

February 2019 DeKalb Area Retirement Center/Oak Crest

Health Center & Personal Care Activities Calendar Call for more details (815) 756-8461

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					10:00 Coffee Hour-Café 10:00 Catholic Communion & Rosary – CH 10:00 Fit-U Exercise – LT 11:00 Happy Hearts Club*-HC1E 11:00 Antipasto- HC E/W 11:30 Antipasto - 1 st FL AT 1:30 - 3:00 “Knit Wits” Knit/Crochet Group - PVA 2:00 Ground Hog Day - HC 3:00 Apartment Visit – PC 4:00 Social Hour - LT 5:00 Antipasto - 1 st AT 7:00 Table Games – HCAT	9:30 Coffee Hour - V 10:00 Oak Crest Boys - V 2:00 Knitting - HCAT 3:00 Chit Chat - HCAT 3:30 Coffee Hr - 1 st AT 4:30 Antipasto - HCE/W 5:00 Antipasto - 1 st AT 7:00 Movie & Popcorn: “Cold Comfort Farm” - LT
3	4	5	6	7	8	9
10:00 Coffee Hour- PVA 2:00 Current Events- HC 3:30 Worship Service (Communion) Rev. Mary Lou Eubanks, Sycamore United Methodist Church – CH 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC 5:00 Antipasto - 1 st AT 5:30 Super Bowl Game Rams vs Patriots- LT 7:00 Movie: “Brigadoon” – HCE1	9:30 Monday Morning Discussion Group - GP 10:00 Fit – U Exercise with NIU Students - LT 10:00 Coffee Hour - Café 10:00 Dishing Divas - AK 11:00 Antipasto - HC E/W 11:30 Antipasto - 1st AT 1:00 Workshop “Taking Charge of Your Diabetes” by Voluntary Action Center- LT 2:00 WIG’s: “ LaForge Family Vineyard” by Charis LaForge - V 2:30 Bunco/Card Game - HC 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 “The Story of Rosa Parks”- LT	9:30 Heartland Bank - CHA 10:00 Coffee Hour - Café 10:00 Manicures - HCE/W 10:00 Crossword Puzzle – LT 10:30 Resource Bank 11:00 Happy Hearts*- HC1E 11:00 Antipasto - HCE/W 11:30 Antipasto - 1st AT 1:00 1:1 Visits - HC 1:30 Chair Chi Exercise - LT 2:00 Manicures - AK 3:30 Catholic Communion - CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Pinochle - GR 7:00 Bingo Game – LT	10:00 First National Bank - CHA 10:00 First Midwest Bank-2 nd FI 10:00 Fit – U Exercise - V 10:00 Coffee Hour - Café 10:30 HC Resident Council - LT 11:00 Antipasto - HC E/W 11:30 Antipasto - 1 st AT 1:00 Craft Group – Craft Room 1:00 Scrabble/Table Games-PVA 2:00 First Lutheran & Bethlehem Church Service- CH 2:30 Chinese New Year Celebration - LT 3:30 Coffee Hour - 1 st AT 4:00 Piano Program by Cody Marbutt, Volunteer - PVA 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 Travelogue (See Weekly Highlights for the feature) 7:15 Ring Toss - HCAT	10:00 Coffee Hour - Café 10:00 Garden Club - HCE1 10:00 Bible Study - LT 10:00 Bible Conversations - CHA 11:00 Antipasto - HC E/W 11:30 Antipasto - 1 st FL AT 1:30 Chair Chi Exercise - LT 2:00 Worship Service - CH 2:30 Curiosity Cart - HC 3:30 Coffee Hour - 1st AT 3:30 Lacey the Dog Visit– PC/HC 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 Hawaiian Dance Time – HCAT	10:00 Coffee Hour- Café 10:00 Catholic Communion & Rosary - CH 10:00 Fit- U Exercise w/ NIU - LT 11:00 Happy Hearts Club*-HC1E 11:00 Antipasto - HC E/W 11:30 Antipasto - 1 st FL AT 1:00 1:1 Visits - HC 1:30 - 3:00 “Knit Wits” Knit/Crochet Group - PVA 2:00 Movie Matinee: “Looking for Lincoln” – LT 3:00 Apartment Visits - PC 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 Table Games – HCAT	9:30 Coffee Hour - V 10:00 Oak Crest Boys - V 2:00 Catholic Mass with Fr. Perfecto Vasquez – CH 3:30 Chit Chat - HCAT 3:30 Coffee Hr - 1 st AT 4:30 Antipasto - HC 5:00 Antipasto - 1 st AT 7:00 Movie & Popcorn: “Darling Companion”-LT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10	11	12	13	VALENTINE'S DAY 14	15	16
10:00 Coffee Hour – PVA 2:00 Current Events- HC 3:30 Worship Service w/ Rev. Noah Panlilio, Malta Methodist Church -CH 3:30 Coffee Hour- 1 st AT 4:30 Antipasto - HC 5:00 Antipasto - 1 st AT 7:00 Movie:“ Sleepless in Seattle” – HCE1 7:15 Parachute Fun – HCAT	9:30 Monday Morning Discussion Group – GP 10:00 Fit – U Exercise w/ NIU Students - V 10:00 Lots of Tots - LT 10:00 Coffee Hour- Café 11:00 Antipasto - HC E/W 11:30 Antipasto - 1st AT 1:00 Workshop “Taking Charge of Your Diabetes” by Voluntary Action Center- LT 2:00 Handbell Choir – HCW1 2:30 Card Game/Crazy 8’s- HC 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Floats & Notes featuring “ Wild Blue Ukulele Orchestra” - LT	9:30 Heartland Bank - CHA 10:00 Coffee Hour - Café 10:00 Manicures - HCE/W 10:00 Crossword Puzzle – LT 10:30 Resource Bank 11:00 Happy Hearts*- HC1E 11:00 Antipasto - HCE/W 11:30 Antipasto - 1st AT 1:00 1:1 Visits - HC 1:30 Chair Chi Exercise - LT 2:00 Manicures - AK 3:30 Catholic Communion - CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Pinochle - GR 7:00 Bingo Game – LT	10:00 First Midwest Bank – CHA 10:00 Coffee Hour- Cafe 10:00 Fit – U Exercise w /NIU - V 10:00 Valentine’s Art Crafts - HC 11:00 Antipasto - HCE/W 11:30 Antipasto - 1 st AT 1:00 Scrabble/Table Games- PVA 1:00 Craft Group – Craft Room 2:00 Red Hat Tea - HC Dining Rm 3:00 Piano Program with Gary Bellert & Thelca Cooler- 2 nd FI AT 3:30 Coffee Hour - 1 st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 4:30 Antipasto - HCE/W 5:00 Antipasto - 1 st AT 7:00 Travelogue Film (See Weekly Highlights) 7:15 Bags Game - HCAT	10:00 Coffee Hour-Café 10:00 Garden Club – HCE1 10:00 Poetry Reading – PDR 10:00 Bible Conversations- CHA 11:00 Antipasto- HC E/W 11:30 Antipasto - 1 st FL AT 12:00 Oak Crest Area Rotary Meeting-LT 1:30 Chair Chi Exercise - LT 2:00 Worship Service - CH 2:30 Curiosity Cart - HC 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 “Beats of your Heart” Rhythm Band - HCAT	10:00 Coffee Hour- Café 10:00 Catholic Communion & Rosary – CH 10:00 Fit- U Exercise w/ NIU - LT 11:00 Happy Hearts Club*- HCE 11:00 Antipasto - HC E/W 11:30 Antipasto 1 st FI AT 1:00 1:1 Visits- HC 1:30 – 3:00 “Knit Wits” Knit/Crochet Group – PVA 2:00 Table Top Bean Bag Toss - HC 3:00 Apartment Visit - PC 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 Friday Night Bingo - LT	9:30 Coffee Hour - V 10:00 Oakcrest Boys - V 2:00 Knitting - HCAT 3:30 Chit Chat - HCAT 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC 5:00 Antipasto - 1 st AT 7:00 Movie & Popcorn: “One Day” -LT
17	18	19	20	21	22	23
10:00 Coffee Hour- PVA 2:00 Current Events- HC 3:30 Worship Service w/ Rev. Kevin Spears, Fellowship Baptist Church - CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC 5:00 Antipasto - 1st AT 7:00 Movie: “The Incredible Mr. Limpet” - HCE1 7:15 Balloon Volley Ball -HCAT	9:30 Monday Morning Discussion Group - GP 10:00 Fit – U Exercise with NIU Students - LT 10:00 Coffee Hour - Café 10:00 Dishing Divas - AK 11:00 Antipasto - HC E/W 11:30 Antipasto - 1st AT 1:00 Workshop “Taking Charge of Your Diabetes” by Voluntary Action Center- LT 2:00 WIG’s: “Over 400 Thimbles” by Jan Docherty - V 2:30 Bunco/Card Game - HC 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Recorded - “Andy Musical Concert” - LT	9:30 NIU Speech & Hearing Clinic - PVA 9:30 Heartland Bank - CHA 10:00 Coffee Hour - Café 10:00 Manicures - HCE/W 10:00 Crossword Puzzle - LT 10:30 Resource Bank 11:00 Happy Hearts*- HC1E 11:00 Antipasto - HCE/W 11:30 Antipasto -1 st AT 1:00 1:1 Visits - HC <i>No Chair Chi Exercise</i> 2:00 Manicures- AK 3:30 Catholic Communion - CH 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 5:30 “Guess Who Is Coming To Dinner?” - GVDR 7:00 Pinochle - GR 7:00 Bingo – LT	10:00 First Midwest Bank - CHA 10:00 Coffee Hour- Café 10:00 Fit – U Exercise w/ NIU Students - LT 10:00 Outing 10:30 Hymn Sing - HC/EW 11:30 Antipasto - 1 st AT 1:00 Scrabble/ Table Games PVA 1:00 Craft Group - Craft Room 2:00 Worship Service w/ St.Peter’s Episcopal Church CH 2:30 String Paint - AK 3:30 Coffee Hour - 1 st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 4:30 Antipasto – HCE/W 5:00 Antipasto - 1 st AT 7:00 Travelogue Film (See Weekly Highlights) 7:15 “Lawn Dice” – HCAT	10:00 Coffee Hour - Café 10:00 Garden Club – HC 10:00 Bible Study – LT 10:00 Bible Conversations - CHA 11:00 Antipasto - HC E/W 11:30 Antipasto - 1 st FL AT 1:30 Chair Chi Exercise - LT 2:00 Worship Service - CH 2:30 Curiosity Cart - HC 3:30 Coffee Hour - 1st AT 5:00 Antipasto - 1 st AT 5:00 Birthday Dinner– HC/CYDR 5:30 Birthday Dinner - GVDR 7:00 Birthday Entertainment - V	10:00 Coffee Hour - Café 10:00 Catholic Communion & Rosary - CH 10:00 Fit- U Exercise w/ NIU Students- LT 11:00 Happy Hearts - HCE 11:00 Antipasto - HC E/W 11:30 PC Resident Council Meeting - GP 1:00 1:1 Visits - HC 1:30 – 3:00 “Knit Wits” Knit/Crochet Group – PVA 2:00 Movie Matinee: “The Lost: I Love Lucy Pilot” – LT 3:00 Apartment Visit - PC 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 Table Game - HCAT	9:30 Coffee Hour - V 10:00 Oakcrest Boys - V 2:00 Sing Along – HCAT 3:00 Chit Chat - HCAT 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC 5:00 Antipasto - 1 st AT 7:00 Movie & Popcorn: “Still Mine” - LT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24	25	26	27	28		
10:00 Coffee Hour- PVA 2:00 Centenarian Tea- V 3:30 Worship Service w/Rev. Steve Persson, First Baptist Church - CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC 5:00 Antipasto - 1st AT 7:00 Movie: "Cool Runnings" – HCE1 7:15 Chair Yahtzee -HCAT	9:30 Monday Morning Discussion Group – GP 10:00 Fit – U Exercise w/ NIU Students - V 10:00 Lots of Tots - LT 10:00 Coffee Hour- Café 11:00 Antipasto - HC E/W 11:30 Antipasto - 1st AT 2:00 Handbell Choir – HCW1 2:30 Card Game/Bunco - HC 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Floats & Notes featuring Charlie and Joe – "Easy Listening" - LT	9:30 Heartland Bank - CHA 10:00 Coffee Hour-Café 10:00 Manicures - HCE/W 10:00 Crossword Puzzle – LT 10:30 Resource Bank 11:00 Happy Hearts*-HC1E 11:00 Antipasto - HCE/W 11:30 Antipasto - 1st AT 1:00 1:1 Visits- HC 1:30 Chair Chi Exercise – LT 2:00 Manicures - AK 3:30 Catholic Mass - CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Pinochle - GR 7:00 Bingo - LT	10:00 Fit – U Exercise with NIU Students - LT 10:00 First Midwest Bank - CHA 10:00 Coffee Hour- Café 11:00 Lunch Bunch - AK 11:00 Antipasto - HCE/W 11:30 Antipasto - 1st AT 1:00 Scrabble & Table Games– PVA 1:00 Craft Group - Craft Room 2:30 Card Game - HCAT 3:30 Coffee Hour - 1st AT 3:30 Shaving Cream Arts - AK 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 4:30 Antipasto – HCE/W 5:00 Antipasto - 1st AT 7:00 Travelogue Film - (See Weekly Highlights for feature.) 7:15 "Ring Toss" - HCAT	10:00 Coffee Hour – Café 10:00 Garden Club – HCAT 10:00 Music of the Masters – PDR 10:00 Bible Conversations- CH 11:00 Antipasto- HC E/W 11:30 Antipasto- 1st FL AT 12:00 Oak Crest Area Rotary Meeting-LT 1:30 Chair Chi Exercise - LT 2:00 Worship Service - CH 2:30 Curiosity Cart - HC 3:30 Coffee Hour - 1st AT 4:30 Antipasto- HCE/W 5:00 Antipasto - 1st AT 7:00 Dance Time - HCAT		

Calendar Key

1 st AT - First Floor Atrium	GR - Game Room 3 rd Floor	LT - Little Theater
AK - Activity Kitchen	GVDR - Garden View Dining Room	PDR - Private Dining Room
CYDR - Courtyard Dining Room	GP - Gathering Place	PVA – Prairie View Atrium
CHA - Chapel Annex	HC – Health Center	RL - Rattan Lounge
CY – Courtyard	HCAT – Health Center Atrium	SP - Side Pocket
CH – Chapel	HCW – Health Center West	V - Vista Room
FC - Fitness Center	HCE – Health Center East	