


December 2018 DeKalb Area Retirement Center/Oak Crest

Health Center & Personal Care Activities Calendar Call for more details (815) 756-8461

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
						9:30 Coffee Hour - V 10:00 Oak Crest Boys - V 1:30 Phi Mu Alpha Sinfonia - LT 2:30 Sing-Along - HC 3:30 Coffee Hr - 1 st AT 4:30 Antipasto - HCE/W 5:00 Antipasto - 1 st AT 7:00 Movie & Popcorn: "All Mine to Give" -LT
2	3	4	5	6	7	8
10:00 Coffee Hour- PVA 2:00 Movie "Ice Sculpture Christmas"- HCE1 2:00 Current Events- HC 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC 5:00 Antipasto - 1 st AT 7:00 Candlelight Advent Service – CH	9:30 Monday Morning Discussion Group – GP 10:00 Fit - U Exercise w/ NIU Students - LT 10:00 Dishing Divas - AK 10:00 Coffee Hour- Café 11:00 Antipasto - HC E/W 11:30 Antipasto - 1st AT 1:30 Advent Book Study "Christmas through the Eyes of Joseph" - LT 2:00 WIG's: featuring Jen Conley, Certified Music Therapist - V 2:30 Card Game/Bunco - HC 3:30 Coffee Hour - 1st AT 3:30 Bridges Choir – V 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Documentary "Nature: Tall Blondes"- LT	9:30 Hearing Help Plus - E146 9:30 Heartland Bank - CHA 10:00 Coffee Hour - Café 10:00 Manicures - HCE/W 10:00 Crossword Puzzle - LT 10:00 Body & Mind Exercise with NIU – V 10:30 Resource Bank 11:00 Happy Hearts Club*- HC1E 11:00 Antipasto - HCE/W 11:15 First United Methodist Church Service - CH 11:30 Antipasto - 1st AT 1:00 1:1 Visits - HC 1:30 Chair Chi Exercise – LT 2:00 Manicures - AK 3:30 Catholic Communion - CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 6:30 Christ Community Church Caroling 7:00 Pinochle – GR 7:00 Bingo Game - LT	10:00 First National Bank- CHA 10:00 First Midwest Bank – 2 nd FI AT 10:00 Coffee Hour- Cafe 10:00 Fit – U Exercise w /NIU - V 10:30 Health Center Resident Council Meeting - LT 11:00 Antipasto - HCE/W 11:30 Antipasto - 1st AT 1:00 Scrabble/Table Games- PVA 1:00 Craft Group – Craft Room 2:00 First Lutheran Church Service - CH 2:30 Ginger Bread Houses - AK 3:30 Coffee Hour - 1st AT 4:00 Piano Program by Cody Marbutt, Volunteer - PVA 4:30 Antipasto - HCE/W 5:00 Antipasto - 1st AT 7:00 Travelogue Film (See Weekly Highlights)	10:00 Coffee Hour - Café 10:00 Garden Club - HCE1 10:00 Bible Study - LT 10:00 Bible Conversations-CHA 10:00 Body & Mind Exercise with NIU – V 11:00 Antipasto - HC E/W 11:30 Antipasto - 1 st FL AT 1:30 Chair - Chi Exercise - LT 2:00 Worship Service - CH 2:30 Curiosity Cart - HC 3:00 Lacey the Dog Visit- HC 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 Jingle Bells Rhythm Band – HCAT	10:00 Coffee Hour-Café 10:00 Catholic Communion & Rosary – CH 10:00 Fit-U Exercise with NIU Students – LT 11:00 Antipasto - HC E/W 11:00 Happy Hearts Club*- HC1E 11:30 Antipasto 1 st AT 1:30 - 3:00 "Knit Wits" Knit/Crochet Group - PVA 2:00 Jesse Tree Decoration – HC 3:00 Apartment Visits 3:00 Coffee Hour- 1 st FI AT 7:00 Table Games- 1stAT/HC	9:30 Coffee Hour - V 10:00 Oak Crest Boys – V 2:00 - 4:00 Resident Preview of the Tree Walk 3:30 Coffee Hr - 1 st AT 4:30 Antipasto - HC 5:00 Antipasto - 1 st AT 7:00 Christmas Sing-Along - HCAT

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
TREE WALK 9	10	11	12	13	14	15
<p>10:00 Coffee Hour – PVA 1:00 - 4:30 Christmas Tree Walk & Open House - This Open House will feature decorated Christmas trees, Madrigal Singers and other performers, train display, treats and other attractions. Great day to invite friends and family to come out. 7:00 Movie: “Christmas in Canaan” – HCE1 7:15 Parachute Fun – HCAT</p>	<p>9:30 Monday Morning Discussion Group - GP 10:00 Fit – U Exercise with NIU Students – V 10:00 Lots of Tots - LT 10:00 Coffee Hour - Café 11:00 Antipasto - HC E/W 11:30 Antipasto - 1st AT 1:30 Advent Book Study “Christmas through the Eyes of Joseph” - LT 2:00 Handbells Choir –HCW1 2:30 Card Game - HC 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Floats and Notes – Joe and Charlie – “Easy Listening” - LT</p>	<p>9:30 Heartland Bank - CHA 10:00 Coffee Hour - Café 10:00 Manicures - HCE/W 10:00 Crossword Puzzle – LT 10:00 Body & Mind Exercise with NIU – V 10:30 Resource Bank 11:00 Happy Hearts*- HCE1 11:00 Antipasto - HCE/W 11:30 Antipasto - 1st AT 1:00 1:1 Visits - HC 1:30 Chair Chi Exercise - LT 2:00 Manicures - AK 3:30 Catholic Communion - CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Pinochle - GR 7:00 Bingo Game – LT</p>	<p>10:00 First Midwest Bank – CHA 10:00 Coffee Hour- Cafe 10:00 Fit – U Exercise w /NIU – V 10:00 Salvation Army Service- CH 11:00 Antipasto - HCE/W 11:30 Antipasto - 1st AT 1:00 Scrabble/Table Games-PVA 1:00 Craft Group – Craft Room 2:00 Red Hat Tea-HC Dining Rm 3:30 Coffee Hour - 1st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 4:30 Antipasto - HCE/W 5:00 Antipasto - 1st AT 7:00 Travelogue Film (See Weekly Highlights)</p>	<p>10:00 Coffee Hour-Café 10:00 Poetry Reading- PDR 10:00 Bible Conversations-CHA 10:00 Garden Club- HC 10:00 Body & Mind Exercise with NIU – V 11:00 Antipasto- HC E/W 11:30 Antipasto - 1st FL AT 1:30 Chair Chi Exercise - LT 2:00 Worship Service – CH 2:30 Curiosity Cart - HC 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 St. Mary’s DeKalb Adult Choir- LT</p>	<p>10:00 Coffee Hour- Café 10:00 Catholic Communion & Rosary - CH 10:00 Fit – U Exercise w/ NIU – V 11:00 Antipasto - HC E/W 11:00 Happy Hearts Club*- HC1E 11:30 Antipasto 1st AT 1:00 1:1 Visits - HC 1:30 - 3:00 “Knit Wits” Knit/Crochet Group - 2:00 Movie Matinee: “It’s a Wonderful Life” - LT 3:00 Apartment Visits - PC 3:30 Coffee Hour - 1stAT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Table Game–1stAT/HC</p>	<p>9:30 Coffee Hour - V 10:00 Oakcrest Boys - V 2:00 Brownie Group-LT 3:30 Coffee Hour- 1stAT 4:30 Antipasto - HC 5:00 Antipasto - 1stAT 7:00 St. Mary’s Church Caroling Group – LT</p>
16	Mistletoe Day 17	“Wear Snowflakes” 18	“Ugly Christmas Sweater” 19	“Candy Cane Day” 20	“Elf Day” 21	22
<p>10:00 Coffee Hour- PVA 2:00 Malta Methodist Choir – LT 3:30 Worship Service w/ Rev. Spears, Fellowship Baptist Church- CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC 5:00 Antipasto - 1st AT 7:00 Movie “Beyond Christmas”-LT 7:00 Ukulele Orchestra - LT</p>	<p>9:30 Monday Morning Discussion Group – GP 10:00 Fit - U Exercise - LT 10:00 Dishing Divas - AK 10:00 Coffee Hour- Café 11:00 Antipasto - HC E/W 11:30 Antipasto - 1st AT 1:30 Advent Book Study “Christmas through the Eyes of Joseph” - LT 2:00 WIG’s “A Few of My Favorite Things” (Bring an item or story to share) - V 2:30 Card Game/Bunco - HC 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Documentary: “The Man Who Invented Christmas”- LT ** Birthday Dinner Reservations for Guests and Reserved Tables are due Today</p>	<p>9:30 NIU Speech & Hearing Clinic - PVA 9:30 Heartland Bank - CHA 10:00 Coffee Hour - Café 10:00 Manicures - HCE/W 10:00 Crossword Puzzle - HC Dining Rm 10:30 Resource Bank 11:00 Happy Hearts*- HCE1 11:30 Antipasto -1st AT 1:00 1:1 Visits - HC 1:30 Chair Chi Exercise - LT 2:00 Manicures- AK 3:30 Catholic Communion - CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 5:30 “Guess Who Is Coming To Dinner?” - GVDR 7:00 Pinochle - GR 7:00 Bingo – LT</p>	<p>10:00 First Midwest Bank - CHA 10:00 Coffee Hour- Café 10:00 Fit - U Exercise - LT 10:00 Outing 10:30 Hymn Sing - HC/EW 11:30 Antipasto - 1st AT 1:00 Scrabble/ Table Games- PVA 1:00 Craft Group - Craft Room 2:30 Christmas Gift Wrapping – AK 3:30 Coffee Hour - 1st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 4:30 Antipasto – HCE/W 5:00 Antipasto - 1st AT 7:00 Travelogue Film (See Weekly Highlights) 7:00 Ring Toss – HC/CY</p>	<p>10:00 Coffee Hour - Café 10:00 Garden Club – HC 10:00 Bible Study - LT 10:00 Bible Conversations - CHA 11:00 Antipasto - HC E/W 11:30 Antipasto - 1st FL AT 1:30 Chair Chi- LT 2:00 Worship Service - CH 2:30 Curiosity Cart - HC 3:30 Coffee Hour - 1st AT 5:00 Antipasto - 1st AT 5:00 Birthday Dinner - HC/CYDR 5:30 Birthday Dinner - GVDR 7:00 Birthday Entertainment - LT</p>	<p>10:00 Coffee Hour- Café 10:00 Catholic Communion & Rosary – CH 10:00 Fit- U Exercise - LT 11:00 Antipasto - HC E/W 11:00 Happy Hearts Club*- HCE1 11:30 Antipasto 1st AT 1:00 1:1 Visits- HC 1:30 – 3:00 “Knit Wits” Knit/Crochet Group – PVA 2:00 Twelve Days of Christmas - LT 3:00 Apartment Visit - PC 3:30 Coffee Hour - 1stAT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Friday Night Bingo – LT</p>	<p>9:30 Coffee Hour - V 10:00 Oakcrest Boys - V 2:00 Christmas Sing Along - HCAT 3:00 Chit-Chat - HC 3:30 Coffee Hour- 1stAT 4:30 Antipasto - HC 5:00 Antipasto - 1stAT 7:00 Movie & Popcorn: Intergenenerational Movie “The Star”</p>

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23	CHRISTMAS EVE 24	CHRISTMAS 25	26	27	28	29																							
10:00 Coffee Hour- PVA 2:00 Current Events- HC 3:30 Worship Service w/Rev. Steve Persson, First Baptist Church - CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC 5:00 Antipasto - 1st AT 7:00 Movie: "The Nine Lives of Christmas" – HCE1 7:15 Parachute Fun –HCAT	9:30 Monday Morning Discussion Group - GP 10:00 Reminisce - HC 10:00 Coffee Hour - PVA 11:00 "Legend of the Candy Cane" w/ Sally Stevens – HC AT 11:30 "Legend of the Candy Cane" w. Sally Stevens - 1st AT 2:00 Ginger Boy Decoration- AK 3:30 Coffee Hour - 1st AT 4:00 Christmas Eve Church Service - CH 7:00 Christmas Eve Cheer 7:00 Christmas Presents Game - HCAT	 10:00 Coffee Hour – PVA 10:00 Cookie Baking - AK 3:00 Instant Theater - HC 3:30 Coffee Hour - PCAT 7:00 Recorded Program "Lawrence Welk Christmas Show" (1958) - LT	10:00 Fit - U Exercise - LT 10:00 First Midwest Bank - CHA 10:00 Coffee Hour- Café 11:00 Lunch Bunch - AK 11:00 Antipasto - HCE/W 11:30 Antipasto - 1 st AT 1:00 Scrabble & Table Games– PVA 1:00 Craft Group - Craft Room 2:30 Joy of Coloring - HC 3:30 Coffee Hour - 1 st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 4:30 Antipasto – HCE/W 5:00 Antipasto - 1 st AT 7:00 Northern Illinois Dance Center Performance- LT	10:00 Garden Club – HCAT 10:00 Music of the Master- PDR 10:00 Coffee Hour - PVA 11:00 Antipasto- HC E/W 11:30 Antipasto- 1 st FL AT 1:30 Chair Chi- LT 2:00 Worship Service – CH 2:30 Curiosity Cart - HC 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 Dance Time – HCAT	10:00 Coffee Hour - Café 10:00 Catholic Communion & Rosary - CH 10:00 Card Game- HCAT 11:00 Happy Hearts – HCE1 11:00 Antipasto - HC E/W 11:30 PC Resident Council Meeting - GP 1:00 1:1 Visits - HC 1:30 – 3:00 "Knit Wits" Knit/Crochet Group – PVA 2:00 Movie Matinee: "Tony Bennet – The Music Never Ends" - LT 3:00 Apartment Visit - PC 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 Table Games – 1stAT/HC	9:30 Coffee Hour - V 10:00 Oakcrest Boys - V 2:00 Sing Along - HCAT 3:00 Chit-Chat - HC 3:30 Coffee Hour- 1stAT 4:30 Antipasto - HC 5:00 Antipasto - 1stAT 7:00 Movie & Popcorn: "When Harry Met Sally"- LT																							
30	NEW YEAR'S EVE 31																												
10:00 Coffee Hour- PVA 2:00 Current Events- HC 3:30 Worship Service with Rev. Ray Krueger, Immanuel Lutheran Church- CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC 5:00 Antipasto - 1st AT 7:00 Movie: "Singin' Nun" – HCE1 7:15 Balloon Volley Ball -HCAT	9:30 Monday Morning Discussion Group – GP 10:00 Fit - U Exercise w/ NIU Students - LT 10:00 Coffee Hour- PVA 11:00 Antipasto - HC E/W 11:30 Antipasto - 1st AT 2:30 Card Game/Bunco - HC 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 New Year's Eve Entertainmet with Singer Larry Breidenbach- V	<div style="border: 2px solid red; padding: 10px;"> <p>Calendar Key</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 33%;">AK - Activity Kitchen</td> <td style="width: 33%;">GVDR - Garden View Dining Room</td> <td style="width: 33%;">CYDR - Courtyard Dining Room</td> </tr> <tr> <td>RL - Rattan Lounge</td> <td>SP - Side Pocket</td> <td>PVA – Prairie View Atrium</td> </tr> <tr> <td>CHA - Chapel Annex</td> <td>CY – Courtyard</td> <td>GP - Gathering Place</td> </tr> <tr> <td>GR - Game Room 3rd Floor</td> <td>PDR - Private Dining Room</td> <td>E1 - Family Room East 1</td> </tr> <tr> <td>CH – Chapel</td> <td>V – Vista Room</td> <td></td> </tr> <tr> <td>CHA- Chapel Annex</td> <td>1st AT - First Floor Atrium</td> <td></td> </tr> <tr> <td>LT - Little Theater</td> <td>FC - Fitness Center</td> <td></td> </tr> </table> </div>				AK - Activity Kitchen	GVDR - Garden View Dining Room	CYDR - Courtyard Dining Room	RL - Rattan Lounge	SP - Side Pocket	PVA – Prairie View Atrium	CHA - Chapel Annex	CY – Courtyard	GP - Gathering Place	GR - Game Room 3 rd Floor	PDR - Private Dining Room	E1 - Family Room East 1	CH – Chapel	V – Vista Room		CHA- Chapel Annex	1 st AT - First Floor Atrium		LT - Little Theater	FC - Fitness Center				
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