



# November 2018 DeKalb Area Retirement Center - Oak Crest

Independent & Duplex Residents Activities Calendar Call for more details (815) 756-8461

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				10:00 Coffee Hour – Café 10:00 Body & Mind Exercise with NIU – V 10:00 Bible Conversations-CHA 1:30 Creative Writers Group – Rattan Room 1:30 Chair Chi Exercise - GP 2:00 Art Institute “Women Artists at Work”- LT 2:00 Worship Service - CH 3:30 Coffee Hour-1 <sup>st</sup> AT 7:00 Euchre - GR	8:45 Water Aerobics Class w/YMCA - Oakcrest Pool 10:00 Coffee Hour– Café 10:00 Fit-U Exercise with NIU Students – LT 10:00 Catholic Rosary and Communion – CH 1:00 Water Aerobics Class w/ YMCA - Oak Crest Pool 1:30 “Knit-Wits” Knit/Crochet Group – PVA 4:00 Social Hour - V 7:00 Table Games – 1 <sup>st</sup> AT	9:30 Coffee Hour - V 10:00 Oak Crest Boys - V 3:30 Coffee Hour–1 <sup>st</sup> AT 7:00 Movie & Popcorn: “Double Indemnity”-LT
<b>Turn Clocks Back</b> 4	5	<b>Election Day</b> 6	7	8	9	10
10:00 Coffee Hour- PVA 3:30 Worship Service (Communion) with Pastor Blake Richter, Westminster Presbyterian Church – CH 3:30 Coffee Hour - 1 <sup>st</sup> AT	8:45 Water Aerobics Class w/YMCA-Oak Crest Pool 9:30 Monday Morning Discussion Group - GP 10:00 Fit-U Exercise w/ NIU Students - LT 10:00 Dishing Divas - AK 10:00 Coffee Hour - Café 1:00 Water Aerobics Class w/ YMCA - OC Pool 2:00 WIG’s: “Expansion Plans for DeKalb County Historical Center” with Michelle Donahoe - V 3:30 Bridges Choir – V 3:30 Coffee Hour - 1 <sup>st</sup> AT	<b>Polling Room - Little Theater</b> 9:30 Hearing Help Plus – East 146 9:30 Heartland Bank - CHA 10:00 Body & Mind Exercise with NIU – V 10:00 Coffee Hour -Café 10:00 Crossword Puzzle- GP 10:15 Wal-Mart Bus Departs E & W Entrances 10:30 Resource Bank 1:30 Woodcarving - V 1:30 Chair Chi Exercise - GP 3:30 Coffee Hour- 1 <sup>st</sup> AT 3:30 Catholic Communion-CH 7:00 Pinochle - GR	8:45 Water Aerobics Class w/ YMCA-Oak Crest Pool 10:00 - 11:30 B/P & Weight Check- Office East 146 10:00 First National Bank-CHA 10:00 First Midwest Bank - 2ndFL AT 10:00 Stess Busters - Oaks Conference Room 10:00 Coffee Hour- Café 10:00 Fit-U NIU Students - V 10:00 Shopping Bus Departs E/W doors Destination: Rt. 23 Stores 1:00 Water Aerobics Class w/YMCA - Oak Crest Pool 1:00 Craft Group – Craft Rm 1:00 Scrabble/Table Games – PVA 1:00 – 3:00 Survivors Workshop-V 2:00 First Lutheran Church Service - CH 3:30 Coffee Hour -1 <sup>st</sup> AT 7:00 Documentary: Honor Flight: One Last Mission – LT	10:00 Coffee Hour – Café 10:00 Body & Mind Exercise with NIU – V 10:00 Bible Conversation -CHA 11:45 Oak Crest Area Rotary Meeting- LT 1:30 Chair Chi Exercise - LT 2:00 Worship Service – CH 3:30 Piano Program with Gary Bellert & Thelca Cooler – 2 <sup>nd</sup> FI AT 3:30 Coffee Hour - 1 <sup>st</sup> AT 7:00 Euchre – GR 7:00 DeKalb Area Garden Club Meeting – V	8:45 Water Aerobics Class w/ YMCA - OCPool 10:00 Coffee Hour - Café 10:00 Catholic Communion & Rosary – CH 11:00 Veterans Day Program-V 1:00 Water Aerobics Class w/ YMCA - OC Pool 1:30 “Knit-Wits” Knit/Crochet Group – PVA 2:00 Movie Matinee: “Cabaret” - LT 3:30 Coffee Hour - 1 <sup>st</sup> AT 7:00 Music Performance by “Prism” Abe & Elle - LT	9:30 Coffee Hour – V 10:00 Oak Crest Boys - V 3:30 Coffee Hour–1 <sup>st</sup> AT 7:00 Movie & Popcorn: “The Visitor”-LT

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
<p>10:00 Coffee Hour – PVA 3:30 Worship Service with Bill Griesnauer, Layperson - CH 3:30 Coffee Hour - 1st AT</p>	<p>8:45 Water Aerobics Class w/YMCA-Oak Crest Pool 9:30 Monday Morning Discussion Group - GP 10:00 Fit-U Exercise w/ NIU Students - V 10:00 Lots of Tots - LT 10:00 Coffee Hour - Café 1:00 Water Aerobics Class w/ YMCA - OC Pool 3:30 Coffee Hour - 1st AT 3:30 Bridges Choir – V 7:00 Travelogue: “South Dakota” - LT</p> <p style="text-align: center;"><i>* Birthday Dinner Reservations for Guests and Reserved Tables are due Today</i></p>	<p>9:30 Heartland Bank - CHA 10:00 Coffee Hour - Café 10:00 Body &amp; Mind Exercise with NIU – V 10:00 Crossword Puzzle- LT 10:15 Wal-Mart Bus Departs E &amp; W Entrances 10:30 Resource Bank 1:30 Woodcarving – V 1:30 Chair Chi Exercise - LT 3:30 Coffee Hour- 1st AT 3:30 Catholic Communion-CH 7:00 Pinochle - GR 7:00 Bingo Game - LT</p>	<p>8:45 Water Aerobics Class w/YMCA-Oak Crest Pool 10:00 – 11:30 B/P &amp; Weight Check - Office East 146 10:00 Fit-U Exercise w/ NIU - V 10:00 First Midwest Bank-CHA 10:00 Coffee Hour- Café 11:00 Dr. Friedrichs’ Eye Glass Maintenance Service -First Floor Atrium 1:00 Water Aerobics Class w/ YMCA-OakCrest Pool 1:00 Craft Group – Craft Rm 1:00 Scrabble/Table Games-PVA 3:30 Coffee Hour -1st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 7:00 DeKalb County Historical Society - LT</p>	<p>10:00 Body &amp; Mind Exercise with NIU – V 10:00 Coffee Hour - Café 10:00 Bible Conversations - CHA 11:30 Kitchen Tour- Dining Room Lobby 1:30 Chair Chi Exercise - LT 2:00 Worship Service - CH 3:30 Coffee Hour - 1st AT 5:30 Birthday Dinner 7:00 Birthday Entertainment - V</p>	<p>8:45 Water Aerobics Class w/ YMCA-Oak Crest Pool 10:00 Coffee Hour - Café 10:00 Fit-U Exercise w/ NIU Students - V 10:00 Catholic Rosary and Communion - CH 10:30 - 1:00 Friendsgiving - LT 1:00 Water Aerobics Class w/ YMCA - Oak Crest Pool 1:30 “Knit-Wits” Knit/Crochet Group – PVA 3:30 Coffee Hour - 1st AT 7:00 Friday Night Bingo - LT</p>	<p>9:30 Coffee Hour – V 10:00 Oak Crest Boys - V 3:30 Coffee Hour–1stAT 7:00 Movie &amp; Popcorn: “Rookie of the Year”- L T</p>
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>Thanksgiving Day 22</b>	<b>23</b>	<b>24</b>
<p>10:00 Coffee Hour – PVA 3:30 Worship Service - CH 3:30 Coffee Hour - 1st AT</p>	<p>8:45 Water Aerobics Class w/YMCA-Oak Crest Pool 9:30 Monday Morning Discussion Group - GP 10:00 Fit-U Exercise with NIU Students - LT 10:00 Coffee Hour - Café 10:00 Dishing Divas - AK 1:00 Water Aerobics Class w/YMCA-Oak Crest Pool 2:00 WIG’s “Quilt Smart with Dorothy Loza” - V 3:30 Coffee Hour- 1stAT 3:30 Bridges Choir – V 7:00 Floats &amp; Notes “Easy Listening” with Joe &amp; Charlie - LT</p>	<p>9:30 NIU Speech &amp; Hearing– PVA 9:30 Heartland Bank – CHA 10:00 Body &amp; Mind Exercise with NIU – V 10:00 Coffee Hour - Café 10:00 Crossword Puzzle - LT 10:15 Wal-Mart Bus Departs E &amp;W Entrances 10:30 Resource Bank 1:15 Book Club - Rattan Rm 1:30 Woodcarving - V 1:30 Chair Chi Exercise - LT 3:00 Resident Council Meeting- GP 3:30 Coffee Hour - 1st AT 3:30 Catholic Communion-CH 7:00 Pinochle – GR 7:00 Bingo Game - LT</p>	<p>8:45 Water Aerobics Class w/YMCA-Oak Crest Pool 10:00-11:30 B/P &amp; Weight Check - Office East 146 10:00 First Midwest Bank– CHA 10:00 Coffee Hour - Café 10:00 Fit-U Exercise with NIU Students - LT 1:00 Craft Group – Craft Rm 1:00 Scrabble/Table Games-PVA 1:00 Water Aerobics Class w/ YMCA-OakCrest Pool 2:00 Northern Illinois Dance Center Performance - LT 3:30 Coffee Hour -1st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 7:00 Documentary: The Story of America: “Forging a Nation” – LT</p>		<p>8:45 Water Aerobics Class w/YMCA-Oak Crest Pool 10:00 Coffee Hour - Café 10:00 Catholic Rosary and Communion - CH 1:00 Water Aerobics Class w/ YMCA – Oak Crest Pool 1:30 “Knit-Wits” Knit/Crochet Group - PVA 2:00 Movie Matinee: “You’ve Got Mail” - LT 3:30 Coffee Hour - 1st AT 7:00 Table Games- 1stAT</p>	<p>9:30 Coffee Hour – V 10:00 Oak Crest Boys - V 3:30 Coffee Hour–1stAT 7:00 Movie &amp; Popcorn: “Quartet”-LT</p>

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
25	26	27	28	29	30	
10:00 Coffee Hour- PVA 3:30 Worship Service w/ Rev. Steve Persson, First Baptist Church -CH 3:30 Coffee Hour - 1 <sup>st</sup> AT	8:45 Water Aerobics Class w/YMCA-Oak Crest Pool 9:30 Monday Morning Discussion Group - GP 10:00 Fit-U Exercise w/ NIU Students - V 10:00 Lots of Tots - LT 10:00 Coffee Hour - Café 1:00 Water Aerobics Class w/ YMCA - OC Pool 3:30 Coffee Hour - 1 <sup>st</sup> AT 3:30 Bridges Choir – V 7:00 Floats and Notes featuring “Keegan Moore” - LT	9:30 Heartland Bank - CHA 10:00 Body & Mind Exercise with NIU – V 10:00 Coffee Hour - Café 10:00 Crossword Puzzle - LT 10:15 Wal-Mart Bus Departs E &W Entrances 10:30 Resource Bank 1:30 Woodcarving - V 1:30 Chair Chi Exercise - LT 3:30 Coffee Hour - 1 <sup>st</sup> AT 3:30 Catholic Mass - CH 7:00 Pinochle - GR 7:00 Bingo - LT	8:45 Water Aerobics Class w/YMCA-Oak Crest Pool 10:00 – 11:30 B/P & Weight Check - Office East 146 10:00 First Midwest Bank- CHA 10:00 Coffee Hour - Café 10:00 Fit-U Exercise w/ NIU Students – LT 1:00 Craft Group – Craft Rm 1:00 Water Aerobics Class w/ YMCA-OakCrest Pool 1:00 Scrabble & Table Games – PVA 3:30 Coffee Hour - 1st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 7:00 Documentary: “National Geographic: Exploring New Frontiers” - LT	10:00 Body & Mind Exercise with NIU – V 10:00 Coffee Hour - Café 10:00 Bible Conversations - CHA 11:45 Oak Crest Area Rotary Meeting- LT 1:30 Chair Chi Exercise - LT 2:00 Worship Service - CH 3:30 Coffee Hour - 1st AT	8:45 Water Aerobics Class w/YMCA-Oak Crest Pool 10:00 Coffee Hour - Café 10:00 Fit-U Exercise w/ NIU Students - LT 10:00 Catholic Rosary and Communion - CH 1:00 Water Aerobics Class w/ YMCA – Oak Crest Pool 1:30 “Knit-Wits” Knit/Crochet Group - PVA 3:30 Coffee Hour - 1st AT 7:00 Table Games - 1stAT	

### Calendar Key

1<sup>st</sup> 1stAT - First Floor Atrium  
 AK - Activity Kitchen  
 CH - Chapel  
 CHA - Chapel Annex  
 CY – Courtyard  
 CYDR - Courtyard Dining Room  
 E1 - Family Room East 1  
 FC - Fitness  
 GVDR - Garden View Dining Room  
 GR - Game Room 3<sup>rd</sup> Floor  
 GP - Gathering Place  
 LT - Little Theater  
 PDR - Private Dining Room  
 PVA – Prairie View Atrium  
 RL - Rattan Lounge  
 SP - Side Center Pocket  
 V - Vista

\* WIGs = Women’s Interest Group

### Rooms Near Primary Entrances

**Door #4** (West Entrance/ First Floor Entry)- Little Theater, Gathering Place, Personal Care Nurses Station, Shoppe, Beauty Shop  
**Door #11** (Health Center) – Health Center Unit  
**Door #18** (East Entrance/ Second Floor Entry) – Café, Resource Room, Prairie View Atrium, Pool Table (3<sup>rd</sup> Floor)  
**Door #26** (The Oaks) – Bistro & Fitness Center

