



May 2018 DeKalb Area Retirement Center/Oak Crest

Health Center & Personal Care Activities Calendar Call for more details (815) 756-8461

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		9:30 Hearing Help Plus - GR 9:30 Becky Beck's Jewelry-PVA 9:30 Heartland Bank - CHA 10:00 Coffee Hour - Café 10:00 Manicures - HCE/W 10:00 Crossword Puzzle - GP 10:30 Resource Bank 11:00 Happy Hearts Club*- HC1E 11:00 Antipasto - HCE/W 11:30 Antipasto - 1st AT 1:00 1:1 Visits - HC 1:30 Chair Chi Exercise - GP 2:00 Manicures - AK 3:30 Catholic Communion - CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Pinochle - GR 7:00 Bingo - LT	10:00 First National Bank - CHA 10:00 First Midwest Bank-2 nd Fl 10:00 Fit - U Exercise - V 10:00 HC Resident Council - LT 10:00 Coffee Hour - Café 11:00 Antipasto - HC E/W 11:30 Antipasto - 1st AT 1:00 Scrabble/Table Games-PVA 1:00 Craft Group - Craft Room 2:00 Bethlehem & First Lutheran Church Service- CH 2:00 May Pole Dance and Show - LT 3:30 Coffee Hour - 1st AT 4:00 Piano Program by Cody Marbutt, Volunteer - PVA 4:30 Antipasto - HC E/W 5:00 Bob the Dog Visit - PC/HC 5:00 Antipasto - 1st AT 7:00 Travelogue (See Weekly Highlights for the feature) 7:15 Ring Toss - HCAT/CY	10:00 Coffee Hour - Café 10:00 Garden Club - HCE1 10:00 Bible Study - LT 10:00 Bible Conversations - CHA 11:00 Antipasto - HC E/W 11:30 Antipasto - 1st FL AT 1:30 Chair Chi Exercise - LT 2:00 Worship Service - CH 2:30 Curiosity Cart - HC 3:00 Lacy the Dog Visit-PC/HC 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Cinco de Mayo Dance Time - HCAT	10:00 Coffee Hour-Café 10:00 Catholic Communion & Rosary - CH 10:00 Fit-U Exercise with NIU Students - LT 11:00 Antipasto - HC E/W 11:00 Happy Hearts Club*- HC1E 11:30 Antipasto 1st AT 1:30 - 3:00 "Knit Wits" Knit/Crochet Group - PVA 2:00 Kentucky Derby Party - CYDR 4:00 Social Hour - LT 7:00 Table Games- LT	9:30 Coffee Hour - V 10:00 Oak Crest Boys - V 2:00 Bookmark Making -HCAT 3:30 Coffee Hr - 1stAT 4:30 Antipasto - HCE/W 5:00 Antipasto - 1stAT 7:00 Spring Dance - Coronation of 2018 King and Queen - Oak's Building Garage
6	7	8	9	10	11	12
10:00 Coffee Hour- PVA 2:30 Piano & Vocal Recital from students of Heather Krupa - V 3:30 Worship Service (Communion) with Westminster Presbyterian Church - CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC 5:00 Antipasto - 1st AT 7:00 Movie: 'Take me out to the Ball Game' - HCE1 7:15 Balloon Volleyball - HCAT	9:30 Monday Morning Discussion Group - GP 10:00 Fit - U Exercise w/ NIU Students - LT 10:00 Dishing Divas - AK 10:00 Coffee Hour- Café 11:00 Antipasto - HC E/W 11:30 Antipasto - 1st AT 2:00 WIG's- featuring Jayne Higgins & Teresa Jacobsen on "Historical Houses" - V 2:30 Bunco - HCAT 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Documentary "Northern White Rhino"- LT	9:30 Heartland Bank - CHA 10:00 Coffee Hour - Café 10:00 Manicures - HCE/W 10:00 Crossword Puzzle - LT 10:30 Resource Bank 11:00 Happy Hearts*- HC1E 11:00 Antipasto - HCE/W 11:30 Antipasto - 1st AT 1:00 1:1 Visits - HC 1:30 Chair Chi Exercise - LT 2:00 Worship Service w/St. Peter's Episcopal Church CH 2:00 Manicures - AK 3:30 Catholic Communion - CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 5:30 Delta Kappa Gamma Mtg- V 7:00 Pinochle - GR 7:00 Bingo Game - LT	10:00 First Midwest Bank - CHA 10:00 Coffee Hour- Cafe 10:00 Fit - U Exercise w /NIU - V 10:00 Baking - AK 11:00 Antipasto - HCE/W 11:30 Antipasto - 1st AT 1:00 Scrabble/Table Games- PVA 1:00 Craft Group - Craft Room 2:00 Red Hat Tea - HC Dining Rm 3:30 Coffee Hour - 1st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 4:30 Antipasto - HCE/W 5:00 Bob the Dog Visit 5:00 Antipasto - 1st AT 7:00 Travelogue (See Weekly Highlights) 7:00 DeKalb County Historical Society - LT 7:15 Bags Game - HCAT/CY	10:00 Coffee Hour-Café 10:00 Garden Club - HCE1 10:00 Poetry Reading - Private Dining Room 10:00 Bible Conversations - CHA 11:00 Antipasto- HC E/W 11:30 Antipasto - 1st FL AT 1:30 Chair Chi Exercise - GP 2:00 Worship Service - CH 2:30 Curiosity Cart - HC 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Documentary: "Women in the White House: First Mothers" - LT 7:00 DeKalb Area Garden Club Meeting - V	10:00 Coffee Hour- Café 10:00 Catholic Service - May Crowning - CH 10:00 Fit- U Exercise w/ NIU - LT 11:00 Antipasto - HC E/W 11:00 Happy Hearts Club*- HC1E 11:30 Antipasto 1st AT 1:00 1:1 Visits - HC 1:30 - 3:00 "Knit Wits" Knit/Crochet Group - PVA 2:00 Movie: "Blind Side" -LT 3:00 Apartment Visits - PC 3:30 Coffee Hour - 1stAT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Table Games - LT	9:30 Coffee Hour - V 10:00 Oak Crest Boys - V 2:00 Sing Along - HCAT 3:00 Chit Chat - HCAT 3:30 Coffee Hr - 1stAT 4:30 Antipasto - HC 5:00 Antipasto - 1stAT 7:00 Movie & Popcorn: "The Greatest Showman" - LT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MOTHER'S DAY 13	14	15	16	17	18	19
10:00 Coffee Hour – PVA 2:00 Current Events- HC 3:30 Worship Service - CH 3:30 Coffee Hour- 1 st AT 4:30 Antipasto - HC 5:00 Antipasto - 1 st AT 7:00 Movie: “Mom’s Night Out” - HCE1 7:00 Piano Recital by Ann - 2 nd FI AT 	9:30 Monday Morning Discussion Group - GP 10:00 Fit – U Exercise with NIU Students - V 10:00 Coffee Hour - Café 10:00 Lots of Tots - LT 11:00 Antipasto - HC E/W 11:30 Antipasto - 1 st AT 2:00 Handbells Choir – HCW 2:30 Cards Game - HCAT 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 “Floats & Notes” – “Easy Listening” with Joe and Charlie – LT * Birthday Dinner Reservations for Guests and Reserved Tables are due Today	9:30 NIU Speech & Hearing Clinic - PVA 9:30 Heartland Bank - CHA 10:00 Coffee Hour - Café 10:00 Manicures - HCE/W 10:00 Crossword Puzzle - LT 10:30 Resource Bank 11:00 Happy Hearts*- HC1E 11:00 Antipasto - HCE/W 11:30 Antipasto -1 st AT 1:00 1:1 Visits - HC 1:30 Chair Chi Exercise - LT 2:00 Manicures- AK 3:30 Catholic Communion - CH 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 5:30 “Guess Who Is Coming To Dinner?” - GVDR 7:00 Pinochle - GR 7:00 Bingo – HCAT	10:00 First Midwest Bank - CHA 10:00 Coffee Hour- Café 10:00 Fit – U Exercise w/ NIU Students - LT 10:00 Outing 10:30 Hymn Sing - HC/EW 11:30 Antipasto - 1 st AT 1:00 Scrabble/ Table Games PVA 1:00 Craft Group - Craft Room 2:00 Worship Service w/St.Paul’s Episcopal Church – CH 2:30 Growing Herbs & Flowering plants - LT 3:30 Coffee Hour - 1 st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 4:30 Antipasto – HCE/W 5:00 Bob the Dog Visit 5:00 Antipasto - 1 st AT 7:00 Sycamore United Methodist Junior Choir- V	10:00 Coffee Hour - Café 10:00 Garden Club – HC 10:00 Bible Study – LT 10:00 Bible Conversations - CHA 11:00 Antipasto - HC E/W 11:30 Antipasto - 1 st FL AT 2:00 Worship Service - CH 2:30 Curiosity Cart - HC 3:30 Coffee Hour - 1 st AT 5:00 Antipasto - 1 st AT 5:00 Birthday Dinner - HC/CYDR 5:30 Birthday Dinner - GVDR 7:00 Birthday Entertainment - V	10:00 Coffee Hour- Café 10:00 Catholic Communion & Rosary – CH 10:00 Fit- U Exercise w/ NIU - LT 11:00 Antipasto - HC E/W 11:00 Happy Hearts Club*- HC1E 11:30 Antipasto 1 st AT 1:00 1:1 Visits- HC 1:30 – 3:00 “Knit Wits” Knit/Crochet Group – PVA 2:00 Sip and Paint - AK 3:00 Apartment Visit - PC 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 Friday Night Bingo - LT	9:30 Coffee Hour - V 10:00 Oakcrest Boys - V 2:00 Pot Holder Making-HCAT 3:30 Pentecostal Hymn Sing - HCAT 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC 5:00 Antipasto - 1 st AT 7:00 Movie & Popcorn: “Dreamer”- LT
20	21	22	23	24	25	26
10:00 Coffee Hour- PVA 2:00 Current Events- HC 3:30 Worship Service - CH 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC 5:00 Antipasto - 1 st AT 7:00 Movie:”Baby Boom”- HCE1 7:15 Balloon Volley Ball -HCAT	9:30 Monday Morning Discussion Group – GP 10:00 Fit – U Exercise w/ NIU Students - LT 10:00 Dishing Divas - AK 10:00 Coffee Hour- Café 11:00 Antipasto - HC E/W 11:30 Antipasto - 1 st AT 2:00 WIG’s:featuring Ashley N. Perkins on “Crocheting amiguruME”- V 2:30 Card Game/Bunco - HC 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 Documentary “Arlington National Cemetery”- LT	9:30 Heartland Bank - CHA 10:00 Coffee Hour-Café 10:00 Manicures - HCE/W 10:00 Crossword Puzzle - LT 10:30 Resource Bank 11:00 Happy Hearts*-HC1E 11:00 Antipasto - HCE/W 11:30 Antipasto - 1 st AT 1:00 1:1 Visits- HC 1:30 Chair Chi Exercise - LT 2:00 Manicures - AK 3:30 Catholic Mass - CH 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 Pinochle - GR 7:00 Bingo - LT	10:00 Fit – U Exercise with NIU Students - LT 10:00 First Midwest Bank - CHA 10:00 Coffee Hour- Café 11:00 Lunch Bunch - AK 11:00 Antipasto - HCE/W 11:30 Antipasto - 1 st AT 1:00 Scrabble & Table Games– PVA 1:00 Craft Group - Craft Room 2:30 Spring Joy of Coloring - AK 3:30 Coffee Hour - 1 st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 4:30 Antipasto – HCE/W 5:00 Bob the Dog Visit 5:00 Antipasto - 1 st AT 7:00 Travelogue (See weekly Highlights for the feature) 7:15 Lawn Dice – HCAT/CY	10:00 Coffee Hour - PVA 10:00 Garden Club – HCAT 10:00 Music of the Master - PDR 10:00 Bible Conversations- CH 11:00 Antipasto- HC E/W 11:30 Antipasto- 1 st FL AT 1:30 Chair Chi - LT 2:00 Worship Service – CH 2:00 Curiosity Cart - HC 3:30 Coffee Hour - 1 st AT 4:30 Antipasto- HCE/W 5:00 Antipasto - 1 st AT 7:00 Dance Time - HCAT	10:00 Coffee Hour - Café 10:00 Catholic Communion & Rosary - CH 10:00 Fit- U Exercise w/ NIU Students - LT 11:00 Happy Hearts - HCE 11:00 Antipasto - HC E/W 11:30 PC Resident Council Meeting - GP 1:00 1:1 Visits - HC 1:30 – 3:00 “Knit Wits” Knit/Crochet Group – PVA 2:00 Movie Matinee: “The Kings Speech” - LT 3:00 Apartment Visit - PC 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 Table Games - LT	9:30 Coffee Hour - V 10:00 Oakcrest Boys - V 2:00 Sing Along -HC 3:00 Chit-Chat - HC 3:30 Coffee Hour -1 st AT 4:30 Antipasto - HC 5:00 Antipasto - 1 st AT 7:00 Movie & Popcorn: “Monkey Business” -LT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	MEMORIAL DAY 28	29	30	31		
10:00 Coffee Hour- PVA 2:00 Current Events- HC 3:30 Worship Service w/ Rev. Steve Persson, First Baptist Church-CH 3:30 Coffee Hour - 1 st -AT 4:30 Antipasto - HC 5:00 Antipasto - 1 st AT 7:00 Movie: "Private Buckaroo" – HCE1 7:15 Parachute Fun -HCAT	 10:00 Coffee Hour- PVA 11:00 Memorial Day Service in the Little Theater followed by a Presentation of the Colors and 21- gun salute outdoors at the West Entrance/ Door #4 2:00 I Spy Stations Game with Kaitlin – HC 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 Campfire in the Courtyard (weather permitting)	9:30 Heartland Bank - CHA 10:00 Coffee Hour-Café 10:00 Manicures - HCE/W 10:00 Crossword Puzzle - LT 10:30 Resource Bank 11:00 Happy Hearts*-HC1E 11:00 Antipasto - HCE/W 11:30 Antipasto - 1 st AT 1:00 1:1 Visits- HC 1:30 Chair Chi Exercise - LT 2:00 Manicures - AK 3:30 Catholic Service - CH 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 Pinochle - GR 7:00 Bingo - LT	10:00 Fit – U Exercise with NIU Students - LT 10:00 First Midwest Bank - CHA 10:00 Coffee Hour- Café 11:00 Antipasto - HCE/W 11:30 Antipasto - 1 st AT 1:00 Scrabble & Table Games– PVA 1:00 Craft Group - Craft Room 2:30 Instant Theater - HC 3:30 Coffee Hour - 1 st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 4:30 Antipasto – HCE/W 5:00 Bob the Dog Visit 5:00 Antipasto - 1 st AT 7:00 Travelogue (See Weekly Highlights for the feature) 7:15 Golf Ladder – HCAT/CY	10:00 Coffee Hour - PVA 10:00 Garden Club - HCAT 10:00 Men's Group - Bistro 10:00 Bible Conversations- CH 11:00 Antipasto- HC E/W 11:30 Antipasto - 1 st FL AT 1:30 Chair Chi - LT 2:00 Worship Service - CH 2:00 Curiosity Cart - HC 3:30 Coffee Hour - 1 st AT 4:30 Antipasto- HCE/W 5:00 Antipasto - 1 st AT 7:00 Rhythm Band - HCAT		

Calendar Key

AK - Activity Kitchen	GVDR - Garden View Dining Room	CYDR - Courtyard Dining Room
RL - Rattan Lounge	SP - Side Pocket	PVA – Prairie View Atrium
CHA - Chapel Annex	CY – Courtyard	GP - Gathering Place
GR - Game Room 3 rd Floor	PDR - Private Dining Room	E1 - Family Room East 1
CH – Chapel	V – Vista Room	
CHA- Chapel Annex	1 st AT - First Floor Atrium	
LT - Little Theater	FC - Fitness Center	