



# November 2018 DeKalb Area Retirement Center/Oak Crest

Health Center & Personal Care Activities Calendar Call for more details (815) 756-8461

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
				<b>1</b>	<b>2</b>	<b>3</b>
				10:00 Coffee Hour - Café 10:00 Garden Club - HCE1 10:00 Bible Study - LT 10:00 Bible Conversations-CHA 10:00 Body & Mind Exercise with NIU - V 11:00 Antipasto - HC E/W 11:30 Antipasto - 1st FL AT 1:30 Chair Chi Exercise - GP 2:00 Art Institute, Art Insights Presents "Women Artists at Work" - LT 2:00 Worship Service - CH 2:30 Curiosity Cart - HC 3:00 Lacey the Dog Visit- HC 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Dance Time - HCAT	10:00 Coffee Hour-Café 10:00 Catholic Communion & Rosary - CH 10:00 Fit-U Exercise with NIU Students - LT 11:00 Antipasto - HC E/W 11:00 Happy Hearts Club*-HC1E 11:30 Antipasto 1st AT 1:30 - 3:00 "Knit Wits" Knit/Crochet Group - PVA 2:00 Instant Theater - HC 4:00 Social Hour - LT 7:00 Table Games - LT/HC	9:30 Coffee Hour - V 10:00 Oak Crest Boys - V 2:00 Sing-Along - HCAT 3:00 Chit Chat - HCAT 3:30 Coffee Hr - 1stAT 4:30 Antipasto - HCE/W 5:00 Antipasto - 1stAT 7:00 Movie & Popcorn: "Double Indemnity" -LT
<b>Turn Clocks Back</b> <b>4</b>	<b>5</b>	<b>Election Day 6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
10:00 Coffee Hour- PVA 2:00 Current Events- HC 3:30 Worship Service (Communion) with Pastor Blake Richter, Westminster Presbyterian Church CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC 5:00 Antipasto - 1st AT 7:00 Movie: "Gifted" - HCE1 7:15 Balloon Volleyball - HCAT	9:30 Monday Morning Discussion Group - GP 10:00 Fit - U Exercise w/ NIU Students - LT 10:00 Dishing Divas - AK 10:00 Coffee Hour- Café 11:00 Antipasto - HC E/W 11:30 Antipasto - 1st AT 2:00 WIG's: "Expansion Plans for DeKalb County Historical Center" with Michelle Donahoe - V 2:30 Card Game/Bunco - HC 3:30 Coffee Hour - 1st AT 3:30 Bridges Choir - V 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Oak Crest Derby- HCAT	Polling Room - Little Theater 9:30 Hearing Help Plus - East 146 9:30 Heartland Bank - CHA 10:00 Coffee Hour - Café 10:00 Manicures - HCE/W 10:00 Crossword Puzzle - GP 10:00 Body & Mind Exercise with NIU - V 10:30 Resource Bank 11:00 Happy Hearts Club*- HC1E 11:00 Antipasto - HCE/W 11:30 Antipasto - 1st AT 1:00 1:1 Visits - HC 1:30 Chair Chi Exercise - GP 2:00 Manicures - AK 3:30 Catholic Communion - CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Pinochle - GR 7:00 Bingo Game - HCAT	10:00 First National Bank- CHA 10:00 First Midwest Bank - 2nd FI AT 10:00 Coffee Hour- Cafe 10:00 Fit - U Exercise w /NIU - V 10:30 Health Center Resident Council Meeting - LT 11:00 Antipasto - HCE/W 11:30 Antipasto - 1st AT 1:00 - 3:00 Survivors Workshop -V 1:00 Scrabble/Table Games- PVA 1:00 Craft Group - Craft Room 2:00 First Lutheran Church Service - CH 2:30 Paint and Sip - AK 3:30 Coffee Hour - 1st AT 4:00 Piano Program by Cody Marbutt, Volunteer - PVA 4:30 Antipasto - HCE/W 5:00 Antipasto - 1st AT 7:00 Travelogue Film (See Weekly Highlights)	10:00 Coffee Hour-Café 10:00 Poetry Reading- PDR 10:00 Bible Conversations-CHA 10:00 Garden Club- HC 10:00 Body & Mind Exercise with NIU - V 11:00 Antipasto- HC E/W 11:30 Antipasto - 1st FL AT 1:30 Chair Chi Exercise - LT 2:00 Worship Service - CH 2:30 Curiosity Cart - HC 3:30 Coffee Hour - 1st AT 3:30 Piano Program by Gary Bellert & Thelca Cooler - 2nd FI AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Hymn Sing with Ron Barshinger- CH	10:00 Coffee Hour- Café 10:00 Catholic Communion & Rosary - CH 11:00 Veterans Day Program by Sally Stevens- V 11:00 Antipasto - HC E/W 11:00 Happy Hearts Club*-HC1E 11:30 Antipasto 1st AT 1:00 1:1 Visits - HC 1:30 - 3:00 "Knit Wits" Knit/Crochet Group - 2:00 Movie Matinee: "Cabaret" - LT 3:00 Apartment Visits - PC 3:30 Coffee Hour - 1stAT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Musical Performance by "Prisma" with Abe & Elle Baker - LT	9:30 Coffee Hour - V 10:00 Oak Crest Boys - V 2:00 Knitting - HCAT 3:00 Chit-Chat - HCAT 3:30 Coffee Hr - 1stAT 4:30 Antipasto - HC 5:00 Antipasto - 1stAT 7:00 Movie & Popcorn: "The Visitor"- LT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	
<p>10:00 Coffee Hour – PVA  2:00 Current Events- HCE  3:30 Worship Service w/ Bill Griesnauer, Layperson - CH  3:30 Coffee Hour- 1<sup>st</sup> AT  4:30 Antipasto - HC  5:00 Antipasto - 1<sup>st</sup> AT  7:00 Movie: “We Served Too”– HCE1  7:15 Parachute Fun – HCAT</p>	<p>9:30 Monday Morning Discussion Group - GP  10:00 Fit – U Exercise with NIU Students – V  10:00 Lots of Tots - LT  10:00 Coffee Hour - Café  11:00 Antipasto - HC E/W  11:30 Antipasto - 1<sup>st</sup> AT  2:00 Handbells Choir –HCW1  2:30 Card Game - HC  3:30 Coffee Hour - 1<sup>st</sup> AT  3:30 Bridges Choir – V  4:30 Antipasto - HC E/W  5:00 Antipasto - 1<sup>st</sup> AT  7:00 Travelogue: “South Dakota” - LT</p> <p style="text-align: center;"><i>** Birthday Dinner Reservations for Guests and Reserved Tables are due Today</i></p>	<p>9:30 Heartland Bank - CHA  10:00 Coffee Hour - Café  10:00 Manicures - HCE/W  10:00 Crossword Puzzle – LT  10:00 Body &amp; Mind Exercise with NIU – V  10:30 Resource Bank  11:00 Happy Hearts*- HCE1  11:00 Antipasto - HCE/W  11:30 Antipasto - 1<sup>st</sup> AT  1:00 1:1 Visits - HC  1:30 Chair Chi Exercise - LT  2:00 Manicures - AK  3:30 Catholic Communion - CH  3:30 Coffee Hour - 1<sup>st</sup> AT  4:30 Antipasto - HC E/W  5:00 Antipasto - 1<sup>st</sup> AT  7:00 Pinochle - GR  7:00 Bingo Game – LT</p>	<p>10:00 First Midwest Bank – CHA  10:00 Coffee Hour- Cafe  10:00 Fit – U Exercise w /NIU – V  10:00 Reminisce with Megan– HC  11:00 Dr. Friedrichs’ Eye Glass Maintenance Service -First Floor Atrium  11:00 Antipasto - HCE/W  11:30 Antipasto - 1<sup>st</sup> AT  1:00 Scrabble/Table Games-PVA  1:00 Craft Group – Craft Room  2:00 Red Hat Tea-HC Dining Rm  3:30 Coffee Hour - 1<sup>st</sup> AT  4:00 Piano Program by Cody Marbutt, Volunteer- PVA  4:30 Antipasto - HCE/W  5:00 Antipasto - 1<sup>st</sup> AT  7:00 DeKalb County Historical Society- LT  7:00 Travelogue Film (See Weekly Highlights)</p>	<p>10:00 Coffee Hour - Café  10:00 Garden Club – HC  10:00 Bible Study - LT  10:00 Bible Conversations - CHA  10:00 Body &amp; Mind Exercise with NIU – V  11:00 Antipasto - HC E/W  11:30 Antipasto - 1<sup>st</sup> FL AT  1:30 Chair Chi- LT  2:00 Worship Service - CH  2:30 Curiosity Cart - HC  3:30 Coffee Hour - 1<sup>st</sup> AT  5:00 Antipasto - 1<sup>st</sup> AT  5:00 Birthday Dinner - HC/CYDR  5:30 Birthday Dinner - GVDR  7:00 Birthday Entertainment - V</p>	<p>10:00 Coffee Hour- Café  10:00 Catholic Communion &amp; Rosary – CH  10:00 Fit- U Exercise w/ NIU - V  10:30 -1:00 Friendsgiving – LT  11:00 Antipasto - HC E/W  11:00 Happy Hearts Club*- HCE1  11:30 Antipasto 1<sup>st</sup> AT  1:00 1:1 Visits- HC  1:30 – 3:00 “Knit Wits” Knit/Crochet Group – PVA  2:00 Price is Right (Black Friday) - HC  3:00 Apartment Visit - PC  3:30 Coffee Hour - 1<sup>st</sup>AT  4:30 Antipasto - HC E/W  5:00 Antipasto - 1<sup>st</sup> AT  7:00 Friday Night Bingo – LT</p>	<p>9:30 Coffee Hour - V  10:00 Oakcrest Boys - V  2:00 Bookmark Making - HC  3:30 Chit Chat-HCAT  3:30 Coffee Hour- 1<sup>st</sup>AT  4:30 Antipasto - HC  5:00 Antipasto - 1<sup>st</sup>AT  7:00 Movie &amp; Popcorn: “Rookie of the Year”- L T</p>	
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>Thanksgiving Day 22</b>	<b>23</b>	<b>24</b>	
<p>10:00 Coffee Hour- PVA  2:00 Current Events- HC  3:30 Worship Service  3:30 Coffee Hour - 1<sup>st</sup> AT  4:30 Antipasto - HC  5:00 Antipasto - 1<sup>st</sup> AT  7:00 Movie: “Love at the Thanksgiving Day Parade” – HCE1  7:15 Balloon Volley Ball -HCAT</p>	<p>9:30 Monday Morning Discussion Group – GP  10:00 Fit - U Exercise w/ NIU Students - LT  10:00 Dishing Divas - AK  10:00 Coffee Hour- Café  11:00 Antipasto - HC E/W  11:30 Antipasto - 1<sup>st</sup> AT  2:00 WIG’s “Quilt Smart with Dorothy Loza” - V  2:30 Card Game/Bunco - HC  3:30 Coffee Hour - 1<sup>st</sup> AT  3:30 Bridges Choir – V  4:30 Antipasto - HC E/W  5:00 Antipasto - 1<sup>st</sup> AT  7:00 Floats and Notes: “Easy Listening” with Joe and Charlie - LT</p>	<p>9:30 NIU Speech &amp; Hearing Clinic - PVA  9:30 Heartland Bank - CHA  10:00 Coffee Hour - Café  10:00 Manicures - HCE/W  10:00 Crossword Puzzle - LT  10:00 Body &amp; Mind Exercise with NIU – V  10:30 Resource Bank  11:00 Happy Hearts*- HCE1  11:00 Antipasto - HCE/W  11:30 Antipasto -1<sup>st</sup> AT  1:00 1:1 Visits - HC  1:30 Chair Chi Exercise - LT  2:00 Manicures- AK  3:30 Catholic Communion - CH  3:30 Coffee Hour - 1<sup>st</sup> AT  4:30 Antipasto - HC E/W  5:00 Antipasto - 1<sup>st</sup> AT  5:30 “Guess Who Is Coming To Dinner?” - GVDR  7:00 Pinochle - GR  7:00 Bingo – LT</p>	<p>10:00 First Midwest Bank - CHA  10:00 Coffee Hour- Café  10:00 Fit - U Exercise w/ NIU Students - LT  10:00 Outing  10:30 Hymn Sing - HC/EW  11:30 Antipasto - 1<sup>st</sup> AT  1:00 Scrabble/ Table Games- PVA  1:00 Craft Group - Craft Room  2:00 Northern Illinois Dance Center Performance - LT  3:30 Coffee Hour - 1<sup>st</sup> AT  4:00 Piano Program by Cody Marbutt, Volunteer- PVA  4:30 Antipasto – HCE/W  5:00 Antipasto - 1<sup>st</sup> AT  7:00 Travelogue Film (See Weekly Highlights)  7:00 Ring Toss – HC/CY</p>		<p>9:00 TV Broadcast “Macy’s Thanksgiving Day Parade” - LT  10:00 Coffee Hour - PVA  10:00 “Thankfulness” - HCAT  11:00 Antipasto- HC E/W  11:30 Antipasto- 1<sup>st</sup> FL AT  2:00 Thanksgiving Wheel of Fortune - HCAT  3:30 Coffee Hour - 1<sup>st</sup> AT  5:00 Antipasto - 1<sup>st</sup> AT  7:00 Turkey Trott Dance Time – HCAT</p>	<p>10:00 Coffee Hour - Café  10:00 Catholic Communion &amp; Rosary - CH  10:00 Card Game- HCAT  11:00 Happy Hearts – HCE1  11:00 Antipasto - HC E/W  11:30 PC Resident Council Meeting - GP  1:00 1:1 Visits - HC  1:30 – 3:00 “Knit Wits” Knit/Crochet Group – PVA  2:00 Movie Matinee: “You’ve Got Mail”- LT  3:00 Apartment Visit - PC  3:30 Coffee Hour - 1<sup>st</sup>AT  4:30 Antipasto - HC E/W  5:00 Antipasto - 1<sup>st</sup> AT  7:00 Table Games – 1<sup>st</sup>AT/HC</p>	<p>9:30 Coffee Hour - V  10:00 Oakcrest Boys - V  2:00 Sing Along - HCAT  3:00 Chit-Chat - HC  3:30 Coffee Hour- 1<sup>st</sup>AT  4:30 Antipasto - HC  5:00 Antipasto - 1<sup>st</sup>AT  7:00 Movie &amp; Popcorn: “Quartet”-LT</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	
10:00 Coffee Hour- PVA 2:00 Current Events- HC 3:30 Worship Service w/Rev. Steve Persson, First Baptist Church - CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC 5:00 Antipasto - 1st AT 7:00 Movie: " Heidi" – HCE1 7:15 Parachute Fun -HCAT	9:30 Monday Morning Discussion Group - GP 10:00 Fit – U Exercise with NIU Students - V 10:00 Lots of Tots - LT 10:00 Coffee Hour - Café 11:00 Antipasto - HC E/W 11:30 Antipasto - 1st AT 2:00 Handbells Choir– HCW1 2:30 Men’s Group - Bistro 3:30 Coffee Hour - 1st AT 3:30 Bridges Choir - V 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Floats and Notes featuring "Keegan Moore" - LT	9:30 Heartland Bank - CHA 10:00 Coffee Hour-Café 10:00 Manicures - HCE/W 10:00 Crossword Puzzle – LT 10:00 Body & Mind Exercise with NIU – V 10:30 Resource Bank 11:00 Happy Hearts*- HC1E 11:00 Antipasto - HCE/W 11:30 Antipasto - 1st AT 1:00 1:1 Visits- HC 1:30 Chair Chi Exercise - LT 2:00 Manicures - AK 3:30 Catholic Mass - CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Pinochle - GR 7:00 Bingo - LT	10:00 Fit - U Exercise with NIU Students - LT 10:00 First Midwest Bank - CHA 10:00 Coffee Hour- Café 11:00 Lunch Bunch - AK 11:00 Antipasto - HCE/W 11:30 Antipasto - 1st AT 1:00 Scrabble & Table Games– PVA 1:00 Craft Group - Craft Room 2:30 Joy of Coloring - HC 3:30 Coffee Hour - 1st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 4:30 Antipasto – HCE/W 5:00 Antipasto - 1st AT 7:00 Travelogue Film (See Weekly Highlights)	10:00 Coffee Hour-Café 10:00 Music of the Masters-PDR 10:00 Bible Conversations-CHA 10:00 Garden Club- HC 10:00 Body & Mind Exercise with NIU – V 11:00 Antipasto- HC E/W 11:30 Antipasto - 1st FL AT 1:30 Chair Chi Exercise - LT 2:00 Worship Service – CH 2:30 Curiosity Cart - HC 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Dance Time - HCAT	10:00 Coffee Hour - Café 10:00 Catholic Communion & Rosary - CH 10:00 Fit- U Exercise w/ NIU Students- LT 11:00 Happy Hearts – HCE1 11:00 Antipasto - HC E/W 1:00 1:1 Visits - HC 1:30 – 3:00 "Knit Wits" Knit/Crochet Group – PVA 2:00 Christmas Card Making - AK 3:00 Apartment Visit - PC 3:30 Coffee Hour - 1stAT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Table Games – 1stAT/HC	

### Calendar Key

- |                                      |                                         |                              |
|--------------------------------------|-----------------------------------------|------------------------------|
| AK - Activity Kitchen                | GVDR - Garden View Dining Room          | CYDR - Courtyard Dining Room |
| RL - Rattan Lounge                   | SP - Side Pocket                        | PVA – Prairie View Atrium    |
| CHA - Chapel Annex                   | CY – Courtyard                          | GP - Gathering Place         |
| GR - Game Room 3 <sup>rd</sup> Floor | PDR - Private Dining Room               | E1 - Family Room East 1      |
| CH – Chapel                          | V – Vista Room                          |                              |
| CHA- Chapel Annex                    | 1 <sup>st</sup> AT - First Floor Atrium |                              |
| LT - Little Theater                  | FC - Fitness Center                     |                              |



*Happy  
Thanksgiving*

