

# March 2018 DeKalb Area Retirement Center/Oak Crest

Health Center & Personal Care Activities Calendar Call for more details (815) 756-8461

| Sunday  | Monday  | Tuesday   | Wednesday  | Thursday  | Friday  | Saturday  |
|---|---|---|--|---|---|---|
|   |   |   |  | <b>1</b>  | <b>2</b>  | <b>3</b>  |
|   |   |   |  | 10:00 Coffee Hour - Café<br>10:00 Garden Club - HCE1<br>10:00 Bible Study - LT<br>10:00 Bible Conversations - CHA<br>11:00 Antipasto - HC E/W<br>11:30 Antipasto - 1st FL AT<br>1:00 "Lenten After Lunch" Program - LT<br>1:30 Chair Chi Exercise - GP<br>2:00 Worship Service - CH<br>2:00 Curiosity Cart - HC<br>3:00 Lacy the Dog Visit-PC/HC<br>3:30 Coffee Hour - 1st AT<br>4:30 Antipasto - HC E/W<br>5:00 Antipasto - 1st AT<br>7:00 Dance Time - HCAT                             | 10:00 Coffee Hour-Café<br>10:00 Catholic Communion & Rosary - CH<br>10:00 Fit-U Exercise with NIU Students - LT<br>11:00 Antipasto - HC E/W<br>11:00 Happy Hearts Club*-HC1E<br>1:30 - 3:00 "Knit Wits" Knit/Crochet Group - PVA<br>3:00 World Day of Prayer Service- CH<br>4:00 Social Hour - LT<br>7:00 Table Games- LT   | 9:30 Coffee Hour - V<br>10:00 Oak Crest Boys - V<br>2:00 Shamrock - Craft - HCAT<br>3:00 Chit Chat - HCAT<br>3:30 Coffee Hr - 1st AT<br>4:30 Antipasto - HCE/W<br>5:00 Antipasto - 1st AT<br>7:00 Movie & Popcorn: "Cool Runnings" - LT |
| <b>4</b>  | <b>5</b>  | <b>6</b>  | <b>7</b>   | <b>8</b>  | <b>9</b>  | <b>10</b>   |
| 10:00 Coffee Hour- PVA<br>2:00 Current Events- HC<br>3:30 Worship Service (Communion) Westminster Presbyterian Church - CH<br>3:30 Coffee Hour - 1st AT<br>4:30 Antipasto - HC<br>5:00 Antipasto - 1st AT<br>7:00 Movie: "Jerry Lewis in "Who's Minding the Story" - HCE1<br>7:15 Balloon Volleyball - HCAT | 9:30 Monday Morning Discussion Group - GP<br>10:00 Fit - U Exercise w/ NIU Students - LT<br>10:00 Dishing Divas - AK<br>10:00 Coffee Hour- Café<br>11:00 Antipasto - HC E/W<br>11:30 Antipasto - 1st AT<br>2:00 WIG's- "Knit Wits" Knit/Crochet Group - V<br>2:30 Bunco - HCAT<br>3:30 Coffee Hour - 1st AT<br>3:30 Bridges Choir - V<br>4:30 Antipasto - HC E/W<br>5:00 Antipasto - 1st AT<br>7:00 Nature Film " Must See Places of the World: Wildlife Treasure"- LT<br>7:00 Delta Kappa Gamma Meeting- V | 9:30 Hearing Help Plus - GR<br>9:30 Becky Beck's Jewelry- PVA<br>9:30 Heartland Bank - CHA<br>10:00 - 2:00 Toby Comfort Shoes- 1st Fl. AT<br>10:00 Coffee Hour - Café<br>10:00 Manicures - HCE/W<br>10:00 Crossword Puzzle - GP<br>10:30 Resource Bank<br>11:00 Happy Hearts Club*- HC1E<br>11:00 Antipasto - HCE/W<br>11:30 Antipasto - 1st AT<br>1:00 1:1 Visits - HC<br>1:30 Chair Chi Exercise - GP<br>2:00 Manicures - AK<br>3:00 "Surprise Birthday" for Steve Cichy - LT<br>3:30 Catholic Communion - CH<br>3:30 Coffee Hour - 1st AT<br>4:30 Antipasto - HC E/W<br>5:00 Antipasto - 1st AT<br>7:00 Pinochle - GR<br>7:00 Bingo - LT | 10:00 First National Bank - CHA<br>10:00 First Midwest Bank-2nd Fl<br>10:00 Fit - U Exercise - V<br>10:00 HC Resident Council - LT<br>10:00 Coffee Hour - Café<br>11:00 Antipasto - HC E/W<br>11:30 Antipasto - 1st AT<br>1:00 Scrabble/Table Games-PVA<br>1:00 Craft Group - Craft Room<br>2:00 First Lutheran Church - CH<br>2:00 New Joy of Coloring - AK<br>3:30 Coffee Hour - 1st AT<br>4:00 Piano Program by Cody Marbutt, Volunteer - PVA<br>4:30 Antipasto - HC E/W<br>5:00 Bob the Dog Visit - PC/HC<br>5:00 Antipasto - 1st AT<br>7:00 Travelogue (See Weekly Highlights for the feature)<br>7:15 Ring Toss - HCAT | 10:00 Coffee Hour-Café<br>10:00 Garden Club - HCE1<br>10:00 Poetry Reading - Private Dining Room<br>10:00 Bible Conversations - CHA<br>11:00 Antipasto- HC E/W<br>11:30 Antipasto - 1st FL AT<br>1:00 "Lenten After Lunch" Program - LT<br>1:30 Chair Chi Exercise - GP<br>2:00 Worship Service - CH<br>2:30 Curiosity Cart - HC<br>3:30 Coffee Hour - 1st AT<br>4:30 Antipasto - HC E/W<br>5:00 Antipasto - 1st AT<br>7:00 Rhythm Band - HCAT<br>7:00 DeKalb Area Garden Club Meeting- V | 10:00 Coffee Hour- Café<br>10:00 Catholic Communion & Rosary - CH<br>10:00 Fit- U Exercise w/ NIU - LT<br>11:00 Antipasto - HC E/W<br>11:30 Antipasto - 1st FL AT<br>1:00 1:1 Visits - HC<br>1:30 - 3:00 "Knit Wits" Knit/Crochet Group - PVA<br>2:00 Movie Matinee: "The Glenn Miller Story" - LT<br>3:00 Apartment Visits - PC<br>3:30 Coffee Hour - 1st AT<br>4:30 Antipasto - HC E/W<br>5:00 Antipasto - 1st AT<br>7:00 Table Game - LT | 9:30 Coffee Hour - V<br>10:00 Oak Crest Boys - V<br>2:00 Sing Along - HCAT<br>3:00 Chit Chat - HCAT<br>3:30 Coffee Hr - 1st AT<br>4:30 Antipasto - HC<br>5:00 Antipasto - 1st AT<br>7:00 Movie & Popcorn: "All Saints" - LT             |

| Sunday  | Monday   | Tuesday   | Wednesday   | Thursday  | Friday  | Saturday   |
|---|--|---|---|---|---|--|
| <b>11</b><br>Daylight Savings Begins  | <b>12</b>  | <b>13</b>   | <b>14</b>   | <b>15</b>   | <b>16</b>   | <b>17</b>  |
| 10:00 Coffee Hour – PVA<br>2:00 Current Events- HC<br>3:30 Worship Service with Pastor Noah Panlilio of Malta Methodist - CH<br>3:30 Coffee Hour- 1 <sup>st</sup> AT<br>4:30 Antipasto - HC<br>5:00 Antipasto - 1 <sup>st</sup> AT<br>7:00 Movie: “Darby O’Gill and the Little People”- HCE1<br>7:15 Parachute Fun – HCAT | 9:30 Monday Morning Discussion Group - GP<br>10:00 Fit – U Exercise with NIU Students - V<br>10:00 Coffee Hour - Café<br>10:00 Lots of Tots - LT<br>11:00 Antipasto - HC E/W<br>11:30 Antipasto - 1st AT<br>2:00 Handbells Choir – HCW<br>2:30 Bunco/Card Game - HC<br>3:30 Coffee Hour - 1st AT<br>3:30 Bridges Choir - V<br>4:30 Antipasto - HC E/W<br>5:00 Antipasto - 1st AT<br>7:00 Floats and Notes featuring the “Little Treble Makers” - V           | 9:30 Heartland Bank - CHA<br>10:00 Coffee Hour - Café<br>10:00 Manicures - HCE/W<br>10:00 Crossword Puzzle - LT<br>10:30 Resource Bank<br>11:00 Happy Hearts*- HC1E<br>11:00 Antipasto - HCE/W<br>11:30 Antipasto - 1st AT<br>12:45 Dr. Friedrich’s Eye Care Center- 1st FI AT<br>1:00 1:1 Visits – HC<br>1:30 Chair Chi Exercise - LT<br>2:00 Worship Service w/ St. Peter’s Episcopal Church – CH<br>2:00 Manicures - AK<br>3:30 Catholic Communion - CH<br>3:30 Coffee Hour - 1st AT<br>4:30 Antipasto - HC E/W<br>5:00 Antipasto - 1st AT<br>7:00 Pinochle - GR<br>7:00 Bingo Game – LT   | 10:00 First Midwest Bank – CHA<br>10:00 Coffee Hour- Cafe<br>10:00 Fit – U Exercise w /NIU - V<br>10:00 Reminisce with Megan-HC<br>11:00 Antipasto - HCE/W<br>11:30 Antipasto - 1 <sup>st</sup> AT<br>1:00 Scrabble/Table Games- PVA<br>1:00 Craft Group – Craft Room<br>2:00 Red Hat Tea - HC Dining Rm<br>3:30 Coffee Hour - 1 <sup>st</sup> AT<br>4:00 Piano Program by Cody Marbutt, Volunteer- PVA<br>4:30 Antipasto - HCE/W<br>5:00 Bob the Dog Visit<br>5:00 Antipasto - 1 <sup>st</sup> AT<br>7:00 DeKalb County Historical Society-LT<br>7:15 Bags Game - HCAT   | 10:00 Coffee Hour - Café<br>10:00 Garden Club – HC<br>10:00 Bible Study – LT<br>10:00 Bible Conversations - CHA<br>11:00 Antipasto - HC E/W<br>11:30 Antipasto - 1 <sup>st</sup> FL AT<br>1:00 “Lenten After Lunch” Program - LT<br>2:00 Worship Service - CH<br>2:30 Curiosity Cart - HC<br>3:30 Coffee Hour - 1st AT<br>5:00 Antipasto - 1 <sup>st</sup> AT<br>5:00 Birthday Dinner - HC/CYDR<br>5:30 Birthday Dinner - GVDR<br>7:00 Birthday Entertainment - V | 10:00 Coffee Hour- Café<br>10:00 Catholic Communion & Rosary – CH<br>10:00 Fit- U Exercise w/ NIU - LT<br>11:00 Happy Hearts Club*- HCE<br>11:00 Antipasto - HC E/W<br>1:00 1:1 Visits- HC<br>1:30 – 3:00 “Knit Wits” Knit/Crochet Group – PVA<br>2:00 Craft Project: Easter House - AK<br>3:00 Apartment Visit - PC<br>3:30 Coffee Hour - 1 <sup>st</sup> AT<br>4:30 Antipasto - HC E/W<br>5:00 Antipasto - 1 <sup>st</sup> AT<br>7:00 Friday Night Bingo - LT   | 9:30 Coffee Hour - V<br>10:00 Oakcrest Boys - V<br>2:00 Bookmark Making- HCAT<br>3:30 Pentecostal Hymn Sing - HCAT<br>3:30 Coffee Hour - 1 <sup>st</sup> AT<br>4:30 Antipasto - HC<br>5:00 Antipasto - 1 <sup>st</sup> AT<br>7:00 Movie & Popcorn: “Leap Year”- LT |
| <b>18</b>   | <b>19</b>  | <b>20</b><br>General Primary Election   | <b>21</b>   | <b>22</b>   | <b>23</b>   | <b>24</b>  |
| 10:00 Coffee Hour- PVA<br>2:00 Current Events- HC<br>3:30 Worship Service with Don Scriven - CH<br>3:30 Coffee Hour - 1st AT<br>4:30 Antipasto - HC<br>5:00 Antipasto - 1st AT<br>7:00 Movie: “Riverdance” - HCE1<br>7:15 Balloon Volley Ball -HCAT   | 9:30 Monday Morning Discussion Group – GP<br>10:00 Fit – U Exercise w/ NIU Students - LT<br>10:00 Dishing Divas - AK<br>10:00 Coffee Hour- Café<br>11:00 Antipasto - HC E/W<br>11:30 Antipasto - 1st AT<br>2:00 WIG’s: “South African Wild Game Adventure” with Pommy Macfarlane – V<br>2:30 Card Game/Bunco - HC<br>3:30 Coffee Hour - 1st AT<br>3:30 Bridges Choir - V<br>4:30 Antipasto - HC E/W<br>5:00 Antipasto - 1st AT<br>7:00 Oak Crest Derby- HCAT | General Primary Election<br>6:00 a.m. - 7:00 p.m. - LT<br>9:30 NIU Speech & Hearing Clinic - PVA<br>9:30 Heartland Bank - CHA<br>10:00 Coffee Hour - Café<br>10:00 Manicures - HCE/W<br>10:00 Crossword Puzzle - GP<br>10:30 Resource Bank<br>11:00 Happy Hearts*- HC1E<br>11:00 Antipasto - HCE/W<br>11:30 Antipasto -1 <sup>st</sup> AT<br>1:00 1:1 Visits - HC<br>1:30 Chair Chi Exercise - GP<br>2:00 Manicures- AK<br>3:30 Catholic Communion - CH<br>3:30 Coffee Hour - 1 <sup>st</sup> AT<br>4:30 Antipasto - HC E/W<br>5:00 Antipasto - 1 <sup>st</sup> AT<br>5:30 “Guess Who Is Coming To Dinner?” - GVDR<br>7:00 Pinochle - GR<br>7:00 Bingo – HCAT | 10:00 First Midwest Bank - CHA<br>10:00 Coffee Hour- Café<br>10:00 Fit – U Exercise w/ NIU Students - LT<br>10:00 Outing<br>10:30 Hymn Sing - HC/EW<br>11:30 Antipasto - 1 <sup>st</sup> AT<br>1:00 Scrabble/ Table Games PVA<br>1:00 Craft Group - Craft Room<br>2:30 Easter Instant Theater – HCAT<br>2:00 Worship Service w/St.Paul’s Episcopal Church – CH<br>3:30 Coffee Hour - 1 <sup>st</sup> AT<br>4:00 Piano Program by Cody Marbutt, Volunteer- PVA<br>4:30 Antipasto – HCE/W<br>5:00 Bob the Dog Visit<br>5:00 Antipasto - 1 <sup>st</sup> AT<br>7:00 Travelogue Film (See Weekly Highlights)<br>7:15 Ring Toss – HCAT | 10:00 Coffee Hour - PVA<br>10:00 Garden Club – HCAT<br>10:00 Music of the Masters – PDR<br>10:00 Bible Conversations- CH<br>11:00 Antipasto- HC E/W<br>11:30 Antipasto- 1 <sup>st</sup> FL AT<br>1:00 “Lenten After Lunch” Program - LT<br>1:30 Chair Chi - GP<br>2:00 Worship Service – CH<br>2:00 Curiosity Cart - HC<br>3:30 Coffee Hour - 1st AT<br>4:30 Antipasto- HCE/W<br>5:00 Antipasto - 1 <sup>st</sup> AT<br>7:00 Dance Time - HCAT                    | 10:00 Coffee Hour - Café<br>10:00 Catholic Communion & Rosary - CH<br>10:00 Fit- U Exercise w/ NIU Students- LT<br>11:00 Happy Hearts - HCE<br>11:00 Antipasto - HC E/W<br>11:30 PC Resident Council Meeting - GP<br>1:00 1:1 Visits - HC<br>1:30 – 3:00 “Knit Wits” Knit/Crochet Group – PVA<br>2:00 Movie Matinee: “Far and Away” - LT<br>3:00 Apartment Visit - PC<br>3:30 Coffee Hour - 1 <sup>st</sup> AT<br>4:30 Antipasto - HC E/W<br>5:00 Antipasto - 1 <sup>st</sup> AT<br>7:00 Table Games - HCAT | 9:30 Coffee Hour - V<br>10:00 Oakcrest Boys - V<br>2:00 Chocolate Nest Making – HCAT<br>3:00 Chit-Chat - HC<br>3:30 Coffee Hour - 1 <sup>st</sup> AT<br>4:30 Antipasto - HC<br>5:00 Antipasto - 1 <sup>st</sup> AT<br>7:00 Movie & Popcorn: “Wonder”-LT            |

| Sunday   | Monday  | Tuesday  | Wednesday   | Thursday  | Friday  | Saturday  |
|--|---|--|---|---|---|---|
| <b>25</b>  | <b>26</b>   | <b>27</b>  | <b>28</b>   | <b>29</b>   | <b>30</b>   | <b>31</b>   |
|  |   |  |   | <b>Major League<br/>Baseball Opening Day</b>  |   |   |
| 10:00 Coffee Hour- PVA<br>2:00 Current Events- HC<br>3:30 Worship Service<br>w/Rev. Steve Persson,<br>First Baptist Church -<br>CH<br>3:30 Coffee Hour - 1st AT<br>4:30 Antipasto - HC<br>5:00 Antipasto - 1st AT<br>7:00 Movie: "The Trouble<br>with Angels" - HCE1<br>7:15 Parachute Fun -HCAT | 9:30 Monday Morning<br>Discussion Group - GP<br>10:00 Fit – U Exercise with<br>NIU Students - V<br>10:00 Lots of Tots - LT<br>10:00 Coffee Hour - Café<br>11:00 Antipasto - HC E/W<br>11:30 Antipasto - 1st AT<br>2:00 Handbells Choir– HCW1<br>2:30 Men’s Group – Bistro<br>3:30 Coffee Hour - 1st AT<br>3:30 Bridges Choir - V<br>4:30 Antipasto - HC E/W<br>5:00 Antipasto - 1st AT<br>7:00 "Floats & Notes"<br>Featuring Reilly Farrell –<br>LT | 9:30 Heartland Bank - CHA<br>10:00 Coffee Hour-Café<br>10:00 Manicures - HCE/W<br>10:00 Crossword Puzzle - LT<br>10:30 Resource Bank<br>11:00 Happy Hearts*-HC1E<br>11:00 Antipasto - HCE/W<br>11:30 Antipasto - 1st AT<br>1:00 1:1 Visits- HC<br>1:30 Chair Chi Exercise - LT<br>2:00 Manicures - AK<br>3:30 Catholic Mass - CH<br>3:30 Coffee Hour - 1st AT<br>4:30 Antipasto - HC E/W<br>5:00 Antipasto - 1st AT<br>7:00 Pinochle - GR<br>7:00 Bingo - LT | 10:00 Fit – U Exercise with<br>NIU Students - LT<br>10:00 First Midwest Bank - CHA<br>10:00 Coffee Hour- Café<br>11:00 Lunch Bunch - AK<br>11:00 Antipasto - HCE/W<br>11:30 Antipasto - 1st AT<br>1:00 Scrabble & Table Games–<br>PVA<br>1:00 Craft Group - Craft Room<br>2:30 Grow Your Own Easter<br>Basket - LT<br>3:30 Coffee Hour - 1st AT<br>4:00 Piano Program by Cody<br>Marbutt, Volunteer- PVA<br>4:30 Antipasto – HCE/W<br>5:00 Bob the Dog Visit<br>5:00 Antipasto - 1st AT<br>7:00 Travelogue Film -<br>(See Weekly Highlights<br>for feature.)<br>7:15 Bags Game - HCAT | 10:00 Coffee Hour - PVA<br>10:00 Garden Club – HCAT<br>10:00 Paint and Sip - AK<br>10:00 Bible Conversations- CH<br>11:00 Antipasto- HC E/W<br>11:30 Antipasto- 1st FL AT<br>1:00 "Lenten After Lunch"<br>Program" - LT<br>1:30 Chair Chi - GP<br>2:00 Worship Service – CH<br>2:00 Curiosity Cart - HC<br>3:30 Coffee Hour - 1st AT<br>4:30 Antipasto- HCE/W<br>5:00 Antipasto - 1st AT<br>7:00 Rhythm Band - HCAT | 10:00 Coffee Hour - Café<br>10:00 Catholic Service<br>(Station of the Cross)<br>- CH<br>10:00 Fit- U Exercise w/<br>NIU Students- LT<br>11:00 Happy Hearts - HCE<br>11:00 Antipasto - HC E/W<br>1:00 1:1 Visits - HC<br>1:30 – 3:00 "Knit Wits"<br>Knit/Crochet Group<br>– PVA<br>2:00 Easter Eggs Dyeing -<br>AK<br>3:00 Apartment Visit - PC<br>3:30 Coffee Hour - 1stAT<br>4:30 Antipasto - HC E/W<br>5:00 Antipasto - 1st AT<br>7:00 Table Games - HCAT | 9:30 Coffee Hour - V<br>10:00 Oakcrest Boys - V<br>2:00 Easter Sing Along-<br>– HCAT<br>3:00 Chit-Chat - HC<br>3:30 Coffee Hour - 1stAT<br>4:30 Antipasto - HC<br>5:00 Antipasto - 1stAT<br>7:00 Movie & Popcorn:<br>"The Easter Parade"-<br>LT |

### Calendar Key

|                                      |   |                              |
|--------------------------------------|---|------------------------------|
| AK - Activity Kitchen                | GVDR - Garden View Dining Room          | CYDR - Courtyard Dining Room |
| RL - Rattan Lounge                   | SP - Side Pocket                        | PVA – Prairie View Atrium    |
| CHA - Chapel Annex                   | CY – Courtyard                          | GP - Gathering Place         |
| GR - Game Room 3 <sup>rd</sup> Floor | PDR - Private Dining Room               | E1 - Family Room East 1      |
| CH – Chapel                          | V – Vista Room                          |                              |
| CHA- Chapel Annex                    | 1 <sup>st</sup> AT - First Floor Atrium |                              |
| LT - Little Theater                  | FC - Fitness Center                     |                              |