

March 2017 DeKalb Area Retirement Center/Oak Crest

Health Center & Personal Care Activities Calendar Call for more details (815) 756-8461

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			10:00 First National Bank –CHA 10:00 First Midwest Bank–2 nd FI AT 10:00 Fit – U Exercise – V 10:00 HC Resident Council– LT 10:00 Coffee Hour- Café 11:00 First United Methodist Church Ash Wednesday Service- CH 11:00 Antipasto - HC E/W 11:30 Antipasto - 1 st AT 1:00 Scrabble/ Table Games-PVA 1:00 Craft Group – GP 2:00 Ash Wednesday Service-CH 2:00 “Mandallas”-AK 3:30 Coffee Hour - 1 st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 4:30 Antipasto - HC E/W 5:00 Bob the Dog Visit 5:00 Antipasto - 1 st AT 7:00 Travelogue (See Highlights) 7:15 Ring Toss – HCAT	10:00 Coffee Hour-Café 10:00 Garden Club – HCE1 10:00 Bible Study – LT 10:00 Bible Conversations-CHA 11:00 Antipasto- HC E/W 11:30 Antipasto- 1st FL AT 1:30 Chair Chi Exercise- LT 2:00 Worship Service - CH 2:00 Curiosity Cart – HC 3:30 Coffee Hour – 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Table Games with Church Youth Group- LT	10:00 Coffee Hour-Café 10:00 Fit – U Exercise – LT 10:00 Catholic Communion & Rosary - CH 11:00 Happy Hearts Club*-HC1E 11:00 Antipasto–HCE/W 11:30 Antipasto-1st AT 1:30 – 3:00 “Knit Wits” Knit/Crochet Group – PVA 2:00 World Day of Prayer Service- CH 3:00 Apartment Visit – PC 4:00 Social Hour - LT 7:00 Bunco Game- LT	9:30 Coffee Hour – V 10:00 Oak Crest Boys - V 2:00 Sing-Along - HCAT 3:00 Chit Chat - HCAT 3:30 Coffee Hr-1 st AT 4:30 Antipasto- HCE/W 5:00 Antipasto – 1 st AT 7:00 Movie & Popcorn: “Theory of Everything” - LT
5	6	7	8	9	10	11
10:00 Coffee Hour- PVA 2:00 Current Events- HCE 3:30 Worship Service (Communion) Westminster Presbyterian Church CH 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC 5:00 Antipasto - 1 st AT 7:00 Movie: “Shall We Dance” – HCE1 7:15 Balloon Volley Ball – HCAT	9:30 Monday Morning Discussion Group - GP 10:00 Fit – U Exercise - LT 10:00 Dishing Divas - AK 10:00 Coffee Hour- Cafe 11:00 Antipasto - HC E/W 11:30 Antipasto - 1st AT 2:00 WIG’s: “The Oak Crest Shoppe” by Liz Meyer – V 2:30 Bunco - HCAT 3:30 Coffee Hour - 1st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 “Spinning Records on the Internet”- Theme: Songs with Women’s Names- LT	9:30 Hearing Help Express -GR 9:30 Becky Beck Jewellery- PVA 9:30 Heartland Bank - CHA 10:00 Coffee Hour-Café 10:00 Manicures - HCE/W 10:00 Crossword Puzzle – LT 10:30 Resource Bank 11:00 Happy Hearts Club*- HC1E 11:00 Antipasto – HCE/W 11:30 Antipasto-1st AT 1:00 1:1 Visits- HC 1:30 Chair Chi Exercise - LT 2:00 Manicures - AK 3:00 “Surprise” Birthday Party for Steve Cichy- LT 3:00 Kitchen Band Practice - V 3:30 Catholic Communion - CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 6:00 Dog Visit (Betty) – HC 7:00 Pinochle – GR 7:00 Bingo Game – LT	10:00 First Midwest Bank –CHA 10:00 Fit – U Exercise with NIU Students – V 10:00 Reminisce with Megan - HC 10:00 Coffee Hour- Café 11:00 Antipasto – HCE/W 11:30 Antipasto - 1 st AT 1:00 Scrabble/Table Games– PVA 1:00 Craft Group – GP 2:00 Red Hat Tea – HC Dining Rm 3:30 Coffee Hour - 1 st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 4:30 Antipasto – HCE/W 5:00 Bob the Dog Visit 5:00 Antipasto - 1 st AT 7:00 Travelogue Film (See Weekly Highlights) 7:00 DeKalb County Historical & Geneological Society Meeting- LT 7:15 Bags Game – HCAT	10:00 Coffee Hour-Café 10:00 Garden Club – HCE1 10:00 Poetry Reading – Private Dining Room 10:00 Bible Conversations-CHA 11:00 Antipasto- HC E/W 11:30 Antipasto- 1st FL AT 1:30 Chair Chi Exercise- LT 2:00 Worship Service - CH 2:00 Curiosity Cart – HC 3:30 Coffee Hour – 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 DeKalb Area Garden Club Meeting- V 7:00 Rhythm Band - HCAT	10:00 Coffee Hour-Café 10:00 Catholic Communion & Rosary – CH 10:00 Fit-U with NIU Students – LT 11:00 Happy Hearts Club*-HC1E 1:30 – 3:00 “Knit Wits” Knit/Crochet Group – PVA 2:00 Movie Matinee: “Jackie Robinson” Ken Burns Documentary, Part 2- LT 3:00 Apartment Visit – PC 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 Table Games - HCAT	9:30 Coffee Hour-V 10:00 Oak Crest Boys – V 2:00 Story time with Louise Lowe – HCAT 3:00 Chit Chat - HCAT 3:30 Coffee Hr-1 st AT 4:30 Antipasto - HC 5:00 Antipasto– 1 st AT 7:00 Movie & Popcorn: “Yours, Mine & Ours” – LT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12	13	14	15	16	St. Patrick's Day 17	18
10:00 Coffee Hour- PVA 2:00 Current Events-HCE 3:30 Worship Service with Pastor Noah Panlilio of Malta Methodist Church - CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC 5:00 Antipasto - 1st AT 7:00 Movie: "Riverdance"- HCE 7:15 Parachute Fun- HCAT	9:30 Monday Morning Discussion Group - GP 10:00 Fit – U Exercise with NIU Students - V 10:00 Coffee Hour- Café 10:00 Lots of Tots - LT 11:00 Antipasto - HC E/W 11:30 Antipasto - 1st AT 2:00 Handbells Choir –HCW1 2:30 Crazy Eights - HCAT 3:30 Coffee Hour - 1st AT 4:00 Piano Program by Cody Marbutt, Volunteer-PVA 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 TBA -LT	9:30 Heartland Bank - CHA 10:00 Coffee Hour-Café 10:00 Manicures - HCE/W 10:00 Crossword Puzzle - GP 10:30 Resource Bank 11:00 Happy Hearts*-HC1E 11:00 Antipasto -HCE/W 11:30 Antipasto-1st AT 1:00 1:1 Visits- HC 1:30 Chair Chi Exercise - LT 2:00 Manicures- AK 3:00 Kitchen Band Practice – V 3:30 Catholic Communion – CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 6:00 Dog Visit (Betty)- HC 7:00 Pinochle – GR 7:00 Bingo Game – LT	10:00 First Midwest Bank – CHA 10:00 Coffee Hour- Café 10:00 Fit – U Exercise with NIU Students – LT 10:00 Outing 10:30 Hymn Sing –HC/EW 11:30 Antipasto - 1st AT 1:00 Scrabble/ Table Games PVA 1:00 Craft Group – GP 2:00 Instant Theater – HC 2:00 Worship Service w/ Fr. Jim Clement- CH 3:30 Coffee Hour - 1st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 4:30 Antipasto – HCE/W 5:00 Bob the Dog Visit 5:00 Antipasto - 1st AT 7:00 Travelogue Film (See Weekly Highlights for feature.) 7:15 Ring Toss – HCAT	10:00 Coffee Hour-Café 10:00 Garden Club – HCE1 10:00 Bible Study - LT 10:00 Bible Conversations – CHA 11:00 Antipasto- HC E/W 11:30 Antipasto- 1st FL AT 1:30 Chair Chi Exercise - LT 2:00 Worship Service - CH 2:00 Curiosity Cart – HC 3:30 Coffee Hour – 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 5:00 Birthday Dinner– HC/CYDR 5:30 Birthday Dinner - GVDR 7:00 Birthday Entertainment – V	10:00 Coffee Hour- Café 10:00 Fit-U Exercise w/ NIU - LT 10:00 Catholic Communion & Rosary – CH 11:00 Happy Hearts- HCE 11:00 Antipasto – HC E/W 11:30 Antipasto- 1st FI AT 1:00 1:1 Visits- HC 1:30 – 3:00 "Knit Wits" Knit/Crochet Group – PVA 2:00 Movie & Popcorn "Finnan's Rainbow'- AK 3:00 Apt Visits - PC 3:30 Coffee Hour - 1stAT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Bingo Night – LT	9:30 Coffee Hour-V 10:00 Oakcrest Boys - V 2:00 Bookmark Making – HCAT 3:30 Pentecostal Hymn Sing – HCAT 3:30 Coffee Hour - 1stAT 4:30 Antipasto - HC 5:00 Antipasto - 1stAT 7:00 Movie & Popcorn- "Brooklyn" - LT
19	20	21	22	23	24	25
10:00 Coffee Hour- PVA 2:00 Current Events- HCE 3:30 Worship Service - CH 3:30 Coffee Hour -1st AT 4:30 Antipasto - HC 5:00 Antipasto - 1st AT 7:00 Movie: "The Disorderly Orderly"- HCE 7:15 Balloon Volley Ball – HCAT	9:30 Monday Morning Discussion Group-GP 10:00 Fit – U Exercise with NIU Students - LT 10:00 Coffee Hour- Café 10:00 Dishing Divas -AK 11:00 Antipasto - HC E/W 11:30 Antipasto - 1st AT 2:00 WIG's: "Sycamore United Methodist Food Bank"by Joel Maurer - V 2:30 Bunco/Card Game –HC 3:30 Coffee Hour - 1st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Musical Performance "Joe & Charlie" - LT	9:30 NIU Speech & Hearing Clinic- PVA 9:30 Heartland Bank - CHA 10:00 Coffee Hour-Café 10:00 Manicures- HCE/W 10:00 Crossword Puzzle – LT 10:30 Resource Bank 11:00 Happy Hearts*-HC1E 11:00 Antipasto -HCE/W 11:30 Antipasto-1st AT 1:00 1:1 Visits- HC 1:30 Chair Chi Exercise- LT 2:00 Manicures- AK 3:00 Kitchen Band Practice – V 3:30 Catholic Communion - CH 3:30 Coffee Hour - 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 5:30 "Guess Who Is Coming To Dinner?" - GVDR 6:00 Dog Visit (Betty) - HC 7:00 Pinochle - GR 7:00 Bingo Game – LT	10:00 Fit – U Exercise with NIU Students – LT 10:00 First Midwest Bank - CHA 10:00 Coffee Hour- Café 11:00 Lunch Bunch - AK 11:00 Antipasto – HCE/W 11:30 Antipasto - 1st AT 1:00 Scrabble & Table Games – PVA 1:00 Craft Group – GP 2:30 Coffee in the Bistro 3:30 Coffee Hour - 1st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 4:30 Antipasto – HCE/W 5:00 Bob the Dog Visit 5:00 Antipasto - 1st AT 7:00 Mayoral Candidates Night- LT 7:00 Travelogue Film (See Weekly Highlights for feature.)	10:00 Coffee Hour - Café 10:00 Garden Club – HC 10:00 Music of the Master – Private Dining Room 11:00 Antipasto- HC E/W 11:30 Antipasto- 1st FL AT 1:30 Chair Chi Exercise - LT 2:00 Worship Service – CH 2:00 Curiosity Cart – HC 3:30 Coffee Hour – 1st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Dance Time - HCAT	10:00 Coffee Hour- Café 10:00 Catholic Communion & Rosary – CH 10:00 Fit- U Exercise w/ NIU- V 11:00 Happy Hearts- HCE 11:00 Antipasto – HC E/W 11:30 Personal Care Resident Council Meeting - GP 1:00 1:1 Visits- HC 1:30 – 3:00 "Knit Wits" Knit/Crochet Group – PVA 2:00-4:00 Book Sale- LT 3:00 Apt Visits - PC 3:30 Coffee Hour - 1stAT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1st AT 7:00 Table Game – HC	9:30 Coffee Hour – V 10:00-3:00 Book Sale- LT 10:00 Oak Crest Boys - V 2:00 Sing-Along – HCAT 3:00 Chit-Chat - HCAT 3:30 Coffee Hour- 1st AT 4:30 Antipasto - HC 5:00 Antipasto - 1stAT 7:00 Movie & Popcorn

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	
10:00 Coffee Hour- PVA 2:00 Current Events 3:30 Worship Service Rev. Steve Persson, First Baptist Church – CH 3:30 Coffee Hour -1 st AT 4:30 Antipasto - HC 5:00 Antipasto - 1 st AT 7:00 Movie “Racing Stripes”– HCE1 7:15 Parachute Fun–HCAT	9:30 Monday Morning Discussion Group - GP 10:00 Fit – U Exercise with NIU Students – V 10:00 Coffee Hour- Café 10:00 Lots of Tots - LT 11:00 Antipasto - HC E/W 11:30 Antipasto - 1 st AT 2:00 Handbells Choir– HCW1 2:30 Men’s Group – GP 3:30 Coffee Hour - 1 st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 “Floats and Notes” Quartet Music with Abe & Elle Baker, & Friends- LT	9:30 Heartland Bank - CHA 10:00 Coffee Hour-Café 10:00 Manicures- HCE/W 10:00 Crossword Puzzle – LT 10:30 Resource Bank 11:00 Happy Hearts*-HC1E 11:00 Antipasto -HCE/W 11:30 Antipasto-1 st AT 1:00 1:1 Visits- HC 1:30 Chair Chi Exercise- LT 2:00 Manicures- AK 3:00 Kitchen Band Practice – V 3:30 Catholic Mass - CH 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 6:00 Dog Visit (Betty) - HC 7:00 Pinochle - GR 7:00 Bingo – LT	10:00 Fit – U Exercise with NIU Students – LT 10:00 First Midwest Bank - CHA 10:00 Coffee Hour- Café 10:00 Outing 11:00 Antipasto – HCE/W 11:30 Antipasto - 1 st AT 1:00 Scrabble & Table Games – PVA 1:00 Craft Group – GP 2:00 Drumming Circle - LT 3:30 Coffee Hour - 1 st AT 4:00 Piano Program by Cody Marbutt, Volunteer- PVA 4:30 Antipasto – HCE/W 5:00 Bob the Dog Visit 5:00 Antipasto - 1 st AT 7:00 Travelogue Film (See Weekly Highlights) 7:15 Lawn Dice – HCAT	10:00 Coffee Hour - Cafe 10:00 Garden Club – HC 11:00 Antipasto- HC E/W 11:30 Antipasto- 1 st FL AT 1:30 Chair Chi Exercise - LT 2:00 Worship Service – CH 2:00 Curiosity Cart – HC 3:30 Coffee Hour – 1 st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 Rhythm Band – HCAT	10:00 Coffee Hour- Café 10:00 Catholic Communion & Rosary – CH 10:00 Fit- U Exercise w/ NIU- LT 11:00 Happy Hearts- HCE 11:00 Antipasto – HC E/W 1:00 1:1 Visits- HC 1:30 – 3:00 “Knit Wits” Knit/Crochet Group – PVA 2:00 Movie & Popcorn “The Quiet Man”- LT 3:00 Apt Visits - PC 3:30 Coffee Hour - 1 st AT 4:30 Antipasto - HC E/W 5:00 Antipasto - 1 st AT 7:00 Table Game – HC	

Calendar Key

AK - Activity Kitchen

RL - Rattan Lounge

CHA - Chapel Annex

GR - Game Room 3rd Floor

CH – Chapel

CHA- Chapel Annex

LT - Little Theater

GVDR - Garden View Dining Room

SP - Side Pocket

CY – Courtyard

PDR - Private Dining Room

V – Vista Room

1st AT - First Floor Atrium

FC - Fitness Center

CYDR - Courtyard Dining Room

PVA – Prairie View Atrium

GP - Gathering Place

E1 - Family Room East 1