

August 2018 DeKalb Area Retirement Center/Oak Crest

Health Center & Personal Care Activities Calendar Call for more details (815) 756-8461

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			10:00 First Midwest Bank – CHA 10:00 Coffee Hour- Cafe 10:00 Fit – U Exercise w /NIU - V 10:00 Health Center Resident Council Meeting - LT 11:00 Antipasto - HCE/W 11:30 Antipasto - 1st AT 1:00 Scrabble/Table Games- PVA 1:00 Craft Group – Craft Room 2:00 Bethlehem & First Lutheran Church Service- CH 2:00 Watermelon Explosion w/ Rubber bands–HC Courtyard 3:30 Coffee Hour - 1st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 4:30 Antipasto - HCE/W 5:00 Bob the Dog Visit 5:00 Antipasto - 1st AT 7:00 Travelogue Film (See Weekly Highlights)	10:00 Coffee Hour - Café 10:00 Garden Club - HCE1 10:00 Bible Study - LT 10:00 Bible Conversations - CHA 11:00 Antipasto - HC E/W 11:30 Antipasto - 1st FL AT 1:30 Chair Chi Exercise - LT 2:00 Worship Service - CH 2:30 Curiosity Cart - HC 3:00 Lacy the Dog Visit–PC/HC 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Cowboy Dance Time – HCAT	10:00 Coffee Hour-Café 10:00 Catholic Communion & Rosary – CH 10:00 Fit-U Exercise with NIU Students – LT 11:00 Antipasto - HC E/W 11:00 Happy Hearts Club*- HC1E 11:30 Antipasto 1st AT 1:30 - 3:00 “Knit Wits” Knit/Crochet Group - PVA 2:00 Pickle Making - AK 7:00 Good Samaritan Award Program - V	9:30 Coffee Hour - V 10:00 Oak Crest Boys - V 2:00 Sing-Along - HCAT 3:00 Chit Chat - HCAT 3:30 Coffee Hr - 1st AT 4:30 Antipasto - HCE/W 5:00 Antipasto - 1st AT 7:00 “Rootin Tootin” Trivia Night - PVA 7:00 Movie & Popcorn: “Big Jake” - LT
5	6	7	8	9	10	11
10:00 Coffee Hour- PVA 2:00 Current Events- HC 3:30 Worship Service (Communion) with Rev. Dan Swinson Sycamore United Methodist Church -CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC 5:00 Antipasto - 1st AT 7:00 Movie: “Big” - HCE1 7:15 Balloon Volleyball – HCAT	9:30 Monday Morning Discussion Group – GP 10:00 Fit – U Exercise w/ NIU Students - LT 10:00 Dishing Divas - AK 10:00 Coffee Hour- Café 11:00 Antipasto - HC E/W 11:30 Antipasto - 1st AT 2:00 WIG’s: “Threshold Choir” - V 2:30 Bunco/Card Game – HC 3:30 Coffee Hour - 1st AT 3:30 Bridges Choir - V 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Recorded Concert “Andy Williams”- LT	9:30 Hearing Help Plus-East 146 9:30 Becky Beck’s Jewelry- PVA 9:30 Heartland Bank - CHA 10:00 Coffee Hour - Café 10:00 Manicures - HCE/W 10:00 Crossword Puzzle - LT 10:30 Resource Bank 11:00 Happy Hearts Club*- HC1E 11:00 Antipasto - HCE/W 11:30 Antipasto - 1st AT 1:00 1:1 Visits - HC 1:30 Chair Chi Exercise - LT 2:00 Manicures - AK 3:30 Catholic Communion - CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Pinochle – GR 7:00 Bingo Game - LT	10:00 First Midwest Bank – CHA 10:00 Coffee Hour- Cafe 10:00 Fit – U Exercise w /NIU – V 10:00 Regatta Boat Building - AK 11:00 Antipasto - HCE/W 11:30 Antipasto - 1st AT 1:00 Scrabble/Table Games- PVA 1:00 Craft Group – Craft Room 2:00 Red Hat Tea - HC Dining Rm 3:30 Coffee Hour - 1st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 4:30 Antipasto - HCE/W 5:00 Bob the Dog Visit 5:00 Antipasto - 1st AT 7:00 Travelogue Film (See Weekly Highlights)	10:00 Coffee Hour-Café 10:00 Poetry Reading- PDR 10:00 Bible Conversations- CHA 10:00 Garden Club- HC 11:00 Antipasto- HC E/W 11:30 Antipasto - 1st FL AT 1:30 Chair Chi Exercise - LT 2:00 Worship Service - CH 2:30 Curiosity Cart - HC 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Rhythm Band - HCAT	10:00 Coffee Hour- Café 10:00 Catholic Communion & Rosary - CH 10:00 Fit- U Exercise w/ NIU - LT 11:00 Antipasto - HC E/W 11:00 Happy Hearts Club*- HC1E 11:30 Antipasto 1st AT 1:00 1:1 Visits - HC 1:30 - 3:00 “Knit Wits” Knit/Crochet Group - 2:00 Movie Matinee: “Coal Miner’s Daughter” -LT 3:00 Apartment Visits - PC 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Table Games - HCAT	9:30 Coffee Hour - V 10:00 Oak Crest Boys - V 2:00 Lawn Dice – HC/CY 3:00 Chit Chat - HCAT 3:30 Coffee Hr - 1st AT 4:30 Antipasto - HC 5:00 Antipasto - 1st AT 7:00 Movie & Popcorn: “Driving Miss Daisy” - LT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12	13	14	15	16	17	18
10:00 Coffee Hour – PVA 2:00 Raingutter Regatta with Cub Scout Pack 104 - HC Courtyard 3:30 Worship Service w/ Pastor Noah Panlilio, Malta Methodist Church - CH 3:30 Coffee Hour- 1 st AT 4:30 Antipasto - HC 5:00 Antipasto - 1 st AT 7:00 Movie: “August Rush” - HCE1 7:15 Parachute Fun – HCAT	9:30 Monday Morning Discussion Group - GP 10:00 Fit – U Exercise with NIU Students – V 10:00 Lots of Tots - LT 10:00 Coffee Hour - Café 11:00 Antipasto - HC E/W 11:30 Antipasto - 1 st AT 2:30 Card Game - HC 3:30 Coffee Hour - 1 st AT 3:30 Bridges Choir Performance – V 4:00 Coffee hour- HC 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 Floats and Notes – “Easy Listening with Joe and Charlie” - LT	9:30 Heartland Bank - CHA 10:00 Coffee Hour - Café 10:00 Manicures - HCE/W 10:00 Crossword Puzzle - LT 10:30 Resource Bank 11:00 Happy Hearts*- HC1E 11:00 Antipasto - HCE/W 11:30 Antipasto - 1 st AT 1:00 1:1 Visits - HC 1:30 Chair Chi Exercise - LT 2:00 Manicures - AK 3:30 Catholic Communion - CH 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 Pinochle - GR 7:00 Bingo Game – LT	10:00 First Midwest Bank - CHA 10:00 Coffee Hour- Café 10:00 Fit - U Exercise w/ NIU Students - LT 10:00 Outing 10:30 Hymn Sing - HC/EW 11:30 Antipasto - 1 st AT 1:00 Scrabble/ Table Games PVA 1:00 Craft Group - Craft Room 2:00 Worship Service w/St.Paul’s Episcopal Church – CH 2:30 Instant Theater - HC 3:30 Coffee Hour - 1 st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 4:30 Antipasto – HCE/W 5:00 Bob the Dog Visit 5:00 Antipasto - 1 st AT 7:00 Travelogue Film (See Weekly Highlights) 7:00 Ring Toss – HC/CY	10:00 Coffee Hour - Café 10:00 Garden Club – HC 10:00 Bible Study- LT 10:00 Bible Conversations - CHA 11:00 Antipasto - HC E/W 11:30 Antipasto - 1 st FL AT 1:30 Chair Chi- LT 2:00 Worship Service - CH 2:30 Curiosity Cart - HC 3:30 Coffee Hour - 1 st AT 5:00 Antipasto - 1 st AT 5:00 Birthday Dinner - HC/CYDR 5:30 Birthday Dinner - GVDR 7:00 Birthday Entertainment - V	10:00 Coffee Hour- Café 10:00 Catholic Communion & Rosary – CH 10:00 Fit- U Exercise w/ NIU - LT 11:00 Antipasto - HC E/W 11:00 Happy Hearts Club*- HC1E 11:30 Antipasto 1 st AT 1:00 1:1 Visits- HC 1:30 – 3:00 “Knit Wits” Knit/Crochet Group – PVA 2:00 Movie Matinee: “Mr. Hobbs Takes a Vacation” - LT 3:00 Apartment Visit - PC 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 Friday Night Bingo-LT	9:30 Coffee Hour - V 10:00 Oakcrest Boys - V 2:00 Scrapbooking - HC 3:30 Pentecostal Hymn Sing - HCAT 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC 5:00 Antipasto - 1 st AT 7:00 Movie & Popcon: “Lady and the Tramp” - LT
19	20	21	22	23	24	25
10:00 Coffee Hour- PVA 2:00 Current Events- HC 3:30 Worship Service - CH 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC 5:00 Antipasto - 1 st AT 7:00 Movie: “Nanny McPhee” - HCE1 7:15 Balloon Volley Ball -HCAT	9:30 Monday Morning Discussion Group – GP 10:00 Fit - U Exercise w/ NIU Students - LT 10:00 Dishing Divas - AK 10:00 Coffee Hour- Café 11:00 Antipasto - HC E/W 11:30 Antipasto - 1 st AT 2:00 WIG’s: “Book Club” - V 2:30 Card Game/Bunco - HC 3:30 Coffee Hour - 1 st AT 3:30 Bridges Choir – V 4:00 Coffee hour- HC 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 Armchair Travel “Argentina to Antarctica” by Pat Vary - LT <i>* Birthday Dinner Reservations For Guests and Reserved Tables are due Today</i>	9:30 NIU Speech & Hearing Clinic - PVA 9:30 Heartland Bank - CHA 10:00 Coffee Hour - Café 10:00 Manicures - HCE/W 10:00 Crossword Puzzle - LT 10:30 Resource Bank 11:00 Happy Hearts*- HC1E 11:00 Antipasto - HCE/W 11:30 Antipasto -1 st AT 12:45 Dr. Friedrichs’ Eye Care Center- 1 st AT 1:00 1:1 Visits - HC 1:30 Chair Chi Exercise - LT 2:00 Manicures- AK 3:30 Catholic Communion - CH 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 5:30 “Guess Who Is Coming To Dinner?” - GVDR 7:00 Pinochle - GR 7:00 Bingo – HCAT	10:00 Fit - U Exercise with NIU Students - LT 10:00 First Midwest Bank - CHA 10:00 Coffee Hour- Café 11:00 Lunch Bunch - AK 11:00 Antipasto - HCE/W 11:30 Antipasto - 1 st AT 1:00 Scrabble & Table Games– PVA 1:00 Craft Group - Craft Room 2:30 Drumming Circle - LT 3:30 Coffee Hour - 1 st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 4:30 Antipasto – HCE/W 5:00 Bob the Dog Visit 5:00 Antipasto - 1 st AT 7:00 Travelogue Film (See Weekly Highlights) 7:15 Lawn Dice - HC/CY (weather permitting)	10:00 Coffee Hour - PVA 10:00 Garden Club – HCAT 10:00 Music of the Masters- PDR 10:00 Bible Conversations- CH 11:00 Antipasto- HC E/W 11:30 Antipasto- 1 st FL AT 1:30 Chair Chi Exercise - LT 2:00 Worship Service – CH 2:30 Curiosity Cart - HC 3:30 Coffee Hour - 1 st AT 4:00 Coffee hour- HC 4:30 Antipasto- HCE/W 5:00 Antipasto - 1 st AT 7:00 Dance Time - HCAT	10:00 Coffee Hour - Café 10:00 Catholic Communion & Rosary - CH 10:00 Fit- U Exercise w/ NIU Students- LT 11:00 Happy Hearts - HCE 11:00 Antipasto - HC E/W 11:30 PC Resident Council Meeting - GP 1:00 1:1 Visits - HC 1:30 – 3:00 “Knit Wits” Knit/Crochet Group – PVA 2:00 Bunco – HC/CY 2:00 Apartment Visit - PC 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 Table Game - HCAT	9:30 Coffee Hour - V 10:00 Oakcrest Boys - V 2:00 Sing Along - HCAT 3:00 Chit-Chat - HC 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC 5:00 Antipasto - 1 st AT 7:00 Movie & Popcorn: “Mama Mia” - LT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	
10:00 Coffee Hour- PVA 2:00 Current Events- HC 3:30 Worship Service w/Rev. Steve Persson, First Baptist Church - CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC 5:00 Antipasto - 1st AT 7:00 Movie: "The Best of Ed Sullivan: The Greatest Entertainers" - HCE1 7:15 Parachute Fun -HCAT	9:30 Monday Morning Discussion Group - GP 10:00 Fit – U Exercise with NIU Students - V 10:00 Lots of Tots - LT 10:00 Coffee Hour - Café 11:00 Antipasto - HC E/W 11:30 Antipasto - 1st AT 2:00 Handbells Choir– HCW1 2:30 Men’s Group - Bistro 3:30 Coffee Hour - 1st AT 3:30 Bridges Choir - V 4:00 Coffee hour- HC 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Floats and Notes- LT	9:30 Heartland Bank - CHA 10:00 Coffee Hour-Café 10:00 Manicures - HCE/W 10:00 Crossword Puzzle - LT 10:30 Resource Bank 11:00 Happy Hearts*-HC1E 11:00 Antipasto - HCE/W 11:30 Antipasto - 1st AT 1:00 1:1 Visits- HC 1:30 Chair Chi Exercise - LT 2:00 Manicures - AK 3:30 Catholic Mass - CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Pinochle - GR 7:00 Bingo - LT	10:00 Fit - U Exercise with NIU Students – LT 10:00 Outing 10:00 First Midwest Bank - CHA 10:00 Coffee Hour- Café 11:00 Antipasto - HCE/W 11:30 Antipasto - 1st AT 1:00 Scrabble & Table Games– PVA 1:00 Craft Group - Craft Room 2:30 Ladder Golf – HC/CY 3:30 Coffee Hour - 1st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 4:30 Antipasto – HCE/W 5:00 Bob the Dog Visit 5:00 Antipasto - 1st AT 7:00 Travelogue Film (See Weekly Highlights) 7:15 Lawn Dice - HC/CY (weather permitting)	10:00 Coffee Hour - PVA 10:00 Garden Club – HCAT 10:00 Café Visit’s 10:00 Bible Conversations- CH 11:00 Antipasto- HC E/W 11:30 Antipasto- 1st FL AT 1:30 Chair Chi - LT 2:00 Worship Service – CH 2:30 Curiosity Cart - HC 3:30 Coffee Hour - 1st AT 4:00 Coffee hour- HC 4:30 Antipasto- HCE/W 5:00 Antipasto - 1st AT 7:00 Rhythm Band - HCAT	10:00 Coffee Hour - Café 10:00 Catholic Communion & Rosary - CH 10:00 Fit- U Exercise w/ NIU Students- LT 11:00 Happy Hearts - HCE 11:00 Antipasto - HC E/W 1:00 1:1 Visits - HC 1:30 – 3:00 “Knit Wits” Knit/Crochet Group – PVA 2:00 Movie Matinee: “Finding Forrester” -LT 3:00 Apartment Visit - PC 3:30 Coffee Hour - 1stAT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Table Game - HCAT	

Calendar Key

AK - Activity Kitchen	GVDR - Garden View Dining Room	CYDR - Courtyard Dining Room
RL - Rattan Lounge	SP - Side Pocket	PVA – Prairie View Atrium
CHA - Chapel Annex	CY – Courtyard	GP - Gathering Place
GR - Game Room 3 rd Floor	PDR - Private Dining Room	E1 - Family Room East 1
CH – Chapel	V – Vista Room	
CHA- Chapel Annex	1 st AT - First Floor Atrium	
LT - Little Theater	FC - Fitness Center	