

Board of Trustees

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|----------------------|---------------------------|
| Tami Armstrong | Lina Ong |
| Ron Bemis | Kathy Spears |
| Tony Chulick | Dick Stokke |
| Tim Dunlop | Dr. Paul Stromborg |
| Dr. Jason Friedrichs | Ann Tucker |
| Don Hettel | Rev. Dick Wisdom |
| Kevin Hickey | |
| Rev. Jon Hutchison | |
| Carol Larson | |
| Bill Lenschow | Executive Director |
| Bernie Looney | Stephen Cichy |
| Karen Manning | |
| Linda Mason | |
| Mary Jo McAdams | |

Calendar of Events

Thurs., March 27	10am-2pm	SAS Shoes
Thurs., April 5	10:00am	Memory Keepers Creative Writing "The Artist Amongst Us"
April 23-27		Gathering Place Gallery
Tues., April 24	7:00pm	Volunteer Recognition Program, "Ships Ahoy on the SS Oak Crest"
Sat., April 28	7:00pm	Annual Spring Dance "An Evening in Paris"
Mon., May 2	7:00pm	Filipino Youth Students annual visit and program
Sat., May 19	2:00pm	Fashion Show & Tea
Fri., June 16	7:00pm	Community Trivia Game Night
Thurs., July 5	7-9pm	Oak Crest Ice Cream Social "American Pride"

TRIPS & Excursions

Wed., April 11	Saints & Sinners, Sinsinawa, WI & Dubuque,
April 19 -25	Music Road: Nashville to Memphis
April 23 - May 2	Romantic Rhine River Cruise
Thurs., April 26	Hairspray
Wed., May 2	"Spreading it Around" Circa 21 Theater
Wed., May 16	"Legally Blond" - The Fireside
June 5 -June 10	The Great Pacific Northwest

Contact Joan Launer at (815)756-8461 to register or jlauner@oakcrestdekalb.org.

"Ships Ahoy Sail Mates...Cruising on the SS Oak Crest"

Join your friends on Tuesday, April 24 at 7:00 p.m. in the Oak Crest Vista Room. The evening will begin with an appetizing and delicious dessert buffet followed by the presentation of the Oak Leaf Award. This annual award is presented yearly to a deserving volunteer for their hours of service and the impact their service has on others. All volunteers are invited to come, socialize and enjoy the evening with good friends.

Return Service Requested

DEKALB AREA RETIREMENT CENTER
2944 Greenwood Acres Drive
DeKalb, Illinois 60115



Non Profit Organization
U.S. Postage PAID
Rockford, Illinois
PERMIT NO. 2495



The Door Opens In Welcome



Top to bottom:

Betty Newell - DeKalb, IL
Lauryce Weydert - Maple Park, IL
Bob Hart - Rochelle, IL

News of Interest to the Oak Crest Community and Friends

Spring 2012 • Volume 32 • Number 1



Circle of Care

Oak Crest's Annual Giving Campaign begins May 1, 2012. We are again looking to our friends in the community for support. This fund benefits those who outlive their financial resources. In past years Oak Crest residents have used in excess of \$200,000 from this fund. This rate of utilization continues to increase to accommodate the growing number of residents requiring assistance. The Good Samaritan Fund is supported solely through contributions and donations. All proceeds generated by the Circle of Care Campaign directly benefit the Good Samaritan Fund.

At the time of our 25th Anniversary we established the Silver Acorn Donor Program. Supporters of this program have made a donation or pledge to the Circle of Care Campaign in the amount of \$2,500 or more. A number of people are already participating and we wish to thank them again for their continued support and invite you to join them. Of

course, each and every donation is welcomed and appreciated.

Letters will be sent to previous and prospective donors. These letters will tell you more about the Circle of Care Campaign. Please consider making a donation. Your generosity will ensure that the Good Samaritan Fund continues.

If you should have any questions, or would like additional information on the Circle of Care Campaign, the Good Samaritan Fund, or Oak Crest please call Stephen Cichy at (815)756-8461. We look forward to hearing from you and appreciate your support.

Mary Jo McAdams
Community Relations

Oak Crest's Annual Giving Campaign begins May 1, 2012. We are again looking to our friends in the community for support. This fund benefits those who outlive their financial resources.

Good Samaritan Nomination

Annually the Board of Trustees of the DeKalb Area Retirement Center- Oak Crest recognizes and honors an individual in the community as a modern day Good Samaritan. This award is presented to someone who has demonstrated his/her commitment to the community and to its people – in any number of ways. A modern Good Samaritan is a person who cares for others beyond the normal compassion of most people; or a person who actively participates in various community organizations and combines community service with personal caring; or a person who works quietly to better the lives of others. Currently, nominations are being accepted. This year the honor will be bestowed on a deserving individual on Friday, August 3, 2012. You are encouraged to nominate someone who exemplifies the high standards of the Good Samaritan. Application forms are available at the Oak Crest Reception desk, by phone at (815)756-8461 or email sgoudy@oakcrestdekalb.org

From The Executive Director

As I write this I am recovering from a week-long celebration hosted here at Oak Crest that marked my 60th birthday. Each day brought on new events and unexpected surprises. As I approached the building that Monday morning and saw the large banner and a sign with my picture proclaiming my 60th birthday I said, "You can't enter a new decade without someone at Oak Crest taking notice." I have to admit that I faced my 60th birthday with a bit of reservation. After all, one does not necessarily look forward to a 60th birthday. I heard someone say once, as we get older, time seems to move faster the older we get. I certainly could relate. Then one day I heard someone else speculate that time seems to go slower when we are younger because we are anticipating things. As a kid and a young adult I anticipated things like the first day of summer vacation, the first date, the first driver's license and graduation. As we get older, time moves more quickly because our anticipation isn't as great. Not many of us are looking forward to cholesterol screenings and blood pressure checks. Those are the kinds of things that seem to come around all too frequently. But last week when one of the Oak Crest centenarians jokingly said,

"Well, you've finally hit middle age." I realized that, indeed, sixty years was behind me but there is a lot of life ahead. Since we never lose our ability to learn, laugh, or love, the future is full of possibilities. As I watched Oak Crest residents and staff enjoy the week's festivities, many with great gusto, I realized that life really is what you make of it. So, people can choose to sit back and wait for life to pass by or rush out with great anticipation and grab life. Oak Crest allows people the opportunity to do just that. Without the worry of home maintenance and the concerns that surround their future health care needs, residents are able to enjoy new experiences, meet new friends and pursue their hobbies and interests. Each day brings possibilities and opportunities. Oak Crest residents look forward to the future without the worries and uncertainties associated with growing older. Come experience what Oak Crest residents already know, the best is yet to come.

Stephen P Cichy

Stephen P. Cichy
Executive Director

Annual Board of Trustees Dinner

The Board of Trustees of the DeKalb Area Retirement Center— Oak Crest welcomed three new board members and acknowledged the efforts of three members completing their terms. Oak Crest Board of Trustees President Ann Tucker acknowledged the efforts of Rod Schairer, Jill Olson and Sherrie Martin.

Ann Tucker then introduced new members Don Hettel, Dr. Jason Friedrichs and Kathy Spears. Don Hettel retired from the U.S. Department of Agriculture—Farm Service Agency after 33 years. He currently works with his wife's family at Lehan Drugs.

Don is not new to Oak Crest since spending time here with his in-laws Jim and Marge Lehan. He has served on St. Mary's of DeKalb Finance Committee and Parish Council, Trustee on the Malta Village Board and Treasure of the JP 2 Association Board. He lives in DeKalb with his wife Terri and is father to six and grandfather to 12.



New Board Members:
Dr. Jason Friedrichs, Kathy Spears
and Don Hettel.



Oak Crest 2011 Board of Trustees
Back row l-r Dr. Jason Friedrichs, Bill Lenschow, Kevin Hickey, Mary Jo McAdams & Don Hettel
Middle Row l-r Dr. Tony Chulick, Linda Mason, Ann Tucker & Lina Ong
Front row l-r Dick Stokke, Kathy Spears, Carol Larson, and Bernie Looney
Board members not pictured: Tami Armstrong, Tim Dunlop, Rev. Jon Hutchison, Karen Manning, Dr. Paul Stromborg & Rev. Dick Wisdom

Dr. Jason Friedrichs is a board certified eye surgeon (Ophthalmologist) with the DeKalb Clinic. He will serve as a committee member of the Health Care and Community Relations committees. Jason remains involved in the community and coaches both YMCA soccer and Sycamore Park District baseball. He and his family also participate and enjoy a variety of activities through the Salem Lutheran Church. Jason, his wife and two sons make their home in Sycamore.

Kathy Spears is the accountant for Ken Spears Construction Company. She currently serves on the Kishwaukee College Board of Trustees. Kathy has volunteered her time in support of the DeKalb County Hospice, St. James Church in Lee and the Shabbona Fireworks program. She and her husband Ken make their home in Shabbona, IL and are parents to three children and grandparents to five. The Board of Trustees, Residents, and Staff welcome Don Hettel, Jason Friedrichs and Kathy Spears and thank them for their willingness to serve.

Board Members ending terms of service:
Rod Schairer, Ann Tucker and Jill Olson.



Craft Fest

In anticipation of our second annual Craft Fest at Oak Crest scheduled for Saturday, September 8, we are looking for volunteers to assist with planning and craft projects.

Our craft group meets on Wednesday afternoons at 1:00 p.m.

This is a great opportunity to socialize with good friends and work on a variety of craft projects.

For more information or to join the Oak Crest Crafters, please contact Joan Launer our Community Events Coordinator at 815-756-8461.

Duplex Update

Imagine coming home to surroundings that address your preferences and desires - a residence that assures your comfort and financial security while leaving you free to pursue goals and interests. Such a community does exist right here in DeKalb, Illinois. Our thirty acre campus nestled in the heart of a tree-filled residential neighborhood affords all the social and cultural opportunities associated with life near a large city and a state university while maintaining the advantages of rural living. Now is the perfect time to think about a move to an Oak Crest duplex. A lovely unit is now available. Residents choosing Oak Crest as their home enjoy the guarantee of future security without the worries associated with home maintenance. If you would like more information and/or would like to schedule a tour, please contact Liz Hoppenworth at (815)756-8461.

Essay Contest

"The Adult I Would Like to Be"

Again this year local middle school students were encouraged to participate in an Essay Contest co-sponsored by Oak Crest and the National Bank & Trust Company. Many well-written essays were received and Oak Crest resident judges Ruth Brown, Jane Helmchen, and Mary Lou Getschman had the charge of reviewing and selecting the winners. Prizes of \$75.00, \$50.00 and \$25.00 were awarded. Indian Creek students from Waterman, IL, Anna McComb and Rachel Frances placed first and third respectively with Nicholas Inocencio of St. Mary's, Sycamore placing second.

Castles Palaces & Wines

You are invited to join your friends here at Oak Crest as Dr. Dan Dillman, retired NIU Professor, shares the Castles, Palaces and Wines of Europe Monday Evenings at 7:00 p.m. in the Oak Crest Little Theater. In April: 2nd, 16th and 30th In May: 7th and 21st

You and a guest are cordially invited to join us

"An Evening in Paris"

Saturday, April 28, 2012
Oak Crest Vista Room
7:00 p.m.

Music provided by:
The
Black Tie Trio

Planned in cooperation
with Sycamore Interact
& Key Club