

**Board of Trustees**

- |                      |                           |
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| Bill Lenschow        | <b>Executive Director</b> |
| Bernie Looney        | Stephen Cichy             |
| Karen Manning        |                           |

# Calendar of Events

## Upcoming Events

- Sat., Sept. 8, 10 am - 2 pm:** 2nd Annual Craft Fest.  
**Wed., Oct. 3, 10 am - 2 pm:** SAS Comfort Shoes  
**Tues., Oct. 9, 2 pm:** Art Institute of Chicago  
*Impressionism: An American Experience*  
**Tues., Nov. 6, 10 am - 2 pm:** Oak Crest Mini Bazaar  
**Sun., Dec. 9, 1 - 4 pm** 18th Christmas Tree Walk and Open House

## Excursions

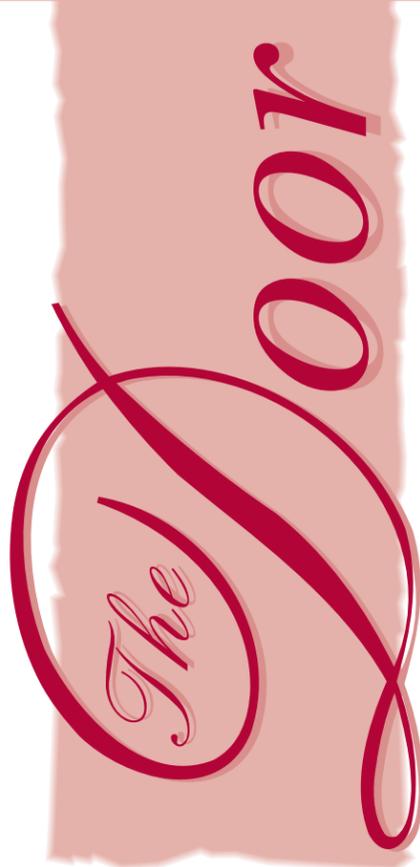
- Tues., Sept. 18** Debbie Reynolds in Concert – Drury Lane Theater  
**Wed., Sept. 19** Tour Cantigny & Le Jardin  
**Sat., Sept. 29 (8 day trip)** New England and Cape Cod Tour  
**Fri., Oct. 5** Amish Adventure – Green Lake County  
**Fri., Oct. 19** Fall Foliage—Mississippi River Cruise  
**Thurs., Oct. 25** One More for the Road – A tribute to Johnny Mercer. White Pines Dinner Theatre.  
**Thurs., Nov. 15** Singin' in the Rain – Drury Lane Theater

Please contact Joan Launer, Community Events Coordinator at (815)756-8461 or jlauner@oakcrestdekalb.org

*Save The Date*  
**Saturday, September 8th**  
**Craft Fest at**  
**Oak Crest**  
**10:00 AM - 2:00 PM**

Non Profit Organization  
 U.S. Postage PAID  
 Rockford, Illinois  
 PERMIT NO. 2495

DEKALB AREA RETIREMENT CENTER  
 2944 Greenwood Acres Drive  
 DeKalb, Illinois 60115  
 Return Service Requested

*The Door Opens  
In Welcome*



**Top to bottom:**  
 Corinne Kirschbaum – DeKalb, IL  
 Marilyn Sjöholm – DeKalb, IL  
 Marguerite Key – DeKalb, IL

News of Interest to the Oak Crest Community and Friends

*Autumn 2012 • Volume 33 • Number 3*

## *Good Samaritan Named*

Since 1977 it has been a tradition for the DeKalb Area Retirement Center- Oak Crest to name a community Good Samaritan. A Good Samaritan is a person who cares for others beyond the normal compassion of most people; a person who actively participates in various community organizations and combines community service with personal caring; a person who works quietly to better the lives of others. Over the years, outstanding individuals have been selected for this very special award. This year Oak Crest residents, Trustees, and friends met for a very special dinner in the Oak Crest Terrace Dining room for this year's special award presentation.



Following the Opening Comments made by Stephen Cichy, Oak Crest's Executive Director, a very meaningful Keynote Address was given by Pastor Ray Krueger of the Congregational Care Immanuel Lutheran Church in DeKalb. Oak Crest Board President Tim Dunlop made the presentation of the 2012 Good Samaritan Award to Lou Jean Moyer.

Having spent most of her adult life in service to this community, Lou Jean personifies the Good Samaritan. Many organizations have benefited from her time and talents. Prior to making her home at Oak Crest, Lou Jean served on the Oak Crest Board of Trustees as a member and later President. Always one to recognize a need and then work to see that the need is met, it was through Lou Jean's generosity that a beautifully constructed covered entry was added to Oak Crest's west entrance. She continues to

volunteer as a greeter, serves at special events, opens her home to visitors as they tour the campus and makes frequent visits to residents recuperating in the Oak Crest Health Center. After a distinguished career in education, retiring from Northern Illinois University, Lou Jean has remained active in a variety of university related activities and programs. She established a scholarship for students majoring in physical education. Additionally, she uses her time and talents in support of many civic organizations and agencies. She continues to serve on the Kishwaukee Health Foundation Board and volunteers at the hospital's volunteer desk several times each month. She is an active member of the First United Methodist Church in DeKalb where she has served as chair of the Church Council and the Newcomer's Committee. Her service to her faith community also includes her roles as President of the United Methodist Women's Chapter, an elected delegate to the Northern Illinois Conference, a delegate to the Laity Council at Garrett Evangelical Theological Seminary, and served on the Board of Ordained Ministry.

Lou Jean's energy, enthusiasm and interest in the world and her community make her an invaluable asset to the many organizations benefitting from her support. Those who have had the privilege to work with Lou Jean in her many volunteer roles would describe her as a professional, with strong convictions and a warm and giving heart. They would also tell you that her love for her family, friends and neighbors is genuine.

## Dear Friends,

As chairperson of the Community Relations Committee of the Board of Trustees, I take this opportunity to thank all of you who graciously continue to support the Good Samaritan Fund.

This year, in support of those individuals who have outlived their financial resources, the Circle of Care Campaign has generated nearly \$40,000 in cash contributions and pledges! Our goal is \$50,000. If you have not already made your contribution, please consider it now. We look forward to hearing from you.

Truly, it is through your continued generosity and support that Oak Crest's commitment of quality care and services continues.

Many thanks,  
Mary Jo McAdams  
Community Relations

## From The Executive Director

As I write this my wife and I are preparing for the marriage of our older son scheduled for later in the month. When I say preparing I mean that as the father of the groom my responsibilities center on getting fitted for the mandatory tuxedo and nodding enthusiastically as the wedding details are discussed, reviewed and discussed again. Don't get me wrong I am very happy that our son is getting married. It's just that at a time like this I also can't help but reflect on the amount of time that goes into planning a wedding and how much of the planning just seems to happen. As they say, I'm just along for the ride. It does make me think about the other things in life that just seem to happen like flat tires, leaking pipes and broken bones. All too often in long-term care, we see the unexpected put someone in a position where the choices they have to make aren't necessarily the ones they would want to make if they had more information, more time, or better health. I like to think that this is where Oak Crest comes in. With wonderful accommodations, great amenities and caring staff, Oak Crest takes the worry out of retirement. Just the other day, I overheard a woman who had recently moved in say, "I am so glad I didn't wait. After all who would want to leave someone else to make decisions for them?" Independence is all about making decisions based on the information

available, examining the pros and cons, and then thinking long and hard before making a commitment. If you're like many people and you haven't decided where you're heading and the road up ahead seems a bit rocky now is the perfect time to contact us here at Oak Crest. With thirty-three years of service to the community and a reputation for quality care and services, chances are we've been where you're going and just might be the resource you've been looking for to navigate the confusing world of retirement. In other words, if you don't see yourself sitting back and watching the world go by, move into the driver's seat, hold tight to the steering wheel and decide where the road is taking you. And who knows, you just might see me on the road. The only difference is I'll be wearing a tuxedo and nodding enthusiastically.

If you have any questions or would like to know more about choices to fit your lifestyle call today (815)756-8461

Stephen P. Cichy

Stephen P. Cichy  
Executive Director

## Employee Scholarships Awarded

In 2006 the Oak Crest Employee scholarship program began with a generous gift from the estate of Jack Boyle. Jack Boyle, a former Oak Crest resident and supporter of the Oak Crest community saw an opportunity to create a legacy for future generations. The legacy took the form of an employee scholarship that would assist recipients in defraying the costs of tuition, fees, and textbooks. The scholarship was established to encourage and assist employees and their dependents in the pursuit of an undergraduate degree or equivalent program of study. To be eligible, employees must work a minimum of two years and have worked a minimum of 1,000 hours each of the last two years. Applicants must demonstrate acceptance into an accredited undergraduate college or program of study prior to final approval. The scholarship program is overseen by the Community Relations Committee of the Board of Trustees. This year a total of \$10,500 is being awarded to three very deserving individuals. They are:



Paige Lehman was awarded a scholarship in the amount of \$3,500. Paige has worked in the food service department since March of 2009. She is a graduate of DeKalb High School and is currently a student at NIU where she is a majoring in marketing. Aside from her job here at Oak Crest, she is an active volunteer within her church and the community at large. Her career goal is to work in the field of retail as a stylist or merchandise buyer. Her creativity will help generate ideas of where fashion can go and to help her future employers take their fashion merchandising to the next level. The committee agreed that based on Paige's application, letters of recommendation and personal interview she is a wonderful asset to the Oak Crest community and a very deserving scholarship recipient.



Salvador Macias' award is in the amount of \$2,000. Salvador has worked in the food service department since January of 2006. Salvador is a senior at NIU and is majoring in Spanish and Literature with a minor

in Italian and foreign language development. He has maintained an active involvement in the Intercultural Student Association and has worked as a volunteer at both NIU and for local organizations such as Big Brothers Big Sisters and Hope Haven. He has also volunteered his time and talents here at Oak Crest by participating in the Open Mic programs and as part of a dance presentation group. Salvador said in his application, "Achieving my educational goals will make it possible for me to contribute my assistance to the community. Living in a country with the most diverse population, I want to be of assistance for the non-English speakers to promote effective communication and help create a more productive work force." The selection committee agreed that awarding this scholarship will help Salvador reach his dream of imparting his services for the benefits of the whole community.



Crystal Dalaguete received a scholarship in the amount of \$5000. Crystal is the niece and dependent of Food Service employee Lorli McNamara. Crystal is a student at Kishwaukee Community College where she is majoring in nursing. She is an active member of various service clubs and makes time in her schedule to volunteer for a variety of service organizations. Some of you may recognize Crystal because she is a frequent volunteer here at Oak Crest during Talent Nights and she coordinates a group of fellow students who give dance performances and assists with a number of evening activity programs. In her application essay Crystal said, "My ultimate dream is to become a nurse and an American citizen. This scholarship will provide me with the peace of mind and security to follow my dreams."

The Board of Trustees, residents and staff congratulates these individuals on their achievements and wish them well in their future endeavors. Donations to the Center are tax deductible and more importantly provide the donor an opportunity to truly impact the lives of others. For additional information about creating Legacy of Giving contact the Center at (815)756-8461 or lhoppenworth@oakcrestdekalb.org

## Christmas Tree Walk

The Christmas Tree Walk and Open House is scheduled for Sunday, December 9, 1-4:00 p.m. The Christmas Season is a very special time at Oak Crest as we decorate and prepare for the celebration of the birth of Christ. Decorating begins the week of November 11th and volunteer help is welcome anytime during the weeks following. Volunteers are encouraged to contact Joan Launer, Community Events Coordinator at (815)756-8461.

## Memory Keepers

Oak Crest continues to offer an informational program designed to provide individuals with the tools and information necessary to maintain and improve memory. The programs are offered monthly and are open to the public. Liz Hoppenworth, Director of Resident Services said, "As a community committed to wellness we know the important role memory plays in the quality of life. We also understand that memory is vital to maintaining one's independence." Join us for monthly Memory Keepers meetings designed to explore topics that directly address memory maintenance and improvement. You can register for the programs by calling (815)756-8461.

## Craft Fest

Mark your calendars and join your friends for the 2nd annual Oak Crest Craft Fest and lunch planned for Saturday, September 8th. This fest ushers in the activities of autumn and serves as a fund raiser to benefit the Oak Crest Good Samaritan Fund. This fund assists residents who have outlived their financial resources. Each week residents and volunteers have been busy creating various crafts for this special event. Local community crafters will also be featured and this is the perfect time to do some early holiday shopping or pick up that one of a kind gift. The Fest will feature hymnal angels, quilts, pillows, jewelry, party favors, wood crafts, seasonal decorations and much more. To satisfy your sweet tooth, Fest attendees won't want to miss out on the Bake Sale featuring homemade goodies of every type. After spending a morning browsing the craft offerings and touring the lovely apartment homes, purchase a ticket and enjoy an all you can eat buffet in the lovely Terrace Dining Room or enjoy a more casual fare in Oak Crest's own Café de Feuille de Chene.

Volunteers and crafters are encouraged to contact Joan Launer, Community Events Coordinator at (815)756-8461 or jlauner@oakcrestdekalb.org

### Memory Keepers continued...

**10:00 a.m.**  
**Oak Crest Vista Room**  
**Friday, Sept. 21 – Acupuncture & Oriental Medicine**  
**Thursday, Oct. 4 – Brain Games**  
**Thursday, Nov. 1 – "The Techie Brain"**  
**Thursday, Dec. 6 – Feed the Brain**