Care Nurses Station, Shoppe, Beauty Shop |
| Door #11 | (Health Center) – Health Center Unit |
| Door #18 | (East Entrance/ Second Floor Entry) – Café, Resource Room, Prairie View Atrium, Pool Table (3 rd Floor) |
| Door #26 | (The Oaks) – Bistro & Fitness Center |